

Royal Bolton Hospital

COLLABORATIVE WORKING AND LEARNING FOR JUNIOR DOCTORS

Supported by the North Western Deanery under the Blending Service with Training initiative

> Final Report March 2001

Project Co-ordinator Anne Gerrard

ABSTRACT

The Blending Service with Training Project at the Royal Bolton Hospital was commissioned to link innovative improvements in Medical Education with the current agenda of quality in the NHS.

A programme of flexible modules which underpin clinical effectiveness and collaborative working, was designed and delivered to a team of junior doctors within the specialty of Thoracic Medicine and the Hospital Medical SHO's.

The junior doctors who accessed this Programme positively evaluated the contribution to their professional development and indicated that they would recommend the Programme to colleagues.

An integrated care pathway on the management of an adult in-patient with Asthma has been produced by the multidisciplinary thoracic medicine team and it is hoped that this Pathway will be piloted in the summer of 2001.

Following the evaluation of this Project, the Postgraduate Clinical Tutor is working with the Education Department to integrate elements of the Project Programme into the educational programmes of all the junior doctors at the Royal Bolton Hospital. This collaborative working also supports the development of multiprofessional training and education at the Royal Bolton Hospital.

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Project Steering Group

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The Professional Development Advisors and trainers, from the Training and Development Department, Royal Bolton Hospital.

All keynote speakers involved in the Programme.

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All the junior doctors who participated in this Project.

The multidisciplinary staff who participated in the development of the Integrated Care Pathway.

1 BACKGROUND TO THE PROJECT

The Government's commitment to Clinical Governance has been established in the White Paper entitled "A First Class Service: Quality in the new NHS".

Clinical governance can be defined as "... a framework through which NHS organisations are accountable for continuously improving the quality of their services and safeguarding high standards of care by creating an environment in which excellence in clinical care will flourish". (A First Class Service: Quality in the new NHS Sept. 1998).

The Government, through health Policy, now requires every NHS Trust to embrace the concept of clinical governance so that quality is at the core, both of their responsibilities as organisations and of each of their staff as individual professionals.

Clinical governance needs to be underpinned by a culture that values lifelong learning and recognises the key part it plays in improving quality. Lifelong learning is an investment in quality and health professionals need the support of lifelong learning through Continuing Professional Development Programmes (CPD).

The Department of Health Document 'Continuing Professional Development: Quality in the new NHS' states the commitment of the Department of Health to lifelong learning. In this document the importance of such learning, being focused on the needs of patients, is emphasised, along with the recognition that Continuing Professional Development should also be a partnership between the individual and the organisation and hence concerned with the delivery of high quality NHS services as well as meeting individual career aspirations and learning needs.

Continuing Professional Development Programmes need to meet both the learning needs of the individual to expand and fulfil their potential, and to meet the wider service development needs of the NHS.

To engage in Lifelong learning is to see education and work as complementary rather than mutually exclusive.

Doctors, like other professionals, have an obligation to update their knowledge and skills through educational processes, which continue throughout their careers. Patients, health service managers and governments are pressing for reassurances that medical professionals will maintain their competence to practice in a rapidly changing environment. Continuing professional development emphasises self-directed learning, professional self-awareness, learning developed in context, multidisciplinary and multilevel collaboration, the learning needs of individuals and their organisations, and an enquiry based concept of professionalism. It also involves a widening of accountability to patients, managers and policymakers.

One of the aims of medical education is to encourage the pursuit of excellence in clinical care and this involves promoting the aims of Clinical Governance. Opportunities need to be provided for the junior doctors to acquire an understanding and develop skills to enable them to effectively use the tools of audit, research, critical appraisal and assessment of clinical risk.

Clinical Governance needs to be introduced as a strong and coherent concept in medical education so that it can become "... a continuous theme throughout the lifelong process of learning in medicine and an accepted part of its culture." (Dr J Morrison, 1999)

In 1999, The *Blending Service with Training* initiative was launched as part of the Governments Modernisation fund. The overall aim of the initiative is to develop improvements in patient care by linking innovative improvements in medical education with the current emerging agenda of quality in the NHS.

The North West Deanery wished to use the initiative to encourage the development of best practice, multi-professional and multi-disciplinary working with individual projects being proposed by the Trusts themselves.

The Deanery provided the initial funding for commissioned projects as a pump prime for one year with the expectation that the individual Trusts would then develop a system to maintain the momentum of change in the following years.

Following a successful bid by the Head of Education, the Bolton Hospitals NHS Trust was chosen by the North West Deanery to run an innovative project, under the *Blending* initiative, to develop a programme of Collaborative working and learning which underpins clinical effectiveness and collaborative working for the junior doctors of the Thoracic Medicine Team.

This would also support the aims of training as outlined in *The Early Years, Recommendations on Senior House Officer Training* (December 1998) which states that two of the aims of training are to *Enhance their appreciation of the importance of evidence-based practice and clinical effectiveness,* and to *Further develop their understanding of the principles of Clinical Governance.* An expectation of the SHO, as stated in the above document is that they must *Demonstrate a commitment to continuing professional development and lifelong learning.*

2 Scope and aims of the project

The aim of the Project was to provide a link in the education of the junior doctors from the Thoracic Medical Team, with the current agenda of quality in the NHS. By linking the themes from the white paper *A First Class Service* with the education of the doctors it was envisaged that quality improvements in patient care could be delivered.

The above links would be made through a Programme of flexible modules, which underpin clinical effectiveness and collaborative working.

At the time of the Project the majority of the dedicated/protected teaching time for the junior doctors was dedicated to clinical teaching. The Programme was designed to help the junior doctors acquire knowledge and skills that, linked with clinical practice, would enable them to develop and build upon best practice and ways of working.

The Programme was designed to reflect and encourage a partnership approach to care with the emphasis on multi-disciplinary team working. This would be evidenced in the production of an Integrated Care Pathway for an adult, inpatient, with acute asthma.

To maximise the opportunities for enabling quality, patient care, the junior doctors where to be given the opportunity to access a clinical leadership programme, (Leading an Empowered Organisation – LEO) alongside other members of the clinical team.

It was envisaged that skills and knowledge acquired through the Programme would be transferable to all areas of working for the junior doctors and would foster a commitment to continuous professional development and lifelong learning. It was hoped that the junior doctors involved in the Project would produce a Professional Portfolio to evidence their continuing professional development.

The measurable outcomes of the Project were that:

The identified junior doctors and members of the multidisciplinary team will have:

- Completed the modules of the Programme
- Completed LEO Training
- Been appraised and formulated a personal development plan with evidence of reflective practice
- Completed a professional portfolio
- > All modules and LEO Programme will have been evaluated
- Production of an Integrated Care Pathway related to the Clinical Specialty.

METHODOLOGY

A Project Co-ordinator was appointed and came into post in April 2000. The responsibilities of the Project Co-ordinator were to:

Assist with the development of the modules for the Programme.

Identify and arrange the keynote speakers.

Arrange the Project Programme.

Support/facilitate course participants.

Evaluate the Programme sessions/Project overall.

Produce and present reports.

Administration and clerical support was provided by the Postgraduate and In-service Training departments.

Support for the Project Co-ordinator was provided by the Project Steering group, which included the Consultant Respiratory Physician (Specialty Tutor); the Head of Education for the Trust; the Hospital Postgraduate Clinical Tutor; and the Deanery Project Co-ordinator.

The Project Steering group met bi-monthly and monitored the progress of the Project against the agreed objectives of the Project plan.

The original, identified, pilot clinical team for this Project were the junior doctors of the Thoracic medical team and included the SpR, Staff Grade, SHO's and PRHO's. A total of fourteen junior doctors from the Thoracic Medical Team accessed the Project Programme.

The Pilot clinical team was extended to include the Hospital Medical SHO's and in total thirty-three junior doctors accessed the Project Programme.

The original plan was for the Project Programme to be delivered through early evening sessions and opened up to include all members of the multidisciplinary team. It was felt that this time would allow the multidisciplinary team members to access the sessions outside of their clinical commitments.

Unfortunately, this original plan had to be changed when the junior doctors indicated that they would not be willing to attend the Programme sessions in their own time. Because of clinical/service commitments, the Programme had to be delivered utilising the dedicated teaching time for the Thoracic Medical Team (Tuesday's, 2pm - 4pm) and the protected teaching time for the Hospital Medical SHO's (Wednesdays, 2pm - 4pm). The implications for this affected the length and therefore content of the Programme, the availability of other disciplines to attend the sessions and the availability of keynote speakers for the Programme.

Further to this, a temporary suspension on Training & Development for the nursing staff of the Medical and Elderly Directorate (as a result of staff shortages), resulted in the Programme sessions being only attended by the medical staff.

An early constraint on the length of the first Programme (Appendix 1) was that the Programme had to be planned, arranged, delivered and evaluated over a period of fourteen weeks, which was the time from the Project Co-ordinator commencing in post to the junior doctors 'changeover' in August 2000.

Problems were encountered in securing keynote speakers for the Tuesday afternoon sessions at relatively short notice, and this affected the original, planned order of the Programme. To ensure that the programme was delivered in its entirety, the first programme had to be delivered utilising the Tuesday afternoon dedicated teaching sessions and the Wednesday afternoon protected teaching sessions for the Hospital Medical SHO's.

The benefit of this was that the Programme was extended to two groups of junior doctors – the Thoracic Medical Team and the Hospital SHO's. The reality of the situation was that the first Programme was not delivered in its entirety to either group as clinical commitments prevented each group from accessing the teaching sessions of the other group.

As no one junior doctor had attended the 1st programme in its entirety the planning of the second Programme needed to address this issue and explore ways of maximising the number of sessions that the junior doctors from the Thoracic Team could attend.

It was agreed at the steering group meeting that the second Programme (Appendix 2) would be delivered twice – once to the Thoracic Medicine Team, utilising the Tuesday afternoon teaching session, and repeated for the Hospital Medical SHO's. The Programme for the Hospital Medical SHO's would commence following the September MRCP examination to allow for clinical teaching sessions before this examination date. By staggering the two Programmes it was hoped that the junior doctors from the Thoracic Team who missed any of the Tuesday afternoon sessions would be able to access the session when it was delivered to the Medical SHO's.

Keynote speakers were identified from multidisciplinary backgrounds to add credibility and diversity of experience to the Programme.

An evaluation form (Appendix 3) was distributed to those who attended the individual Programme sessions and was used to evaluate these individual sessions, both for content and appropriateness of the speaker.

The first Programme was evaluated overall, by means of a questionnaire (Appendix 4) that was distributed to the junior doctors who had attended any of the Programme sessions.

At the beginning of the second Programme, the junior doctors completed a pre-Programme questionnaire (Appendix 5) to assess their current level of knowledge and understanding of the Programme topics and whether they perceived any benefits for them personally.

The junior doctors completed a second questionnaire (Appendix 6) at the end of this Programme, and comparison between the pre and post Programme self-assessment of their knowledge helped to evaluate the second Programme.

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RESULTS

The total number of junior doctors who attended sessions from either of the two Programmes was 38. Of these, 27 completed post Programme questionnaires, giving a 71% response rate.

The junior doctors comprised of PRHO's, SHO's and SpR's. Two staff grade doctors also attended some of the sessions. Three Medical Consultants and two medical students attended some of the Programme sessions, but did not complete post Programme evaluation questionnaires.

It is important for the reader to be aware that the 1^{st} Programme was not delivered in its entirety to either the Thoracic Medicine Team or the Hospital Medical SHO's.

Table 1

Number of completed post programme questionnaires

	1 st Programme	2 nd Programme
Thoracic Medicine	6 (75%)	7 (100%)
Medical SHO's	7 (63.6%)	7 (58.3%)
Combined Total	13 (68.4 %)	14 (73.6%)

Table 2

Numbers of junior doctors who attended sessions from the 1st Programme

1 St Programme	Attendance No's
Session	
Methods of Continuing Professional Development	5
Appraisal Process	9
Development of Portfolios & Personal Development Plans	8
Professional Accountability & Continuing Professional Development	6
Clinical Risk Management	6
Clinical Governance	4
Systematic & Targeted Literature searches	7
Critical Appraisal Skills	6
Managing Change in Practice	9
Clinical Audit & the Audit Process	6

Table 3

Numbers of junior doctors who attended sessions from the 2nd Programme

2 nd Programme Session	Thoracic	Medical SHO's
Introduction of Project to junior doctors	4	9
Clinical Governance	5	8
Professional Accountability & CPD	3	6
Clinical Risk Management	3	9
Appraisal Process	4	3
Development of Portfolios & PDP's	4	11
Systematic & targeted Literature searches	2	4
Critical Appraisal Skills	5	9
Care & Responsibility	5	6
Clinical Audit & the Audit Process	5	3
Integrated Care Pathways	4	5
Managing Change in Practice	5	

Blending Service with Training Project Royal Bolton Hospital. February 2001 The following results are based on the responses of those 27 junior doctors who completed the Post Programme questionnaire.

The following reasons were offered by the respondents as to why they were not able to attend some of the Programme sessions:

Table 4

Reasons for not attending some sessions	1 st Programme	2 nd Programme
On Call	13 (100%)	11 (78.5%)
On Holiday	10 (76.9%)	10 (71.4%)
Did not feel that the Session was relevant to my Development	2 (15.3%)	0
Others (Specify)	5 (38.4%)	4 (21.0%)

The 'Other' specified reasons for not attending some of the Programme sessions included:

"On nights" "Busy during the day with unwell ward patients" "Only on secondment from A&E for limited time" "Family bereavement" "Sometimes too busy with ward duties + no one else to delegate to"

The respondents were asked if they felt that any of the sessions had contributed to their professional development:

Table 5

	1 st Programme	2 nd Programme
YES	11 (76.9%)	12 (85.7%)
NO	0	0
DON'T KNOW	2 (15.3%)	1 (7.1%)
DID NOT REPLY	0	1 (7.1%)

The junior doctors were asked to comment on which sessions they felt had contributed to their professional development and why. Their comments included:

"Practical application – both more concentrated & focused in things already known + also in brand new topics"

"Further awareness of Audit"

"All will in future (contribute to professional development) As of yet – research"

" clinical governance re interviews"

"The Portfolio session was useful as an awareness of something I will need for the future".

"Professional development and clinical governance will be useful for interviews"

"Integrated pathway –treatment of acute asthma – steps into actually making a pathway"

"Audit + clinical Governance – will become integral part of working life. Critical Appraisal – useful"

"Appraisal process – much helped with education supervision process"

"Clinical Governance – finding out what it is exactly"

"Clinical Audit – I have just completed one before the talk – would have been useful beforehand"

"Electronic searching – now I can find something rather than nothing"

Learning materials, in the form of handouts, were provided at some of the Programme sessions. Each junior doctors was also given an A4 ring binder file, with which to commence a Professional Portfolio of evidence of continuing professional development. The following documents were included in this folder:

The NHS Plan. A Summary (DOH July 2000)
Revalidating Doctors, Ensuring Standards, Securing the Future. Consultation Document (GMC July 2000)
Supporting doctors, protecting patients. Consultation paper. (DOH Nov.1999)
Strategy for continuing education & professional development for hospital doctors & dentists. (SCOPME 1999)
A First Class Service Quality in the new NHS (DOH Sept. 1998)
The following articles were also included:
Hemmington N (1999) Attitudes to CPD: Establishing a Culture of Lifelong Learning at work. [online] Accessed May 2000 Available from www.openhouse.org.uk/virtual-university-press
Lester S (1999) Professional bodies, CPD and informal learning: [online]

The junior doctors were asked to state how they had utilised the learning material provided.

None of the junior doctors commented that the learning materials provided had not been useful, or that they had been discarded. Their comments included:

"Kept for future reference" "Planning to read them!" "Reread at home" "Used in critical appraisal / Med. line searches / etc." "Read at time of sessions, still have them but still need to go back through them"

The respondents were asked if they would recommend this Programme to colleagues and to state the reason for their answer:

Table 6

	1 st Programme	2 nd Programme
YES	9 (69.2%)	10 (71.4%)
NO	1 (7.6%)	4 (28.5%)
DID NOT REPLY	3 (23.0%)	0

The 19 junior doctors who indicated that they would recommend the Programme to colleagues offered the following comments:

"It is definitely important that the new generation of doctors know about Clinical Governance, Clinical Audit etc. as it will be the way forward for the NHS"

"Important Issues discussed"

"Because it highlights important issues which will be relevant to all of our careers in the future"

"Eye opening experience and an education on what will be expected of doctors in the new NHS"

"Useful introduction, broader aspect of Medicine"

"Now have detailed understanding of lots of issues that I knew I should know about [+ some that I didn't] + practical applications"

"Need to be aware of issues such as clinical governance. Prior to course I didn't really understand the concept and now do"

"Good for CV + general alround interest"

Of the five junior doctors who indicated that they would not recommend this Programme to colleagues, their reasons concerned the timing of the Programme and not the content. Their comments included:

"Interfering too much with clinical teaching & day to day work. Needs to be balanced with MRCP & clinical teaching" "I think all elements of Project are important + interesting but that it is too much all at once to have them weekly for 10-12weeks. If they were spaced monthly through a year it would be better" "Too long – ate into teaching time"

The junior doctors were asked to indicate which Programme sessions they had most enjoyed and least enjoyed.

The following are some of the reasons offered by the junior doctors as to why they had **most** enjoyed the following sessions:

Portfolio Development

"Easy to see relevance" "Learnt the most" **Critical Appraisal Skills** "Relevant to things I do now" "Did not know anything about it and was interested in finding out about it" **Care & Responsibility** "Useful + fun" **Systematic & Targeted Literature Searches** "Relevant to things I do now" "Helpful in future work. Interactive. Taught me something I didn't know" Managing Change "Fun – interactive" "Very different" **Appraisal Process** "Because we know absolutely nothing about the topic...." **Clinical Audit** "Relevance to my research project"

The following reasons were offered by some of the junior doctors as to why they had **least** enjoyed the sessions indicated below:

Systematic & Targeted Literature Searches

"No new info" Development of Portfolios and PDP's "?relevance" Clinical Governance "Still don't have definition" "A lot of information in Lecture form"

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Management of Change "Good presentation but too non-specific" "Enjoyable but didn't seem to be relevant to our lives" Appraisal Process "Would have been more relevant if it was run by a doctor" Professional Accountability & Continuing Professional Development "Dull topics"

The junior doctors were asked the following six questions to determine whether there had been an improvement in their knowledge as a result of the Project. Ten of the junior doctors from the f^t Programme and fourteen from the 2^{nd} Programme replied to the following six questions

Has this Project benefited your knowledge and understanding of the New NHS Quality Agenda and your role as a Doctor within this Agenda?

	Considerably	Yes	Somewhat	Not sure	No
1 st Programme	2 (20%)	1 (10%)	5(50%)	1 (10%)	1 (10%)
2 nd Programme	3 (21.4%)	5 (35.7%)	6 (42.8%)	0	0

As a result of this Project, has greater discussion of professional Issues with Colleagues been generated?

	Considerably	Yes	Somewhat	Not sure	No
1 st Programme	1 (10%)	3 (30%)	1 (10%)	3 (30%)	2 (20%)
2 nd Programme	3 (21.4%)	2 (14.2%)	3 (21.4%)	3 (21.4%)	3 (21.4%)

As a result of this Project has your awareness of Public and Political scrutiny of Doctors and the NHS been increased?

	Considerably	Yes	Somewhat	Not sure	No
1 st Programme	2 (20%)	6 (60%)	0	0	2 (20%)
2 nd Programme	1 (7.1%)	10 (71.4%)	2 (14.2%)	0	1 (7.1%)

As a result of this Project has your awareness and appreciation of your own Professional Responsibility and Accountability been increased?

	Considerably	Yes	Somewhat	Not sure	No
1 st Programme	1 (10%)	7 (70%)	1 (10%)	0	1 (10%)
2 nd Programme	2 (14.2%)	8 (57.1%)	4 (28.5%)	0	0

As a result of this Project has your awareness and appreciation of the Quality Issues in the NHS (Clinical Governance) been increased?

	Considerably	Yes	Somewhat	Not sure	No
1 st Programme	1 (10%)	4 (40%)	2 (20%)	0	2 (20%)
2 nd Programme	3 (21.4)	7 (50%)	3 (21.4%)	0	

As a result of this Project has your understanding and appreciation of the support of your professional practice through Continuing Professional Development and the Appraisal Process been increased?

	Considerably	Yes	Somewhat	Not sure	No
1 st Programme	0	5 (50%)	3 (30%)	1 (10%)	1 (10%)
2 nd Programme	2 (14.2%)	8 (57.1%)	2 (14.2%)	2 (14.2%)	0

The junior doctors were asked to indicate whether they now had a portfolio of evidence to support their continuing professional development and whether they had a personal development plan that was documented.

	1 st Programme	2 nd Programme
Now have a Portfolio	4 (30.7%)	5 (35.7%)
Now have a documented personal development plan	4 (30.7%)	6 (42.8%)

Comments were invited as to what the respondents felt, from a personal point of view, had been the most important aspects of the Blending Service with training Project.

The following are some of the comments provided by the twelve junior doctors who responded to this question:

"To provide a better service to patients"

"I now know what is expected of Doctors within the NHS regarding CPD and the appraisal process"

"The awakening to the idea and gradual acceptance of the concepts"

"These things always come up in interview"

"Continued professional development + portfolios etc. – useful personally for own career"

"Some useful areas which are obviously essential to further knowledge, but which are not taught or easily digested from elsewhere"

"Realising that I need to make a Portfolio +PDP"

"Greater awareness of Clinical Governance"

"Feel more involved with management / care issues"

"Increasing awareness of all aspects of life of Doctor and how this is changing"

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Comments were invited as to how the respondents intended to utilise the knowledge/skills that the Project has helped them to develop.

The following are some of the comments provided by the seventeen junior doctors who responded to the above:

"Useful for Literature searches" "I will now keep a professional development portfolio and ensure that I always have a CPD plan" "Practice more evidence based medicine, keeping an up to date folder" "Development of PDP / Better use of appraisals" "Use of info @ interviews etc." "Know how to read papers better" "Accountability Clinically" "Clinical Incident reporting" "Plan to collect together logbook, audit, CV etc. + start a Portfolio of evidence" "Would be interested in participating in setting up an Integrated Care Pathway" "Doing an audit" "Use as a background knowledge to bear in mind whilst working with the patients" "Useful for interviews!" "Clinical Governance now comes into everything + I intend to try to carry out regular audit"

The junior doctors were asked to provide any other comments that they had, regarding the Project overall. Nine respondents replied and their comments included:

"In the ideal world it would be nice to incorporate some of these ideas into work – however it is difficult enough to do the minimum in the time. However it is nice to be reminded of the bigger picture sometimes"

"I wish I was able to attend more"

"I think this programme should be compulsory for all junior staff, and will be particularly well received by the new influx of PRHO's in August, who are now educated in a more "portfolio" type of system. Those who have been educated in the more traditional way and who may be qualified couple of years will be more cynical towards the scheme, although it must be stressed how important this will be in the future"

"Basic content of Project is good and covers important areas"

"I wish I could have attended more sessions. My attendance has been limited primarily due to my clinical commitments in this post. I do not feel this is very satisfactory"

"Think it would be a good idea on a regular basis but interspersed with sessions on Clinical Medicine (e.g. 1 session / month)"

"Perhaps the course would be better run as a block or weekend course"

Blending Service with Training Project Royal Bolton Hospital. February 2001 For the 2rd Programme, questionnaires were distributed to the junior doctors pre and Post Programme. Twelve of the fourteen junior doctors who completed post Programme questionnaires also completed pre Programme questionnaires. Comparisons between these two questionnaires helped to determine whether there had been a perceived improvement in the level of knowledge and understanding of the following.

(When interpreting the following results, the reader is reminded that not all of the following 12 respondents attended all of the Programme sessions).

Table 7

	Improvement in knowledge & understanding
Clinical Governance & the New NHS Quality Agenda	8 (66.6%)
Integrated Care Pathways	9 (75%)
Clinical Risk Management	8 (66.6%)
Professional Accountability	8 (66.6%)
Continuing Professional Development & Lifelong learning	7 (58.3%)
Appraisal Process	7 (58.3%)
Portfolio Development	9 (75%)
Personal Development Plans	11 (91.6%)
Systematic and targeted Literature searches	<u>6 (50%)</u>
Critical Appraisal of Research	4 (33.3%)
Managing Change	7 (58.3%)
Clinical Audit and the Audit Process	3 (25%)

In order to maximise the opportunities for enabling quality patient care, two LEO courses (Leading an Empowered Organisation) were funded as part of the Project to allow the junior doctors to access a clinical leadership programme. The aim of the LEO Course was to help the multidisciplinary team members develop healthy leadership styles and behaviours that would help to affect change in an organisation. The 'change' for this Project was the development and implementation of an integrated care pathway.

Disappointingly, the two courses were poorly attended by the junior doctors, despite strong encouragement from the Consultant. This was largely due to the fact that the Courses were held over three days and to minimise the disruptive effect on service delivery, were held over a weekend (Friday – Sunday).

None of the junior doctors who attended the LEO Courses made reference to the course in their post Programme questionnaires, or commented on how they felt that they had benefited as a result of the LEO course.

One of the measurable outcomes of the Project was the development of an Integrated Care Pathway. A multidisciplinary group has been established, with strong representation from the junior doctors of the Thoracic Medicine Team and dedicated sessions are held monthly for the development of an Integrated Care Pathway for an adult inpatient with acute asthma. Although it has not been formally measured, many of the Leadership theories from the LEO course have been applied by the multidisciplinary group in a practical way, to enable the development of the Pathway. At the time of completion of the Project, the multidisciplinary group remains committed to the development of the Pathway and it is envisaged that the Pathway will be ready for piloting in the Summer of 2001.

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CONCLUSION

From the results it is clear that the junior doctors who participated in the project, recognised the value of the Programme content -85% of the respondents felt that the Programme content had contributed to their Professional Development and 70.3% indicated that they would recommend the Programme to colleagues. Of those who indicated that they would not recommend the Programme to colleagues, this was for reasons that concerned the timing of the Programme rather than the Programme content.

Despite the poor attendance of the LEO Courses by the junior doctors, these two courses were attended by other members of the multidisciplinary group that have since formed the Integrated Care Pathway group for Thoracic Medicine. The skills and knowledge gained during the LEO Course have enabled a consensus development of the Pathway, with a valued contribution from the multidisciplinary team. Integrated Care Pathway development incorporates the principles of Clinical Governance into routine patient care and this group has been regularly well attended by the junior doctors who have contributed to the development of the Acute Asthma Pathway. It is hoped that they will be able to transfer their experience and skills in the development of a pathway to other clinical areas during their training rotation.

Disappointingly, at the end of the Project, only 10 (37%) of the respondents indicated that they had a documented Personal Development Plan, and 8 (29.6%) indicated that they had a Professional Portfolio of Evidence.

However, reassuringly, of those who indicated that they did not have a Portfolio, 9 (47.3%) indicated that they would now start to compile one, and 9 (52.9%) a personal development plan.

It is envisaged that providing evidence of continuing professional development by means of a portfolio will become an integral part of the revalidation processes for doctors and as such this Project supports that process.

What the Project has measured is an improvement in the perceived knowledge and understanding of the junior doctors regarding their role in a quality agenda and the principles of Clinical Governance.

Integrated Care Pathway development is a practical tool for incorporating the principles of Clinical Governance into routine patient care and it is hoped that the implementation and audit of an Asthma care pathway will demonstrate an improvement in the care and management of patients.

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RECOMMENDATIONS

The value and worth of the knowledge that the junior doctors have acquired as a result of the Project have been recognised by both the junior doctors themselves and the Postgraduate clinical Tutor and Specialty Tutor for Thoracic Medicine. The Key recommendations following this Project are:

1. Extend the Programme to all junior doctors within the Trust

The Postgraduate Clinical Tutor is currently addressing how the Trust can incorporate and balance clinical teaching for the junior doctors with the quality issues of the Clinical Governance agenda.

As a result of the Project, the Project Co-ordinator has been involved in discussions with the Postgraduate Clinical Tutor and Professional Development Advisors and Trainers to develop a Programme for the junior doctors at the Royal Bolton Hospital that complements the Clinical teaching that they already receive. It is hoped that this Programme will be opened up to all the junior doctors within the Trust, and a wider, multiprofessional audience and will address the quality issues of today's healthcare delivery.

This Programme will be delivered over a 6-12 month period to avoid being seen as at the expense of clinical teaching time. Keynote speakers from within the Trust have been identified.

2. Extend the session on Systematic and Targeted Literature searching to other disciplines within the Trust

Collaborative working between the IT department and trainers, a Librarian, the Lecturer/Practitioner for surgery and the Project Co-ordinator resulted in the development of a practical session on the systematic and targeted searching of literature via a database. An information booklet has been developed to support this session, and it is hoped that this session will be delivered to other professional groups within the Trust.

3. Improve the access to evidence to inform practice for the junior doctors

Discussions with the junior doctors regarding how to access the evidence to support and inform their practice has resulted in the purchase of the UpToDate clinical database for both the Medical Assessment Unit and a study room in the doctors hospital residence. The value and use of this database will be evaluated after 12 months with a view to renewing the annual subscription. The Postgraduate library is also to purchase this UpToDate database.

Discussions have also led to an impending improvement in the system of providing the junior doctors with access to the Internet, with the proposed distribution, at induction, of Internet access passwords. The progress of the Project has been reported to the Trust Board, Education Steering Group, Postgraduate Education Committee and NW Deanery.

The profile of the Project within the Trust has been that it would help to link professional responsibility and career development through 'lifelong' learning, to the provision of quality services under the 'umbrella' of Clinical Governance. It is envisaged that the profile of the proposed new Programme, extended to a multidisciplinary audience, will remain as above.

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APPENDICES

1 st Programme Timetable	Appendix 1
2 nd Programme Timetable	Appendix 2
Evaluation Form (Individual Session)	Appendix 3
Questionnaire (1 st Programme)	Appendix 4
Pre 2 nd Programme Questionnaire	Appendix 5
Post 2 nd Programme Questionnaire	Appendix 6

Appendix 1

BLENDING SERVICE WITH TRAINING

1st Programme

May – July 2000

May 30 th	Matha da af	Mara C Mile:44 and	Dant of These sis
(Tuesday)	Methods of Continuing	Mrs S Whittam Head of Education	Dept. of Thoracic Medicine
(1 desuay) 14.30hrs – 15.30hrs	Continuing	Head of Education	Meulchie
14.30015 - 15.30015	Professional		
x < th	development		
June 6 th		Mrs J Adams	Dept. of Thoracic
(Tuesday)	Appraisal Process	Staff Development	Medicine
14.00hrs – 15.30hrs)		Advisor	
June 7 th	Development of	Dr. S Holmes	Discussion Room 1
(Wednesday)	Professional	GP	Post graduate Centre
14.00hrs – 16.00hrs	Portfolios & Personal	(Burnley)	
	Development plans		
June 13 th	Professional	Dr. K Jones	Dept. of Thoracic
(Tuesday)	Accountability &	Consultant	Medicine
14.00hrs – 14.45hrs	Continuing	Thoracic Medicine	
	Professional		
	Development		
	-		
14.45hrs – 15.30hrs	Clinical Risk	Miss Tracy Davies	
	Management	Clinical Risk	
	_	Manager	
June 14 th		Mr. S Ashworth	Discussion Room 1
(Wednesday)	Clinical Governance	Business Manager	Post graduate Centre
14.00hrs – 15.30hrs		Surgical Directorate	5
		0	
June 21 st	Systematic &	Salford University	
(Wednesday)	Targeted Internet	Health Care Practice	IPCISS Training
14.00hrs – 16.00hrs	Literature searches	R&D Unit	Room
			Dowling House
June 28 th	Critical Appraisal	Mr. C Richardson	Discussion Room 1
(Wednesday)	skills	Research Fellow	Post graduate Centre
14.00hrs – 17.00hrs		John Moores	_
		University	
		Ms S Machin	Discussion Room 1
July 5 th	Managing Change in	HONS Anaesthetic	Post graduate Centre
(Wednesday)	Practice	Directorate	-
14.00 hrs - 17.00 hrs)		Mrs V Welsby	
		Booked admissions	
		Project Nurse	
July 12 th	Appraisal Process	Mrs J Adams	Discussion Room 1
(Wednesday)	-rr-main rootob	Staff Development	Post graduate Centre
(Advisor	g
July 19 th	Clinical Audit & the	Dr J Dean	Discussion Room 1
(Wednesday)	Audit Process	Consultant	Post graduate Centre
14.00hrs – 16.00hrs		Miss G Thomas	- our graduate Celler
14.00113 - 10.00113		Clinical Audit	
		Manager	

Appendix 2

BLENDING SERVICE WITH TRAINING

Programme 2000 (Thoracic Medicine)

August 22 nd	Introduction of	Anne Gerrard	D3 Seminar Room
2pm – 3pm	Project to Clinical	Project Co-ordinator	
	Team	9	
August 29 th		Mr. S Ashworth	Hospital Sports &
2pm – 4pm	Clinical Governance	Business Manager	Social Club
		Surgical Directorate	
Sept. 5 th	Integrated Care		Seminar Room 2
2pm – 4pm	Pathway Meeting		Postgraduate Centre
Sept. 12 th	Integrated Care	Anne Gerrard	Hospital Sports &
2pm – 4pm	Pathways	Cindy Walton	Social Club
		Senior Nurse	
		Infomatics	
a c toth	Professional	Dr. K Jones	Hospital Sports &
Set. 19 th	Accountability &	Ma M Hallingshood	Social Club
2pm – 4pm	Continuing Professional	Mr. M Hollingshead Practice Educator	
		Practice Educator	
Sept. 26 th	Development Clinical Risk	Tracy Davies	Hospital Sports &
2pm – 4pm	Management	Clinical Risk	Social Club
(MRCP PT 1)	management	Manager	Social Club
Oct. 3 rd	Integrated Care	Trunuger	Human Resources
2pm – 4pm	Pathway Meeting		Seminar Room
	, , , , , , , , , , , , , , , , , , ,		
		Mrs J Adams	Hospital Sports &
Oct. 10 th	Appraisal Process	Staff Development	Social Club
2pm – 4pm		Advisor	
o stath			Hospital Sports &
Oct. 17 th	Development of	Dr. D Leather	Social Club
2pm – 4pm	Portfolios & PDP's		
Oct. 24 th	Systematic &	IDCIES IT Tasta and	IPCISS Training Room
Oct. 24 2pm – 4. 30pm	Targeted Literature Searches	IPCISS IT Trainers Royal Bolton Hospital	Room Dowling House
2pm – 4. sopm	(IT Support Skills)	Koyai Donon Hospitai	Dowing House
		Mr. C Richardson	Hospital Sports &
Oct. 31 st	Critical Appraisal	Research Fellow	Social Club
2pm – 4pm	Skills	John Moores	Social Club
		University	
Nov. 7 th	Integrated Care		Human Resources
2pm – 4pm	Pathway Meeting		Seminar Room
		John Gilbert	Hospital Sports &
Nov. 14 th	Care & Responsibility	Care & Responsibilty	Social Club
2pm – 4pm		Trainer	
Nov. 21 st	Clinical Audit & the	Dr. J Dean	Hospital Sports &
2pm – 4pm	Audit Process	Consultant	Social Club
		Mrs L Newitt	
		Clinical Audit Dept.	** ***
Nov. 28th	Managing Change in	Vicky Welsby	Hospital Sports &
2pm – 4pm	Practice	Booked Admissions	Social Club
		Project Nurse	

BLENDING SERVICE WITH TRAINING

Programme 2000 (Hospital Medical SHO's)

Oct. 4 th	Introduction of		Discussion Decars 1
	Introduction of	Anne Gerrard	Discussion Room 1
2pm – 2.30pm	Project to Clinical	Project Co-ordinator	Post graduate Centre
	Team		
o (th			
Oct. 4 th	Clinical Risk	Tracy Davies	Discussion Room 1
2.30pm – 4pm	Management	Clinical Risk	Post graduate Centre
		Manager	
o , , , , , th			
Oct. 11 th	Clinical Governance	Mr. S Ashworth	Discussion Room 1
2.30pm – 4pm		Business Manager	Post graduate Centre
		Surgical Directorate	
	Professional	Dr. K Jones	Discussion Room 1
Oct. 18 th	Accountability &	Consultant	Post graduate Centre
			Fost graduate Centre
2.30pm – 4pm	Continuing	Anne Gerrard	
	Professional	Project Co-ordinator	
	Development	Mrs J Adams	Discussion Room 1
Oct. 25 th	Appraisal Process	Staff Development	Post graduate Centre
2.30pm – 4pm	Appraisar i rocess	Advisor	I ost graduate Centre
2.50pm – 4pm		Auvisor	
Nov. 1 st	Development of		Discussion Room 1
2pm – 4pm	Portfolios & PDP's	Dr. J Page	Post graduate Centre
		GP	0
44	Systematic &		
Nov. 8 th	Targeted Literature	IPCISS IT Trainers	IPCISS Training
2pm – 4. 30pm	Searches	Royal Bolton Hospital	Room
	(IT Support Skills)		Dowling House
		Mr. C Richardson	Discussion Room 1
Nov. 15 th	Critical Approximat	Research Fellow	Post graduate Centre
2pm – 4pm	Critical Appraisal Skills	John Moores	Fost graduate Centre
2pm – 4pm	SKIIIS	University	
		University	
Nov. 22 nd	Clinical Teaching	Dr. K Jones	Discussion Room 1
2.30pm – 4pm	Session	Consultant	Post graduate Centre
Nov. 29 th	Clinical Audit & the	Dr J Dean	Discussion Room 1
2.30pm – 4pm	Audit Process	Consultant	Post graduate Centre
		Miss G Thomas	
		Clinical Audit	
		Manager	
Dec. 6 th	Care and	Mr. J Gilbert	Discussion Room 1
2.30pm – 4pm	Responsibility	Care and	Post graduate Centre
		Responsibility	
		Trainer	
Dec. 13 th	Integrated Care	Anne Gerrard	
2.00pm – 4pm	Pathways		
		Cindy Walton	
		Tracy Higginson	

Appendix 3

BLENDING SERVICE WITH TRAINING

Evaluation

Title of the Study Session:

Date:

Venue:

Was the Venue appropriate?

Was the session well organised?

Have the objectives of the session been met?

What did you gain most?

What did you least enjoy?

Were the speakers appropriate / interesting?

Were the handouts / visual aids appropriate / useful?

What changes could be made to improve this session?

Additional Comments:

Thankyou for completing this evaluation

Appendix 4

Blending Service with Training Project

Post Programme Evaluation

July 2000

Please indicate your designation and speciality

Speciality:

Пно

Свно

SpR

Consultant

1. Please tick the sessions that you have attended:

- **Methods of Continuing Professional Development**
- Appraisal Process
- **Development of Portfolios & Personal Development Plans**
- **Professional Accountability & Continuing Professional Development**
- Clinical Risk Management
- **Clinical Governance**
- Systematic & Targeted literature searches. Electronic Databases
- Critical Appraisal Skills
- **Managing change in practice**
- Clinical Audit & the Audit process
- 2. Please specify why you were not able to attend some of the above sessions:
- On Call
- On Holiday
- Did not feel that the session was relevant to my development
- **Other** (Specify)

- **3.** How have you utilised the learning materials provided? (Handouts / Professional Documents)
- 4. Do you feel that any of the above sessions have contributed to your professional development?

Yes No Don't know

If yes please specify which sessions and why:

5. Which of the sessions that you attended did you most enjoy?

Why?

6. Which of the sessions that you attended did you least enjoy?

Why?

Appendix 4

7. How has this project benefited your knowledge and understanding of the New NHS Quality Agenda and your role as a Doctor within this Agenda?

Considerably	Yes	Somewhat	Not sure	No
colleagues been	generated?	s greater discussion o		ues with
Considerably	Yes	Somewhat	Not sure	UNO
9. As a result of th of Doctors and t		your awareness of pu increased?	ıblic and political	scrutiny
Considerably	Yes	Somewhat	Not sure	DNo
		your awareness and d Accountability beer Somewhat		our own
		your awareness and a overnance) been incre		e Quality
Considerably	Yes	Somewhat	□Not sure	D _{N0}
12. As a result of this project has your understanding and appreciation of the support of your professional practice through Continuing Professional development and the Appraisal process been increased?				
Considerably	Yes	Somewhat	Not sure	

13. Would you recommend this programme to colleagues?

Yes	🗋 No
Why?	

14. Do you currently have a documented personal development plan?

Yes	No
Yes	N

15. Do you currently have a portfolio of evidence to support your continuing professional development?

Yes No

16. From a personal point of view, what have been the most important aspects of the Blending Service with Training Project?

17. How do you intend to utilise the knowledge/skills that the programme has helped you to develop?

18. Any other comments?

Your co-operation in completing this questionnaire is much appreciated. Your comments are valuable as part of the evaluation process for this Project

Anne Gerrard

Project Co-ordinator

Blending Service with Training

Pre- Programme Questionnaire

Name:

Please indicate your designation and speciality:



Please indicate your current level of knowledge and understanding of the following:

Clinical Governance and the New NHS Quality Agenda

Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Integrated C	are Pathways			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Clinical Risk	Management			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Professional	Accountability			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Continuing P	Professional Developme	ent & Lifelong learn	ing	
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Appraisal Pr	ocess			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge

Portfolio Dev	elopme nt			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Personal Dev	elopment Plans			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Systematic &	Targeted Literature	Searches		
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Critical App	raisal of Research			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Managing Cl	hange			
Very well informed	Some understanding	Basic Awareness	no understanding	N o prior knowledge
Clinical Aud	it & the Audit Process			
Very well informed	Some understanding		no understanding	No prior knowledge
Have you had your first appraisal with your educational supervisor?				
If NO has a date been set for your first appraisal?				
Yes	No			
Do you curre	ently have a personal d	evelopment plan?		
Yes	ΠNο			

If yes, is your personal development plan documented?

Yes No

Do you currently have a portfolio of evidence to support your continuing professional development?



No

At this current time do you perceive any benefits that the Project may have for you personally?



If yes, what are the perceived benefits of this Project?

Any other comments:

Your co-operation in completing this questionnaire is much appreciated. Your comments are valuable as part of the evaluation process for this project

Anne Gerrard

Project Co-ordinator.

Blending Service with Training Project

Post Programme Evaluation

December 2000

Name:

Specialty:

Please indicate your designation:

ОНО

Свно

SpR

Consultant

Please tick the sessions that you have attended:

- Methods of Continuing Professional Development
- Appraisal Process

Development of Portfolios & Personal Development Plans

Professional Accountability & Continuing Professional Development

Clinical Risk Management

Clinical; Governance

Systematic & Targeted literature searches. Electronic Databases

Critical Appraisal Skills

Managing change in practice

Clinical Audit & the Audit process

Care & Responsibility

Please specify why you were not able to attend some of the above sessions:

On Call

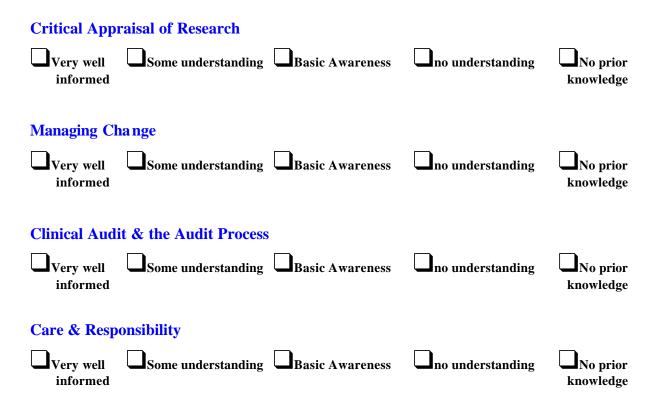
On Holiday

D Did not feel that the session was relevant to my development

Other (Specify)

Please indicate your current level of knowledge and understanding of the following:

Clinical Gove	ernance and the New N	NHS Quality Agenda		
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Integrated C	are Pathways			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Clinical Risk	Management			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Professional	Accountability			
Very well informed	Some understanding	Basic Awareness	D no understanding	No prior knowledge
Continuing P	rofessional Developm	ent & Lifelong learn	ing	
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Appraisal Pr	ocess			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Portfolio Dev	relopment			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Personal Dev	elopment Plans			
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge
Systematic & Targeted Literature Searches				
Very well informed	Some understanding	Basic Awareness	no understanding	No prior knowledge



How have you utilised the learning materials provided? (Handouts / Professional Documents)

Do you feel that any of the above sessions have contributed to your professional development?

Yes **No Don't** know

If yes please specify which sessions and why

Which of the sessions that you attended did you most enjoy?

Why?

Which of the sessions that you attended did you least enjoy?

Why?

How has this project benefited your knowledge and understanding of the New NHS Quality Agenda and your role as a Doctor within this Agenda?

Considerably	Yes	Somewhat	Not sure	
As a result of this p been generated?	oroject, has gr	eater discussion of P	rofessional Issues wit	h colleagues
Considerably	Yes	Somewhat	□Not sure	
As a result of this p and the NHS been in		r awareness of public	e and political scrutin	y of Doctors
Considerably	Yes	Somewhat	Not sure	
As a result of this particular terms of the second	• •	r awareness and appr been increased?	eciation of your own	Professional
Considerably	Yes	Somewhat	Not sure	
As a result of this p the NHS (Clinical G	• •	r awareness and app en increased?	preciation of the Qua	lity Issues in
Considerably	Yes	Somewhat	Not sure	No
As a result of this project has your understanding and appreciation of the support of your professional practice through Continuing Professional development and the Appraisal process been increased?				
Considerably	Yes	Somewhat	Not sure	

Would you recommend this programme to colleagues?

Yes No

Why?

Do you currently have a documented personal development plan?

Yes	No
-----	----

Do you currently have a portfolio of evidence to support your continuing professional development?

Yes No

From a personal point of view, what have been the most important aspects of the Blending Service with Training Project?

How do you intend to utilise the knowledge/skills that the programme has helped you to develop?

Any other comments?

Your co-operation in completing this questionnaire is much appreciated. Your comments are valuable as part of the evaluation process for this project.

Anne Gerrard

Project Co-ordinator