



## **Three Consultation Analysis (3CA): Your Questions Answered**

- ***I have previously participated in 3CA programme, can i do it again?***

We provide the 3CA Programme once to each doctor in training. We recommend the optimal time to access this is from your first GP or GP+ post in ST1/2, as this will give you time to develop and perfect the skills you need, in preparation for your exam in ST3.

- ***I have been offered 3CA. Will this scheme be offered to us again at another stage of our training or is this the only chance we'll get to take part?***

You will be offered this during each GP post whilst in ST1 or ST2 (if you have not accessed the opportunity previously). 3CA cohorts will be held in February and August each year. However, we recommend the optimal time to access this is from your first GP or GP+ post in ST1/2, to give you sufficient time to learn and develop, in preparation for your exam.

- ***When will 3CA cohorts be held?***

3CA cohorts will be held in February and August each year.

We recommend the optimal time to access this is from your first GP or GP+ post in ST1/2, as this will give you time to develop and perfect the skills you need, in preparation for your exam in ST3.

- ***How recent should the 3CA consultation recordings be?***

Recordings should be from your current period of training.

- ***How do I share my consultation recordings?***

Once you have registered for 3CA, your application will be processed. If you are eligible for the programme, you will be allocated a 3CA Consultant and receive email confirmation.

Once a 3CA consultant is allocated, instructions on how to record role-play consultations using Microsoft Teams and how to share this with your allocated SCA Consultant, will be shared with you.

If you have not received an email confirming your 3CA Consultant (within 5 working days of registering), please urgently email: [england.gptraining.nw@nhs.net](mailto:england.gptraining.nw@nhs.net)

- ***Are there specific requirements for the consultation recordings for 3CA?***

Consultations must be role-play with a simulated patient (a colleague or your trainer)  
- **Do NOT record real patients.**

Guidance on how to record the role-play consultations via Microsoft Teams will be shared with you when you are allocated an 3CA Consultant. This guidance will also include instructions on how to share it with the Consultant.

Consultations can be held face-to-face, via remote video (similar to an online meeting), or as audio-only (with the camera off, replicating a telephone consultation).

- ***How long should the 3CA consultation recordings be?***

The video recordings should be 15 minutes long if you are in ST1/2. However, if you are struggling to obtain recordings of this length, you can submit consultations that are longer, but we are unable to guarantee they will be viewed in their entirety by the 3CA Consultant, who may choose to stop watching at the allocated time.

- ***I have missed the submission deadline for sharing consultations, can I still participate?***

Unfortunately, you will not be able to participate, the cohort has deadlines to ensure the smooth running of the programme.

- ***How will I receive my 3CA feedback?***

Feedback will be documented on your portfolio under educator notes.

- ***I have submitted my three consultations before the deadline, but I have not received my feedback.***

Feedback will be shared on the educator notes on your portfolio.

Please check your 3CA allocation email, this will state the deadline 3CA Consultants have been advised to return your feedback. If this deadline has passed, please email - [england.gptraining.nw@nhs.net](mailto:england.gptraining.nw@nhs.net)

If your feedback demonstrates you would benefit from additional support, we will be in contact to arrange tutorial(s).

