Posture Course for the Dental Hygienist/Therapist

Venue: School of Dentistry, Education Wing including the Phantom Head Laboratory
Date: Friday 6th June 2014
Time: 9.00am to 9:30am Arrival and Registration - Close at 4:30pm
This programme qualifies for 5.5 hours of verifiable CPD

Speakers
Leigh Ann Randell: Dental Therapy Tutor, University of Liverpool, School of Dentistry
Vicky Kewley: Director, Dental Care Professionals Programmes, University of Liverpool
Joanne Roberts: Physiotherapist, University of Liverpool
Rob Bridgewater: Optident
Simon Abbey: Dentsply

Who Should Attend?
This course has been designed by experienced Dental Hygiene Therapists for busy practicing Dental Hygiene Therapists whose demanding work schedule may be causing poor posture whilst treating periodontal patients, forcing them to work incorrectly and as a result may now be suffering with musculoskeletal problems. The organisers understand the difficulties of hygiene therapists who may well be working under great pressure, frequently without a dental nurse.

Aim: To raise awareness of the correct working posture for Dental Hygienists/Therapists to prevent and manage musculoskeletal disorders (MSD).

Learning Outcomes:
By the end of the event delegates will:
• be able to assess current working positions by use of a posture assessment
• be able to explain the impact posture has on working practice, finances, stress and wellbeing
• be able to identify ways in which musculoskeletal disorders can be prevented and managed by way of education and utilisation of exercises, dental loupes, surgery and instrument ergonomics
• have undertaken a practical session on correct working positions of both patient and operator

Course Fee and Booking Details
This course is subsidised by Health Education North West. The subsidised fee for this event is £50.00 per person which includes a practical session in the Phantom Head Suite, a sandwich lunch and refreshments. Places on this course are limited to 12 and will be allocated on a first come first served basis. To reserve a place please follow the online payment link: http://payments.liv.ac.uk/browse/extra_info.asp?compid=1&modid=5&catid=25&prodid=94

The course closing date is Friday 23rd May 2014. If you gain a place but cancel after this closing date no refund will be given, however you can nominate another registered Dental Hygienist/Therapist to attend in your place.

Should you have any queries, please contact Maria Doran on telephone number 0151 706 5202 or email address doranms@liverpool.ac.uk or Jill Normie on 0151 706 5028 jnormie@liverpool.ac.uk