

# Delivering Excellence

Thursday 17<sup>th</sup> October 2019,  
Radisson Blu Hotel, Manchester Airport



Developing people  
for health and  
healthcare

[www.hee.nhs.uk](http://www.hee.nhs.uk)

# Programme

|   |   |
|---|---|
| <b>08:45</b> Registration, refreshments, poster viewing |   |
| <b>09:30</b>  | <b>Welcome and housekeeping</b> – Aruna Hodgson, Associate Dean, Health Education England North West  |
| <b>09:45</b>  | <b>Delivering Excellence – SAS Doctors’ Perspectives</b> <ul style="list-style-type: none"><li>• <b>Empowering SAS Doctors in Developing Service Pathways</b> – Ahmed Shelaby, Associate Specialist in Gastroenterology, Wrightington, Wigan and Leigh NHS Foundation Trust.</li><li>• <b>Understanding cultural dimensions and meeting diverse learning needs of SAS doctors</b> – Suddhajt Sen, Associate Specialist in Trauma and Orthopaedics, Noble’s Hospital, Isle of Man.</li><li>• <b>Creation of a new undergraduate teaching session – improving preparation and transition to foundation doctor</b> – Deborah Saleh, Specialty Doctor in Paediatrics, Royal Bolton Hospital.</li><li>• <b>Story of an anonymous SAS doctor: Exploring opportunities and developing a parallel career</b> – Subir Datta, Specialty Doctor in Cardiothoracic Surgery, Manchester University Hospital NHS Foundation Trust</li></ul> |
| <b>11:00</b> Refreshment break, poster viewing          |   |
| <b>11:30</b>  | <b>National SAS Update</b> <p>Amit Kochhar, Associate Specialist in ENT, University Hospitals of Morecambe Bay NHS Trust and Chair of the National BMA SAS Committee</p>  |

|              |   |
|--------------|---|
| <b>12:00</b> | <b>Supporting SAS Doctors to Deliver Excellence</b><br>Ian Jones, Regional Liaison Advisor, General Medical Council |
|--------------|---|

**12:30 Lunch, networking, poster viewing**

|              |  |
|--------------|--|
| <b>13:30</b> | <b>Workshops</b><br>Delegates will attend one of six workshops |
|--------------|--|

**14:45 Refreshment break, poster viewing**

|              |   |
|--------------|---|
| <b>15:15</b> | <b>Maximising the Potential – current and future opportunities for SAS Doctor Development</b><br>Mandira Hazra, Consultant in Obstetrics and Gynaecology and SAS Tutor, East Cheshire NHS Trust<br>Aruna Hodgson, Associate Dean, Health Education England North West |
|--------------|---|

|              |  |
|--------------|--|
| <b>16:00</b> | <b>Presentation to prize winners</b> – Aruna Hodgson |
|--------------|--|

**16.15 Close of Conference – Aruna Hodgson**

# Speaker Biographies

---



## Dr Aruna Hodgson

Dr Aruna Hodgson has been an Associate Dean (Hospital and Community) for Health Education England North West since April 2018. She has responsibility for SAS Doctor development in the region and is a member of the HEE SAS/ Career Grade Working Group. She undertook her medical training at Cambridge University and then trained in General Practice before specialising in Palliative Medicine. She was previously Consultant in Palliative Medicine and Medical Director

at Wigan & Leigh Hospice for 12 years, and Training Programme Director for Palliative Medicine for the North Western Deanery for six years.

---



## Dr Ahmed Shalaby

Dr Ahmed Shalaby graduated from School of Medicine in 2001. He completed his basic gastroenterology training in 2007. He holds both a Master's Degree and a Doctoral Degree in Gastroenterology. Dr Shalaby has completed a two-years Endoscopy Fellowship in Chelsea and Westminster Hospital, London. He has spent three years as a member of WWL gastroenterology team. He sits as a member of the Upper GI MDT and Hepatobiliary Pancreatic MDT.

---



## Mr Suddhajt (Jit) Sen

Graduated from Calcutta University in 2000 with Honours in Anatomy and Surgery.

Higher surgical training in Trauma & Orthopaedics in IPGMER, one of the busiest tertiary trauma centres in Eastern India.

Obtained a Master's degree in Orthopaedics from Dundee University with research dissertation on computerised model of shoulder joint from motion capture data.

Started working in Noble's hospital; Isle of Man in 2008. Obtained FRCS (Tr & Orth) in 2014. I completed a Fellowship in Upper limb surgery at Wrightington in 2017. Currently working as an Associate Specialist in Trauma and Orthopaedics in Isle of Man with an independent practice in hand surgery. I am the SAS tutor in Noble's Hospital since 2016.

Interests and hobbies: I am a professional landscape photographer. I am a fitness enthusiast with level 1 training in body transformation and scientific nutrition.

---



### **Dr Deborah Saleh**

I am a Specialty Doctor in Paediatrics at Royal Bolton Hospital and working towards achieving my Master's Degree in Medical Education with Distinction.

---



### **Mr Subir Datta**

I came to the United Kingdom from India in 1996. Since I had prior training in cardiothoracic surgery, I took up a post in Northern General Hospital. Since then I have worked in Leeds, Glasgow and London before finally coming to Manchester in 2001. I joined Wythenshawe Hospital as Transplant Research Fellow and immersed myself into a MD programme in transplant immunology. I have had the opportunity to present my research work in major international conferences.

Unfortunately, I was in midst of the Calman era and so I failed to get a training number. I joined Manchester Royal Infirmary in 2002 and became a staff grade in 2004. I have never looked back since I became a SAS doctor. My journey has been exciting and extremely fulfilling. My current life revolves around cardiac surgery, academia, legal work and looking after SAS doctors. In 2004, one of my consultant colleagues told me that being a SAS doctor is a dead-end job. I honestly think that I have proved him wrong.

---



### **Mr Amit Kochhar**

Amit Kochhar is an Associate Specialist in ENT at University Hospitals of Morecambe Bay NHS Trust. He is also the current Chair of the national BMA SAS committee. At UHMB he is also the SAS Clinical Lead/SAS Tutor and is also an Educational and Clinical supervisor. Deputy Chair of the UHMB Joint local negotiating committee he is passionate about representing SAS doctors locally, regionally and nationally.

---



## **Ian Jones**

Ian is a Regional Liaison Adviser for the General Medical Council who has geographical responsibility for Merseyside, Cheshire and North Wales. He joined the GMC in Jan 2019 having spent over 30 years as a police officer in many specialisms. His final posting was as Head of a Specialist Operations collaborative partnership between Cheshire and North Wales Police. His primary role within the GMC is to liaise with trusts/boards to build positive relationships across the healthcare

environment, building trust and helping to improve perceptions of the GMC. A great deal of his time is spent providing free training to all doctors and medical students within his geographical area. Through that face-to-face engagement, the GMC proactively gather intelligence on risk, operational issues, policy matters and customer service concerns. This is fed back in to the organisation where it can be valuable in raising awareness and informing decision-making.

---



## **Dr Mandira Hazra MBBS MRCOG MMedSci (Medical Education)**

I am the trust SAS (staff and associate specialist) tutor since 2018 at East Cheshire NHS Trust. I facilitate CESR progression for doctors interested in SAS and provide guidance as an ATSM supervisor in “Advanced Labour Ward Practice” for O&G SAS doctors. Jointly with the trust librarian, I have developed an e-portal for SAS -CPD learning at the trust website.

I am devoted to teaching and training peers and have a Master’s in Medical Education with distinction (MMedSci) from Nottingham University, 2018. I lead undergraduate O&G teaching in “themed case discussion” (TCD) facilitation and have earned accolades from the Clinical Director with named positive feedback at Q&A visit in 2018. I have been an examiner for O&G OSCE (CPIL students) in May 2016, 2017 and 2018 at Mersey. I supervise year four undergraduate SSCP (student selected clinical placement) students at Manchester University doing O&G for 8 weeks. I am a trust “lessons learnt” facilitator for FY1 and FY2 trainees. I am a part of the faculty for obstetrics skills days since September 2015, and I recently taught at the ALERT multidisciplinary training day on 30th April 2019.

I am Faculty of RCOG Equivalence committee since 2018 and I assess CESR applications for Obstetrics and Gynaecology (O&G) and also of MRCOG Part 3

Clinical Skills course since 2017. I have written a combination of four “simulated patient tasks” and “structured discussion” (SD) for the Part 3 course. I have been selected as Faculty of Overseas Convener, MRCOG Part 3 Skills course in September 2019 at Dubai. I have been an interviewer and panel member for RCOG ST1-ST3, nationwide recruitment since June 2018.

I am the lead consultant for perinatal mental health in addition to my role as labour ward lead at Macclesfield Hospital, with the East Cheshire mental health support team currently developing the service. I represent the Trust at the Greater Manchester and East Cheshire (GMEC) maternal medicine network and have written two GMEC guidelines. I have published at the RCOG World Congress, since 2008 to today at London, 2019.

---

# Workshops

## 1 Credentialing

### **Paula Robblee, Education GMC**

Following the launch of our framework for GMC regulated credentials in June 2019, we are proceeding with plans for a phased implementation with a review on our processes towards the end of 2020. The framework defines credentials as discrete areas of practice where gaps in training or service have raised concerns about patient safety.

#### **The early adopter credentials that will enter our approvals process first are:**

- Liaison psychiatry, led by the Royal College of Psychiatry
- Interventional neurology (acute stroke), led by the Royal College of Radiologists
- Pain medicine, led by the Faculty of Pain Medicine
- Cosmetic surgery, led by the Royal College of Surgeons
- Rural and remote health, led by NHS Education for Scotland

We have set up task and finish groups to help us review these submissions and evaluate and improve our processes. As part of the review, we are considering ways to better support SAS doctors, including their access to GMC-regulated credentials and other ways to recognise their expertise. To help us with this work, each task and finish group has SAS doctor representation.

#### **As part of the workshop, we will:**

- Discuss the introduction of GMC-regulated credentials
- Look at the early adopters and discuss learning from the task and finish groups.
- Explore how we can use this evaluation period to identify opportunities to recognise the contribution of SAS doctors.
- Discuss the outcome of the GMC survey of SAS doctors.

## 2 Calling it out with compassion

### **Chris Turner, Consultant in Emergency Medicine, University Hospitals of Coventry and Warwickshire and Founder of Civility Saves Lives**

Does behaviour matter at work and, if so, what can we do about it?

In this workshop, Chris will lead an evidence-based discussion around what we might do about negative acts in the workplace. We shall then look at a specific, highly respectful, technique for addressing these behaviours.

### 3 How to write a successful business case

#### **Dr Madapura Shashidhara, SAS Lead, and Dr Colin Wasson, Medical Director, Stockport NHS Foundation Trust**

Objective of the session and what we aim to cover:

- What is a business case?
- How do you create a business case?
- What should be included in a business case?
- What are the key components of a business case?
- Covering and managing the risks
- Measuring success
- Each delegate to work on a business case from idea driven by each delegate or using a task we will provide.

### 4 Overcoming stress and anxiety at work

#### **Dr Anu Shrotri, SAS Lead, Aintree University Hospitals NHS Foundation Trust**

Nearly 40% of all work-related illness is due to stress according to ACAS.

In this workshop we will look at identifying the signs of stress, which are not always easy to spot in yourself or in a colleague/team member, understanding what steps can be taken to address the problem and what responsibilities do the employers/managers have and how to promote positive mental health in the workplace.

The workshop will have an interactive approach with some quizzes and practical exercises.

## 5 Communicating with Confidence

### Ian Smith, First Thought Training

In order to communicate successfully, one person has to send a message and another to receive it. We are constantly involved in both of these activities – we speak and listen and also send signals through our body language. Sometimes this two-way process fails. If you need a workshop to sharpen all your skills after identifying your potential barriers, then this is an opportunity for you to learn new techniques and skills and build your inner confidence and outward effectiveness to achieve problem free communication.

#### **Learning Outcomes: At the end of the session, the delegate can:**

- Describe the two processes in two-way communication
- Name five barriers to effective communications within the workplace

#### **The Programme Includes:**

- Introduction, collecting delegate expectations, explanation of agenda
- Identifying the issues
- Communication as a two-way process – what is involved in the communication process?
- Barriers and what stops us being ultra-effective.

## 6 Medicolegal Update

### Donald Imrie, Hospital Liaison Officer, Medical Defence Union

- This seminar is important for helping to ensure you are safe from legal action
- It focuses on medico-legal hot topics, including:
  - Consent after the Montgomery case
  - FGM legislation.
  - The implications of GDPR in clinical practice and
  - The importance of understanding the duty of candour.





**@NWSASDocs**

**#NWSAS19**

Please tweet using this hashtag to share your thoughts.