

# Appendix 1: Mandatory DOPS for CST

(For trainees in CT1 on or after 1 August 2017)

<p><b>DOPS type: Surgeon preparation</b></p> <p>Guidance notes:</p> <ol style="list-style-type: none"> <li>1. Bare below the elbow</li> <li>2. Use of nail brush</li> <li>3. Effective antibacterial washing of hands and forearms</li> <li>4. Use of sterile towels without contamination of hands</li> <li>5. Donning of gown and gloves assuring surface sterility</li> <li>6. Professional engagement with gown tying assistant</li> </ol>	<p><b>DOPS type: Incision</b></p> <p>Guidance notes:</p> <ol style="list-style-type: none"> <li>1. Incision planned and marked with appropriate consideration of cosmesis, vascularity and access</li> <li>2. Checks that team is ready</li> <li>3. Perpendicular linear incision of dermis with scalpel</li> <li>4. Continuation through subcutaneous layers using scissors and/or diathermy as appropriate</li> <li>5. Control of superficial bleeding with diathermy and/or ligation</li> <li>6. Maintenance of aseptic field throughout</li> </ol>
<p><b>DOPS type: Administration of local anaesthetic</b></p> <p>Guidance notes:</p> <ol style="list-style-type: none"> <li>1. Reasoned and appropriate choice of agent, concentration and dose</li> <li>2. Appropriate choice of block</li> <li>3. Accurate needle placement</li> <li>4. Aspiration prior to injection</li> </ol>	<p><b>DOPS type: Closure</b></p> <p>Guidance notes:</p> <ol style="list-style-type: none"> <li>1. Appropriate choice of needle type, suture material and suture method</li> <li>2. Careful placement of needle with minimal trauma to tissue</li> <li>3. Appropriate bite and spacing</li> <li>4. Secure knot tying</li> <li>5. End result satisfactory; layer apposed accurately and without tension</li> </ol>
<p><b>DOPS type: Preparation of aseptic field</b></p> <p>Guidance notes:</p> <ol style="list-style-type: none"> <li>1. Checks for absence of relevant allergies</li> <li>2. Selects appropriate solution</li> <li>3. Protects mucosa/cornea from exposure to alcohol</li> <li>4. Thorough, adequate &amp; systematic skin coverage</li> <li>5. Appropriate choice, placement and fixation of drapes</li> <li>6. Maintains own sterility throughout</li> </ol>	<p><b>DOPS type: WHO checklist completion</b></p> <p>Guidance notes:</p> <ol style="list-style-type: none"> <li>1. Ensures sign in completed in anaesthetic room</li> <li>2. Initiates and leads time out</li> <li>3. Insists on engagement from whole team if necessary</li> <li>4. Initiates and leads sign out</li> <li>5. Takes responsibility for completion of each component</li> <li>6. Documents process appropriately</li> </ol>

## Structured clinical supervisors report

Please provide your report in the following categories:

- Performance in clinic:
- Performance in the provision of acute care:
- Performance in theatre:
- Other comments: