



Three Consultation Analysis (3CA): Your Questions Answered

- ***I have previously participated in 3CA programme, can i do it again?***

We provide the 3CA Programme once to each doctor in training. We recommend the optimal time to access this is 3 months into your first GP based post in ST1/2, as this will give you time to develop and perfect the skills you need, in preparation for your exam in ST3.

- ***I have already sat the RCA exam; can I participate in 3CA?***

If you have taken the exam but have been unsuccessful, then you will be offered RCA SOX support, which is a higher level of support than 3CA.

- ***I intend to do the RCA/SCA exam within the next 4 months, can I participate in 3CA?***

Unfortunately, you will not be able to participate in this 3CA programme. Due to the short time frame, there would not be enough time to process you through the programme and allow time for you to reflect and make any changes.

3CA is not an exam support tool, its best if you access it early into your training, preferably 3 months into your first GP based post in ST1/2.

- ***I have been offered 3CA. Will this scheme be offered to us again at another stage of our training or is this the only chance we'll get to take part?***

You will be offered this during each GP post whilst in ST1 or ST2 (if you have not accessed the opportunity previously). 3CA cohorts will be held in February and August each year. However, we recommend you access this midway through your first GP post in ST1 or 2, to give you sufficient time to learn and develop, in preparation for your exam.

- ***When will 3CA cohorts be held?***

3CA cohorts will be held in February and August each year.

We recommend the optimal time to access this is 3 months into your first GP based post in ST1/2, as this will give you time to develop and perfect the skills you need, in preparation for your exam in ST3.

- ***Can the consultation recordings I submit for the 3CA programme, be submitted for the RCA exam?***

Yes, consultation recordings used in the 3CA programme can be used for the RCA exam. 3CA consultants provide global formative feedback and in keeping with RCGP guidance, will not give you specific pass/fail guidance on the consultations you submit.

- ***How recent should the 3CA consultation recordings be?***

Recordings should be from your current period of training.

Please note if your recordings on FourteenFish are over 6 months old, they will be automatically in keeping with GDPR.

- ***How do I share my consultation recordings?***

Once you have registered for 3CA, your application will be processed. If you are eligible for the programme, you will be allocated a 3CA Consultant and receive email confirmation.

Once a 3CA consultant is allocated, you will then share consultations recordings via the stated deadline on FourteenFish.

Instructions on how to share your consultations will be shared with you in your allocation email. A short video guide can be found on our website: <https://www.nwpgmd.nhs.uk/rca-resources>

If you have not received an email confirming your 3CA Consultant (within 5 working days of registering), please urgently email: england.gptraining.nw@nhs.net

- ***Are there specific requirements for the consultation recordings for 3CA?***

The 3CA consultation recordings can be Face-to-face or telephone consultations and must be in your current GP post.

- ***How long should the 3CA consultation recordings be?***

The video recordings should be 15 minutes long if you are in ST1/2. However, if you are struggling to obtain recordings of this length, you can submit consultations that are longer, but we are unable to guarantee they will be viewed in their entirety by the 3CA Consultant, who may choose to stop watching at the allocated time.

- ***I have missed the submission deadline for sharing consultations, can I still participate?***

Unfortunately, you will not be able to participate, the cohort has deadlines to ensure the smooth running of the programme.

- ***Confidentiality and sharing consultations:***

The Fourteen Fish recording platform is secure, any consultations require permission from all parties and doctors in training do have permission to share with their supervisors and any 3CA consultant from HEE. Please see the RCGP website for guidance on consent: [RCGP guidance on consent](#)

These recordings will be deleted from the system after 6 months.

- ***How will I receive my 3CA feedback?***

Feedback will be documented on your portfolio under educator notes.

- ***I have submitted my three consultations before the deadline, but I have not received my feedback.***

Feedback will be shared on the educator notes on your portfolio.

Please check your 3CA allocation email, this will state the deadline 3CA Consultants have been advised to return your feedback. If this deadline has passed, please email - england.gptraining.nw@nhs.net

If your feedback demonstrates you would benefit from additional support, we will be in contact to arrange tutorial(s).

