

# PUBLIC HEALTH



Training Location Guide

# WESTFIELDS

Westfields, Middlewich Road, Sandbach, CW11 1HZ



Westfields is a pleasant, purpose built council building with ample free parking facilities. It is a five minute walk from the centre of Sandbach, a beautiful historic market town with excellent local amenities and transport links.



## GETTING HERE

Westfields is less than a 5 minute drive away from junction 17 (Sandbach) of the M6; making it easily accessible. It is approximately a mile from Sandbach railway station which is one stop away from Crewe. Crewe railway station has great links to the major cities across the UK.

## From Liverpool

By Car: M62 -> M6 approximately 50 minutes

By Train: Liverpool Lime Street -> Crewe -> Sandbach approximately 90 minutes

## From Manchester

By Car: M56 -> M6 approximately 40 minutes

By Train: Manchester Piccadilly -> Sandbach approximately 70 minutes





“One of the reasons why the Cheshire East Public Health Team works so well is that we have a real ‘team spirit’. We expect our trainees to show enthusiasm for the job and become part of the team. We hope that you will take advantage of the numerous learning and developmental opportunities available to you. We believe that education in public health goes both ways and we can all learn from each other. We also believe that it is important to maintain a good work-home balance and we will support you in flexible or part time working.” Carl Griffin, Lead Trainer



“As an ST2 at Cheshire East, I have been given the opportunity to work on variety of projects covering all aspects of local authority-based public health. These range from maximising the public health impact of the cycling Tour of Britain Cheshire East stage, to providing strategic support to the Five Year Forward View prevention stream for Cheshire and Merseyside, and working on a social marketing campaign to increase cervical screening uptake in central Crewe. I have been well supported with my work, and have benefitted from being a part of the large public health and communities team, which is especially useful for wider determinants work. Alongside this, I am very happy with the support I am receiving from my supervisor and the other consultants in the run up to my Part A examination..”

Anna Trelfa

Public Health Registrar, ST1

*“Having started the public health training scheme in August 2017, I’ve been based at Cheshire East Council for several months now. I’ve found Cheshire East Council to be a really welcoming and supportive environment that has helped me to better understand the role of public health in the local authority. The project work I am undertaking at the council enables me to fulfil competencies required for my training as well as complementing my studies for my Masters of Public Health. Overall, I feel that the experience I am gaining at Cheshire East Council is providing me with a good grounding for my public health training.”*

Sarah Reeves

Specialty Registrar Public Health



We also offer the opportunity for FY2 doctors to come to be part of the Public Health team for a “taster week” in agreement with their placement location. You would help support them through a mini-project during their time with the team.

## SOME OF OUR PLANNED WORK IN 2016/17

Our trainees are encouraged to take on complex areas of work and be responsible for them



- Short survey of the different models of maternity care provision in 'peer CCG' areas and what has worked well. Real life use – the findings will feed into the CCG's maternity review work. Skills used – familiarity with 'peer CCGs', different models of maternity provision, robustness of evidence behind these models, short survey design (potentially)
- Population perspective and advice to CCG project group about mental health data sources being considered by CCG to develop a risk stratification tool. Real life use – feeds into CCG process to develop a risk stratification tool. Skills used – work in a multidisciplinary team, familiarity of data sources used to understand the topic, their strengths and limitations, scoping an issue, interpretation of population level data and ability to draw reasonable conclusions
- Summary of the evidence base for effective treatments and models of working for patients with 'dual diagnosis' needs. Real life use – to feed into a future review of public health commissioned services. Skills used – scoping an issue, literature review, using a recognised approach to assessing the robustness of evidence
- Develop an obesity strategy. Skills used – strategic leadership, partnership working including identifying champions in other agencies / directorates, needs assessment, community coproduction / implementation, communication and influencing
- Five Year Forward View project - Scoping exercise to map out the existing provision of alcohol harm reduction services across Cheshire and Merseyside, in order to support the strategic development of the Five Year Forward View plan for Alcohol – working across agencies and organisations in order to do so.
- Cheshire East parenting journey – Evaluation of the antenatal stops of the Cheshire East Parenting Journey, including close work with partners in the Children's and Health Visitor services, and involving service user engagement to understand some of the barriers to access, in order to reduce variation and improve service delivery across Cheshire East
- Analysis of the wider public health workforce: Who and where they are? And what are their development needs which are mutually beneficial for their service area and public health? Scope and

*Contact [PHBusinessTeam@cheshireeast.gov.uk](mailto:PHBusinessTeam@cheshireeast.gov.uk)  
for further details, or come and visit us*

# WHO WILL YOU BE WORKING WITH?

For your day-to-day work you will be based in the Public Health Offices at Westfields.



Below are the members of the Senior Management Team. On your first day you will be introduced to the full team.

There are two accredited educational supervisors within the team, and we also have public health specialty registrars based with the public health team who will be happy to support you during your time at Cheshire East Council.



## **Fiona Reynolds**

### **Director of Public Health**

Areas of interest include: Wider determinants (especially worklessness and housing), health protection (especially seasonal flu!), mental wellbeing, organisational culture and prevention opportunities in social care.



## **Guy Kilminster**

### **Head of Health Improvement**

Guy works at a strategic level with partners across Cheshire, Wirral and Warrington. He is involved with the development of the Sustainability and Transformation Partnership, the Health and Wellbeing Board, and the Joint Health and Wellbeing Strategy



## **Dr Julie Sin**

### **Public Health Consultant**

Areas of interest include commissioning for health gain, intelligence for commissioning, robust approaches to prioritisation of investments, disinvestments and collective commissioning



## **Kirstie Hercules**

### **Principal Manager – Partnerships & Communities**

Areas of interest include: Community Safety, Community Development, Community Wellbeing, Co-production and Co-delivery of services with local communities, working with the voluntary, community and faith sectors to transform local service delivery.



## **Dr Carl Griffin**

### **Public Health Consultant**

Carl started his career in academic public health working at the Universities of Warwick and Birmingham. He is the lead trainer here in Cheshire East.

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The logo for Cheshire East Council is located in the top right corner of the sign. It features a stylized circular emblem composed of several curved, overlapping lines in shades of orange, green, and grey. Within the upper part of the circle are two leaf-like shapes, one green and one orange.

**Cheshire East**  
Council

**welcomes you**

[www.cheshireeast.gov.uk](http://www.cheshireeast.gov.uk)