

Broad Based Training (BBT) Programme - Equipping you for the future NHS

August 2013 - Issue 1

Welcome

BBT is a two-year structured core training programme providing six-month placements in Core Medical Training, General Practice, Paediatrics and Psychiatry followed by CT/ST2 level training in one of the four specialties, subject to satisfactory progression.

The first trainees started in post on 7th August 2013, and we are now turning our attention to recruiting the next cohort to start in August 2014.

If you are coming to the BMJ Careers Fair on 18th and 19th October 2013, please come and visit us at Stand 75 and do look out for our article on BBT, likely to be published in the 5th October edition of the BMJ.

Deaneries/LETBs involved

Programme Details

BBT posts are likely to be in the same seven LETBs/Deaneries as they were in 2013. Please note that this means no new LETBs/Deaneries are offering BBT training programmes in 2014.

We hope to have confirmation by mid-September that the LETBs/Deaneries below will be involved in BBT recruitment 2014 by mid-September 2013, and to have post numbers confirmed by early October 2013. We will post this information on <https://www.nwpgmd.nhs.uk/bbt> in due course.

LETB/Deanery
Health Education East Midlands
Health Education Kent, Surrey and Sussex
Health Education North East
North Western Deanery, Health Education North West
Severn Postgraduate Medical Education, Health Education South West
Health Education West Midlands
Health Education Yorkshire and the Humber

Provisional 2014 Recruitment Timetable

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Please see the provisional 2014 recruitment timetable below. Please note some dates may be subject to minor changes.

Stage	Date(s)
Advert	Appears Monday 4 th November 2013
Applications open	Tuesday 12 th November 2013 at 10am UK time
Applications close	Thursday 5 th December 2013 at 5pm UK time
Stage 2 (Computer Based Test)	Between Saturday 4 th January and Saturday 11 th January 2014 at various locations in the UK
BBT Shortlisting	Between Tuesday 10 th December 2013 and Tuesday 7 th January 2014
BBT Selection Centre	Thursday 30 th January 2014 at the Reebok Stadium, Horwich, Bolton, BL6 6JW
Stage 3 (GP Selection Centre)	Between Monday 3 rd February - Friday 14 th February 2014 at various locations in the UK
Offers	By no later than Wednesday 5 th March 2014
Round 2	There are no plans to hold a second round

Further information on the GP aspects of BBT recruitment can be found via <http://www.gprecruitment.org.uk/index.html>. The GP website is likely to be updated for recruitment 2014 by the end of September 2013.

What does BBT involve?

It is well recognised that the UK’s population is ageing; people are living longer and have more complex and long-term conditions.

The Shape of Training review currently underway has suggested that the training structure of the future healthcare workforce needs to be more flexible in order that doctors are able to transfer their learning and experience between specialties as their careers change and develop to meet the needs of changing patient demands.

There is strong support for doctors to initially receive a broad training in specialty areas in order to help them work effectively in multi-professional teams and treat patients in both primary and secondary care settings. The BBT programme aims to deliver a more broadly trained practitioner - that is, a more ‘generalist specialist’ and a more ‘specialist generalist’.

Each trainee commencing BBT trainee will spend six months posts in core medical training, general practice, paediatrics and psychiatry, experiencing delivering this care across the healthcare boundaries and following patients through on their healthcare journeys.

Each programme has been designed to allow the BBT trainees the opportunity to gain a broader understanding of delivering patient care across the various healthcare sectors. Each trainee will spend 90% of their working week in a ‘parent’ specialty and 10% in an integrated ‘minor’ specialty - so that trainees undertaking a paediatric post might spend half day per week (or one day per fortnight) in one of the other three specialties looking at related aspects such as Child and Adolescent Mental Health services or following patients with long term conditions as they transfer from paediatric to adult medical services.

Each LETB/deanery has appointed a dedicated Training Programme Director and trainees have a tailored teaching programme to deliver the aims of BBT. Careers advice is available throughout the programme.

The BBT curriculum plus assessment grid is available from https://www.nwpgmd.nhs.uk/bbt#useful_documents

What happens after BBT?

Subject to satisfactory progression, you will progress into the CT/ST2 post of your choice, without further competition. It is anticipated that you will be asked to confirm your choice of CT/ST2 post early in your second year of BBT. If you choose to pursue medicine or psychiatry, then once you complete core medical training or core psychiatry training, you will have to apply in open competition for an ST3 medical specialty or an ST4 psychiatry specialty. If you choose GP or Paediatrics, you will enter the run-through training programme at ST2 level.

Your post following BBT will be in the same LETB/deanery as your BBT post unless you apply for another post elsewhere in open competition or apply via the Inter-Deanery Transfer process.

Where possible, LETBs/deaneries will try to take account of your previous experience when allocating you to your CT/ST2 post.

If you want more information on what your CT2/ST2 specialty post is likely to entail, you should look at the relevant LETB/deanery or school’s website and make contact with them, if you are still have queries. Contact details can be found at: http://www.mmc.nhs.uk/colleges_deaneries/deaneries.aspx.

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Year 7	Year 8	Year 9
Core Medical Training	Core Psychiatry Training	CT2 Core Medical Training	Open Competition ST3 Medical Specialty	ST4 Medical Specialty	ST5 Medical Specialty	ST6 Medical Specialty	ST7 Medical Specialty (if applicable)	ST8 Medical Specialty (if applicable)
		CT2 Core Psychiatry Training	CT3 Core Psychiatry Training	Open Competition ST4 Psychiatry Specialty	ST5 Psychiatry Specialty	ST6 Psychiatry Specialty		
Paediatrics	General Practice	ST2 General Practice	ST3 General Practice					
		ST2 Paediatrics	ST3 Paediatrics	ST4 Paediatrics	ST5 Paediatrics	ST6 Paediatrics	ST7 Paediatrics	ST8 Paediatrics

A larger version of the diagram to the left, showing what happens after BBT can be found at the following link: https://www.nwpgmd.nhs.uk/bbt#after_bbt

Frequently Asked Questions

Can I apply for both GP and BBT?

Yes, you can apply for both GP and BBT. You can also apply for CMT, Paediatrics or Psychiatry if you wish. The outcome of the BBT selection process will have no bearing on any of your other applications.

My ultimate goal is to get a training post in Paediatrics. Why do I have to apply through the GP recruitment process?

The Academy of Medical Educators agreed with the four Royal Colleges that the GP recruitment process, along with an additional stage comprising the other three BBT specialties would be the best way to recruit to posts in the pilot. This recruitment process will be evaluated, along with all other aspects of BBT over the next year or so.

How do I optimise my chances of getting selected to come to the BBT Selection Centre?

You need to make sure that you really think about the answers you give to the BBT specific questions on the application form. These questions will be used for shortlisting if there are more BBT applicants than we have capacity to interview so they are your opportunity to demonstrate your interest in and suitability for BBT.

When will I hear if I have been selected to come to the BBT Selection Centre?

We will invite applicants to the BBT Selection Centre by mid-January 2014. Please note that you will also need to attend a Stage 3 GP Selection Centre between Monday 3rd February - Friday 14th February 2014 at various locations in the UK. We will also inform unsuccessful applicants and those on the BBT Selection Centre reserve list by mid-January 2014.

How many people will be invited to the BBT-specific selection centre?

We have the capacity to interview 168 applicants.

How do I optimise my chances of getting made a BBT offer?

We welcome applications from both applicants who have already decided which of the four specialties to pursue and those who are still deciding. What's key is that you are able to demonstrate that you understand and are committed to training and working across the boundaries of primary and secondary care.

What format will the BBT-specific selection centre take?

You will spend 15 minutes in each of three stations covering CMT, Paediatric and Psychiatry competences. To promote the integrated nature of BBT, each of the three panels is expected to contain representatives from two of the three specialties. There will be a specific section on Paediatric prescribing and one panel will look at evidence from your portfolio. Further information will be made available in due course. In the meantime, you can see the information provided to applicants ahead of the 2013 BBT Selection Centre at:

https://www.nwpgmd.nhs.uk/bbt#BBT_Selection_Centre

When will BBT offers be made?

We will make initial BBT offers via the UK Offers System as soon as possible after receiving the results of the GP Stage 3 Selection Centre and by no later than Wednesday 5th March 2014.

If you've still got queries, please do feel free to contact us via nwd.bbt@nw.hee.nhs.uk

Where can I find out more?

If you are coming to the BMJ Careers Fair on 18th and 19th October 2013, please come and visit us at Stand 75 and do look out for our article on BBT, likely to be published in the 5th October edition of the BMJ.

We have a dedicated website, which will be kept updated with all the latest BBT news. Please see

<https://www.nwpgmd.nhs.uk/bbt>.

Please send any queries to: nwd.bbt@nw.hee.nhs.uk



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