

School of Broad Based Training (BBT)

Core Trainee Year 1

JOB DESCRIPTION

Human Resources Department
Lead Employer Trust
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Tyne and Wear
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Appointment of: Core Trainee Year 1 in the School of Broad Based Training

To commence: 5th August 2015

Duration of programme: 2 years

General Information about the NHS in the North East

The NHS in the North East is one of the highest performing NHS regions in the country.

Across the region we have a clear vision for healthcare:

'The NHS in the north east of England will be the leader in excellence in health improvement and healthcare services'.

With a population of around 2.6 million, the north east has:

- almost 77,000 staff
- eight hospital trusts
- 12 primary care trusts
- 400 GP surgeries
- 331 NHS dentists
- 551 pharmacies
- one ambulance trust
- two specialist trusts providing mental health and learning disabilities services.

The north east is a region of contrasts with vast areas considered rural and concentrations of population in the industrial heartlands of Tyneside, Wearside and Teesside.

Waiting times for hospital treatment have fallen dramatically.

Likewise, developments in drugs and technologies have created exciting new opportunities to save lives and cure disease - as well as heightened expectations - for people in the North East. We are seeing significant reductions in deaths from the big killers.

Across the North East, there are many excellent examples of integrated services provided and, in many cases, jointly funded by the NHS and local authority partners and involving the third sector.



Health Education North East

Health Education North East operates across a wide and geographically varied area covering Northumberland, Tyne and Wear, North Cumbria, County Durham and Tees Valley. We work with 11 acute trusts (which includes two specialist trusts providing mental health and learning disabilities services), 13 primary care trusts, 196 general practice training practices and 60 general dental training practices.

In the recent GMC 2014 National Trainee Survey, Health Education North East have been ranked number one for a fourth year running in the following:

- Overall trainee satisfaction
- Clinical supervision
- Educational supervision
- Supportive feedback

For other areas where Health Education North East have been ranked highest in the country, please visit our website <http://ne.hee.nhs.uk/2014/06/26/gmc-survey-results-2014>

Because we know that the quality of education and training is of paramount importance to you, our investment in our trainers and their training is essential to our success. It is also important to have wide and varied experiences in different fields and environments. You will gain a breadth of experience in selected and supervised hospital posts throughout the area in large university acute hospitals, community hospitals and district general hospitals to ensure you get the training you need to give you a rewarding future career. Within these areas you will have the opportunity to work with nationally and internationally recognised clinicians and leaders.

To find out more information about what it is like to ‘Live and Train’ within Health Education North East you can visit our website www.ne.hee.nhs.uk/recruitment



Broad Based Training Programme

Healthcare provision is changing: our populations are living longer and have more complex and long term conditions; our technology is developing, with the potential to monitor chronic disease in the home and community; and our resources are increasingly more limited, necessitating more efficient and effective care. Current boundaries between primary and secondary care are becoming blurred, and healthcare is moving from managing single episodes of illness in acute hospitals to a more integrated model of treating patients who present with acute illness on top of long term conditions within community settings.

Health Education North East will be providing 8 posts for the Broad Based Training programme starting in August 2015. The posts will be based in training units in Northumberland and North Tyneside with the intention to give geographical consistency of placements in all 4 specialties both in terms of clinical exposure to a core population and to facilitate integration of the 4 specialty components of the BBT programme. In this way, the programme will promote sharing of clinical experiences between community-based, secondary and mental health services thereby giving trainees experience of integrated health care and training within the context of a defined population.

For further information, please visit;

[Health Education North East](http://ne.hee.nhs.uk/)
<http://ne.hee.nhs.uk/>

The Job Itself

Post:	Core Trainee Year 1
Employing Authority:	Lead Employer Trust hosted by County Durham & Darlington NHS Foundation Trust
Hours:	40 hours per week

Aims of the Post

Clinical

To provide broad clinical exposure across the 4 BBT specialties to enable trainees to not only complete the BBT curriculum but to also be clinically competent to progress in to year 2 of their chosen post BBT training programme. Where possible exposure to both hospital based and community services will be provided and, in keeping with the aims of the BBT programme, placements will be based within Primary Care, Acute Hospital and Mental Health services within the same broad geographical population.



Training

Training will be delivered in accordance with the BBT curriculum across the 4 specialities and will be led by a designated Training Programme Director for the overall programme. Each specialty placement will provide the relevant specialty specific components of the curriculum and trainees will also experience exposure to training and learning opportunities relating to all 4 specialities throughout the 2 years of programme as a whole.

Research

It is not expected that trainees in the BBT programme will be involved in formal research though learning opportunities to promote better understanding of clinical research may arise as part of the planned placements

Clinical Audit

It is expected that all trainees in the BBT programme will complete the essential clinical audit and/or quality improvement projects required by the curriculum and also that they will participate in the relevant clinical audit meetings within each specialty placement.

Clinical Meetings

All trainees are expected to participate in the relevant clinical meetings held within each specialty placement as well as participating in the BBT specific taught programme.

Progression through training

Subject to satisfactory progression, you will progress into the CT/ST2 post of your choice, without further competition. You will be asked to confirm your choice of CT/ST2 post early in your second year of BBT. If you choose to pursue medicine or psychiatry, then once you complete core medical training or core psychiatry training, you will have to apply in open competition for an ST3 medical specialty or an ST4 psychiatry specialty. If you choose GP or Paediatrics, you will enter the run-through training programme at ST2 level.

Your post following BBT will be in the same deanery as your BBT post unless you apply for another post elsewhere in open competition or apply via the Inter Deanery Transfer process.



Rotational Information

This programme rotates every 6 months over the four BBT specialities to include both clinical and educational exposure to all four specialties throughout each rotational placement.

All training posts will be based within the same population catchment area for the relevant Acute, Mental Health and Primary Care organisations.

The Paediatric and Core Medical Training posts will be based in **Northumbria Healthcare NHS Foundation Trust** which includes Wansbeck, North Tyneside General Hospital and the new Northumbria Specialist Emergency Care Hospital..

The Psychiatry posts will be based within **Northumberland, Tyne & Wear NHS Mental Health Trust** and the General Practice posts will be based within Northumbria GP Training Programme.

School of Psychiatry

The Northern scheme, is the larger of the two core schemes in Health Education North East with 48 posts the majority of which are hosted by Northumberland Tyne and wear NHS Foundation Trust (NTW). NTW is one of the largest mental health and disability Trusts in the country – serving a population of 1.4 million, with a budget of circa £300 million and 7,000 staff. It is an ambitious organisation aiming to improve the wellbeing of everyone it serves through delivering services that match the best in the world.

There is good access to psychotherapy training which is delivered in a structured way throughout training, overseen by a Psychotherapy Tutor.

All trainees are expected to participate in the active postgraduate teaching programmes and are also encouraged to attend sub-specialty teaching programmes when undertaking training experience in the sub-specialties.

School of Medicine

The medicine post will be based within the acute medicine department within Northumbria Healthcare NHS Foundation Trust. This is an innovative department with very close links between the emergency medicine and acute medicine teams, who work in a “front of house model”. The post will involve some shifts within the emergency department concentrating on medical cases, and others within the acute medicine department. Opportunities to attend medical core trainee teaching will be available.

School of Paediatrics

The paediatric posts will also be based within the Northumbria Healthcare NHS Foundation Trust and will provide exposure to both acute hospital based and community paediatric services in keeping with the aims of the Broad Based Training curriculum. As with the acute medicine posts based in Northumbria, the Trust is placing acute paediatric services within its planned new acute hospital in Cramlington though currently paediatric services are provided in both North Tyneside and Wansbeck General Hospitals.



School of Primary Care

Whilst in a GP post you will be involved in all aspects of community GP care. This includes routine surgeries, home visits and the management of acute and chronic disease, team work and palliative care. You will see patients of all ages presenting with undifferentiated symptoms and through your training in communication skills will be able to develop your skills in data gathering interpretation, diagnosis and management. You will also be involved in communication with secondary care when making referrals and Admitting patients from the community



General Conditions of Appointment

1. This appointment shall be governed by the Terms and Conditions of Service for Hospital Medical & Dental Staff, as amended from time to time, and adhere to Trust policies and procedures as appropriate.
2. All matters relating to patient's health and personal affairs and matters of a commercial interest to the Trust are strictly confidential and under no circumstances is such information to be divulged to any unauthorised person. Breach of the Trust policy may result in disciplinary action in accordance with the Trust's disciplinary procedure.
3. County Durham & Darlington NHS Foundation Trust is committed to a policy of equal opportunities in employment. Any act of discrimination or harassment against staff, patients, service users or other members of the public will be subject to disciplinary proceedings, which could include dismissal.
4. As a user of the host training trusts computer facilities you must comply with the host training trust's IM&T security policy at all times.
5. You are normally covered by the NHS Hospital and Community Health Services indemnity against claims of medical negligence. However, in certain circumstances (especially in services for which you receive a separate fee) you may not be covered by the indemnity. The health departments therefore advise that you maintain membership of your medical defence organisation.
6. The Trust will ensure compliance with the Health and Safety at Work Act 1974.
7. The post is based on the NHS Medical & Dental Specialty Trainee pay scale and ranges from £30,002 – £47,175 depending on verified experience (as of 1st April 2014).
8. In addition a supplement may be paid on behalf of the host Training Trusts for agreed hours of duty within the working pattern as per HSC 2000/031 'Modernising Pay and Contracts for Hospital Doctors and Dentists in training'. The host Training Trust is contractually obliged to monitor junior doctors' New Deal compliance and the application of the banding system, through robust local monitoring arrangements supported by national guidance. You are contractually obliged to co-operate with those monitoring arrangements.
9. This post is pensionable and you will be subject to the NHS Superannuation Scheme unless you chose to opt out. The current rate will be confirmed on appointment.
10. The successful candidate will be expected to complete pre-employment checks. The appointment is conditional upon the following being received prior to commencement of employment: confirmation of immunisations required for the post, enhanced criminal records bureau (CRB) check, satisfactory references, evidence of GMC/GDC registration & licence to practice, right to work in the UK as a doctor in training, all medical qualifications & competencies to the required level for this post (as outlined in the person specification).
11. The trust requires the successful candidate to have and maintain registration with the General Medical Council and to fulfil the duties and responsibilities of a doctor as set out by the GMC.

12. With the Terms of DHSS Circular (HC)(88) – Protection of Children – applicants are required when applying for this post to disclose any record of convictions, bind-over orders or cautions. The trust is committed to carefully screening all applicants who will work with children and you will be expected to undertake a ‘disclosure’ check.

The appointment is exempt from the provisions of Section 4(2) of the Rehabilitation of Offenders Act 1974 by virtue of the Rehabilitation Act 1974 (Exemptions) Order 1975. Applicants are not entitled therefore to withhold information about convictions which for other purposes are “spent” under the provision of the Act, and in the event on employing any failure to disclose such convictions could result in dismissal or disciplinary action by the Trust. Any information given will be completely confidential and will be considered in relation to an application for positions to which the order applies.

13. Should you join Health Education North East, relocation expenses are available to ensure you are not financially disadvantaged by relocating. This policy is open to speciality trainees appointed to a post lasting longer than 6 months subject to meeting eligibility requirements; individual personal circumstances will determine the amount you are eligible for, this ranging from £250 - £8000.

Our relocation policy is downloadable from;

<http://ne.hee.nhs.uk/recruitment/specialty-training/about-your-employer/pre-employment-documentation/>