

Dermatology

Sub-Specialty Training at ST3+

East Midlands Healthcare Workforce Deanery

Specialty School of Medicine
East Midlands Deanery (South)

Whole-time, non-resident Trainee in Dermatology based at University Hospitals of Leicester NHS Trust.

The 4 year programme is described below and provides comprehensive training at approved hospitals throughout the Leicestershire, Northamptonshire and Rutland Deanery, culminating in the award of a CCT subject to satisfactory annual appraisals. The programme is described in more detail below.

- Possession of the MRCP Part 1 or equivalent, and completion of two years of core medical training or equivalent, are essential.
- The Postgraduate Dean has confirmed that this post has the required educational approval.

Contracted Hours

Standard Hours: 40 per week

Out of hours service will be paid at the appropriate pay banding rate for each hospital on the rotation.

The contracted hours are subject to change dependent upon the stage of the training programme and individual local hospitals circumstances and service needs

University Hospitals of Leicester NHS Trust

The Trust serves a population of approximately 950,000. It comprises 3 hospitals:

Leicester Royal Infirmary – a 1000 bedded acute hospital with the only A & E department in Leicester.

Leicester General Hospital – a 950 bedded acute hospital.

Glenfield Hospital – a 500 bedded acute hospital.

The dermatology department is based at Leicester Royal Infirmary with clinics at Leicester General Hospital.

The Department and Staffing at the Leicester Royal Infirmary

Consultants:

- Dr A Alexandrov
- Dr R Burd
- Dr R Graham-Brown
- Dr K Harman (Training Programme Director)

Special Interests

Psoriasis, photobiology, cutaneous lymphoma, hair
Surgery, Skin cancer
Paediatric Dermatology
Bullous disorders

- Dr I Helbling Paediatric dermatology, teaching
- Dr G A Johnston (Head of Service) Contact dermatitis
- Dr J McKenna (Deputy TPD) Surgery including MOHs, skin cancer
- Dr J Osborne (Associate Specialist, audit lead) Skin cancer and pigmented lesion clinic

Other staff

- 5 Specialist registrars/speciality trainees
- 1 - ST1/ST2 doctor
- 1 - FY1 doctor
- Clinical assistant sessions
- Secretarial and administration staff
- Specialist and general nursing staff

The outpatient department is housed in Clinic 3, Balmoral Building. This comprises consultation and examination rooms, 2 surgical rooms, 3 UV cabinets in individual rooms, rooms for dressings, outpatient treatments and patch testing. Inpatients are admitted to Ward 38 (males), Ward 31 (females) and Ward 14 (children). We have access to 6 beds for adults, and paediatric beds as required.

Kettering General Hospital

A 600 bedded DGH providing acute services to a population of approximately 300,000.

Department and Staffing at Kettering General Hospital

Consultants:

- Dr J Vorster
- Dr O Stevenson

Other staff

- 1 shared Trust grade doctor / ST1/ST2
- 3.5 specialist nurses in out-patients

The outpatient facilities are in the Jubilee Wing Skin Care Centre where offices for doctors and secretaries are also located. There are facilities for surgery, phototherapy and patch testing. There is a departmental library.

The Appointment and Duties of the Post

There will be 6 outpatient sessions, which will include general dermatology clinics and surgery lists and may include subspeciality clinics, depending on timetable. The successful applicant will be expected to take a role in supervising the in-patient management of dermatology patients and to participate in the dermatology on call rota (1:5/6).

There is one main ward round on a Thursday morning and others conducted by the doctor on call for that week. Outpatient clinics are also carried out in community hospitals in the county of Leicestershire. Trainees participate in 2 of these currently, at Loughborough and Hinckley.

There are five timetables through which the trainees rotate every 10 months. The successful candidate will be allocated to one of these. Samples are provided below but note that they may change according to service needs and reconfigurations.

TIMETABLE 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
General dermatology clinic LRI	General dermatology clinic LRI	Skin cancer clinic LRI	Ward round, histology, MDT, academic activities	Surgical List LRI
Private study/ Admin	General dermatology clinic LRI	General dermatology clinic LRI	Private study/RSM/Surgical teaching list	Private study/ Admin

TIMETABLE 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
General dermatology clinic Kettering	Private study or assist surgical list Kettering	General dermatology clinic	Ward round, histology, MDT, academic activities	Paediatric dermatology clinic LRI
General dermatology clinic(1/2) or surgical list (1/2) Kettering	General dermatology clinic Kettering	Private study/ Admin	Private study/RSM/ Surgical teaching list DJM	General dermatology clinic

TIMETABLE 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Surgical List LRI	Assess MOHs case then Surgical list LRI	General dermatology clinic Loughborough Community Hospital	Ward round, histology, MDT, academic activities	Private study/ Admin (PROC Week 3 9-10am)
Private study/ Admin	General dermatology clinic LRI	Paediatric dermatology clinic LRI	Surgical List LRI (3/4)/RSM(wk3)	Private study/ Admin

TIMETABLE 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pigmented lesion clinic LRI	General dermatology clinic LRI	Private study/ Admin	Ward round, histology, MDT, academic activities	Paediatric dermatology clinic LRI
Private study/ Admin	Surgical List LRI	General dermatology clinic LRI	Phototherapy or MF clinic/ RSM (wk3)	Private study/ Admin

TIMETABLE 5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Contact dermatitis clinic LRI	Surgical List LRI	Contact dermatitis clinic LRI	Ward round, histology, MDT, academic activities	Contact dermatitis clinic LRI
General dermatology clinic	General dermatology clinic LRI or	Private study/ Admin	Private study/RSM/Surgical	Private study/ Admin

Leicester General Hospital	Hinckley alternating		teaching list	
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Training and Education

The 4 year programme provides comprehensive dermatology training in a supportive environment with the aim of enabling the trainee to obtain their Certificate of Completion of Training (CCT) and be able to function as a consultant dermatologist. The department is busy with exposure to a wide range of clinical material, providing excellent clinical training. This training is supplemented by national courses which give additional experience, in, for instance, Contact Dermatitis, Photobiology, Surgery, Epidemiology, Paediatric Dermatology. Courses are recommended on the basis of the individual trainee's needs and will be discussed with their educational supervisor.

In addition to the basic curriculum, Leicester trainees are strongly encouraged to supplement their training and CVs by participating in other activities such as presentations, medical publishing, research, audit and participation in committee work. Examples of the achievements of past trainees from the department include winners of the Royal Society of Medicine Dermatology section's registrar and essay prizes, recipients of travel fellowships from the British association of Dermatologists and American Academy of Dermatology, a fellowship from the UK Dermatology Clinical Trials Network, recipients of prizes awarded at the annual meeting of the British Association of Dermatologists, completion of research projects and higher degrees, development of dermatopathology skills, Dowling Club secretaries and participation on the Royal College of Physicians training committee. In addition, a Leicester a trainee authored the 10th most downloaded article in the British Journal of Dermatology, 2008-2009.

Attendance at meetings is encouraged with priority is given to trainees who are presenting. These include:

Local –

The Thursday departmental academic morning.

08.30 - 10.00 am	Ward Round
10.00 - 11.00 am	Dermatopathology meeting
11.00 - 1.00 pm	Range of activities including audit meetings, journal club, guest speakers, meetings with other departments including genetics, clinics for teaching and for review of patients who present diagnostic or management challenges .

Grand Rounds and Clinical Governance meetings within the Trust.
General medical registrar teaching program includes some sessions of relevance.

Regional –

Trainees are encouraged to join both the Midlands and the North of England

Dermatological Societies, and attend their excellent clinical meetings which are each held approximately four times annually. Leicester hosts the Midlands Dermatological Society meeting periodically when trainees have the opportunity to present cases.

National –

The annual meeting of the British Association of Dermatologists
The annual meeting of the British Society of Investigative Dermatology.

Meetings of the Dermatology Section of the Royal Society of Medicine at which Leicester trainees present annually. The 3rd Thursday afternoon of the month is kept free for trainees to attend these meetings and there is an excellent train service from Leicester to St.Pancras.

International – European Academy of Dermatology and Venereology, The American Academy of Dermatology, The Society of Investigative Dermatology.

During each of the timetabled programmes, the Trainee has an Educational Supervisor with whom he or she will do at least one clinic weekly. Regular meetings will occur to discuss the Trainee's progress and issues of concern from either side, and also to prepare for the Annual Review of Competence Progression (ARCP).

At present the ARCP and Record of In Training Assessment (RITA) are held jointly with the Departments in Sheffield and Nottingham under the auspices of the Specialty Training Forum. This is made up of Training Programme Directors from the three departments plus representatives from the District General Hospitals taking part in the training rotations, Trainee representatives and the Postgraduate Dean's representative. There is a local Leicester Training Committee made up of the Programme Director, Educational Supervisors and a Trainee representative.

The Specialty Training Forum also supervises Regional Training Days which occur twice yearly and rotate between the three departments, Sheffield, Nottingham and Leicester. In a new initiative, the topics covered are now directed at the perceived needs of the trainees who were asked to identify areas in the curriculum not covered well by their basic training.

Teaching

There is plenty of opportunity to teach including

- a) Tutorials and lectures to undergraduates
- b) Teaching of undergraduates and junior doctors in outpatient clinics and on the wards
- c) Tutorials for Nursing and other healthcare professionals
- d) Regular Postgraduate Audit and Journal Club meetings
- e) Participation in Regional and National Dermatology meetings.

In addition, the department has recently embraced the national initiative 'DermSchool' which seeks to encourage and engage medical students in dermatology, enhancing their exposure to the speciality and providing extra-curricular educational activities for students such as lectures and tutorials. There is also two day teaching improvement course on site for trainees who wish to improve and polish their teaching skills.

Research

The development of research projects is encouraged and at least 2 sessions will be made available each week towards this. Both clinical and laboratory based projects could be pursued, and past trainees have gone on to obtain higher degrees. Close links have been forged with the Department of Histopathology and the University Department of Cancer Studies and Molecular Medicine. In addition, the department is expanding its support of national studies adopted by the National Institute of Health Research giving trainees the opportunity to participate in large, multicentre randomised controlled trials, such as those initiated by the UK Dermatology Clinical Trials Network.

Current research interests within the department include:

- Immunology of allergic contact dermatitis.
- T-cell receptor biology.
- Functional status of vitamin D receptors in malignant melanocytes and mechanisms of loss.
- Search for genes (expression gained or lost) in melanoma progression using tissue microarrays.
- Development of a clinical index of long-term severity in psoriasis.
- Clinical correlation in renal transplant patients developing squamous cell carcinoma.
- Immunogenetic background in pemphigus vulgaris and bullous pemphigoid.
- Multicentre, double-blind trial of mycophenolate mofetil in pemphigus vulgaris.
- Erythema elevatum diutinum and IgA ANCA.
- The UKDCTN trials PATCH, BLISTER and STOP GAP.

Audit

All trainees will be expected to participate in consultant-led audit with guidance from the department's newly formed audit group which meets regularly during the Thursday academic morning. All proposed audit projects are submitted to the group and the best quality projects which answer the most important questions will be selected, with subsequent protocol discussion to optimise projects prior to starting. In this way, we aim to achieve high quality audit, suitable for presentation at regional or national level.

Administration

The Specialist Registrar will help with the organisation of the on call rotas and the Thursday morning academic program.

On-Call/Emergency Duty Rota

The Specialist Registrar will participate in a one in five on-call rota with a Consultant.

Enquiries

Any enquiries about the teaching programme can be directed to:

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