



HALTON PUBLIC HEALTH TRAINING PROSPECTUS 2017



Runcorn Town Hall

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1. WHY CHOOSE HALTON?

Halton has an experienced Public Health team in place including a Director of Public Health, Eileen O'Meara, and four consultants in Public Health. We have two consultants who are accredited trainers and one consultant who is in the process of becoming a trainer. All the consultants in Halton qualified through the Cheshire and Merseyside public health training programme.

The public health team is part of the People Directorate located within Halton Borough Council. Placing Public Health within Halton Borough Council has presented opportunities to develop new ways of working to improve the health, life expectancy and general wellbeing of local residents. This joint approach has seen both the Environmental Health and Trading Standards teams integrated into a broader Public Health team, developing a more co-ordinated way of working on local health protection and environmental issues. This is an innovative development, and amongst the first to happen within the North West.



2. INTRODUCTION

This training location covers the borough of Halton. Halton borough council is relatively small and benefits from close working relationships with Halton CCG, Bridgewater Community Healthcare NHS foundation trust and other partners and providers. Halton has a resident population of approximately 126,000. It is situated next to the south east of Liverpool, and is within easy reach of Manchester, Cheshire and the Lake District. The borough consists of two towns, Widnes and Runcorn. The two towns are linked by the famous **Silver Jubilee Bridge** (also known as Runcorn Bridge). The **Mersey gateway**, a second bridge, will open in autumn 2017 and aims to improve connectivity and traffic flow.

Halton has a long history of innovative integrated working between the NHS and local authority. The Public Health team are based in Runcorn Town Hall, alongside a substantial team of staff, including: Health Improvement, Environmental Health, Trading Standards, other local authority staff and Halton CCG. This arrangement presents opportunities for working collaboratively to develop integrated strategic approaches to improving health and wellbeing, influencing policy around the wider determinants of health and addressing inequalities.

Halton is an area of high deprivation, with some of the most challenging health indicators in the North West. This offers opportunities for innovation, strong partnership working and integration to tackle health inequalities. Some of Halton's success is most probably attributable to the strong public and partnership collaboration. Through enabling community and voluntary networks, public health issues have a very high profile. Being a smaller borough than some allows us to focus on relationships with our partners, including our NHS partners, and our communities.

Halton provides some unique challenges around environmental and emergency planning issues, having amongst the highest density of COMAH sites in the country and a long industrial legacy posing unusual public health challenges around contaminated land, air quality and emergency planning.

Silver Jubilee Bridge



Mersey Gateway Bridge



3. STRUCTURE OF THE TRAINING LOCATION

The location is approved by the Faculty of Public Health for two registrars and is also a training location for foundation doctors, on their four month public health placement. All new registrars or Foundation Doctors are physically located with other registrars (where possible) and with the wider Public Health team. This allows for support and opportunities to understand, and be involved in the breadth of public health work that takes place.

Registrars are offered support throughout their placements with dedicated, regular one-to-ones with their supervisor, participation in team meetings and events. Registrars are also encouraged to participate in internal and external sessions for preparation for their Faculty exams. Senior registrars will be offered leadership opportunities and are encouraged to support more junior registrars, and foundation doctors.

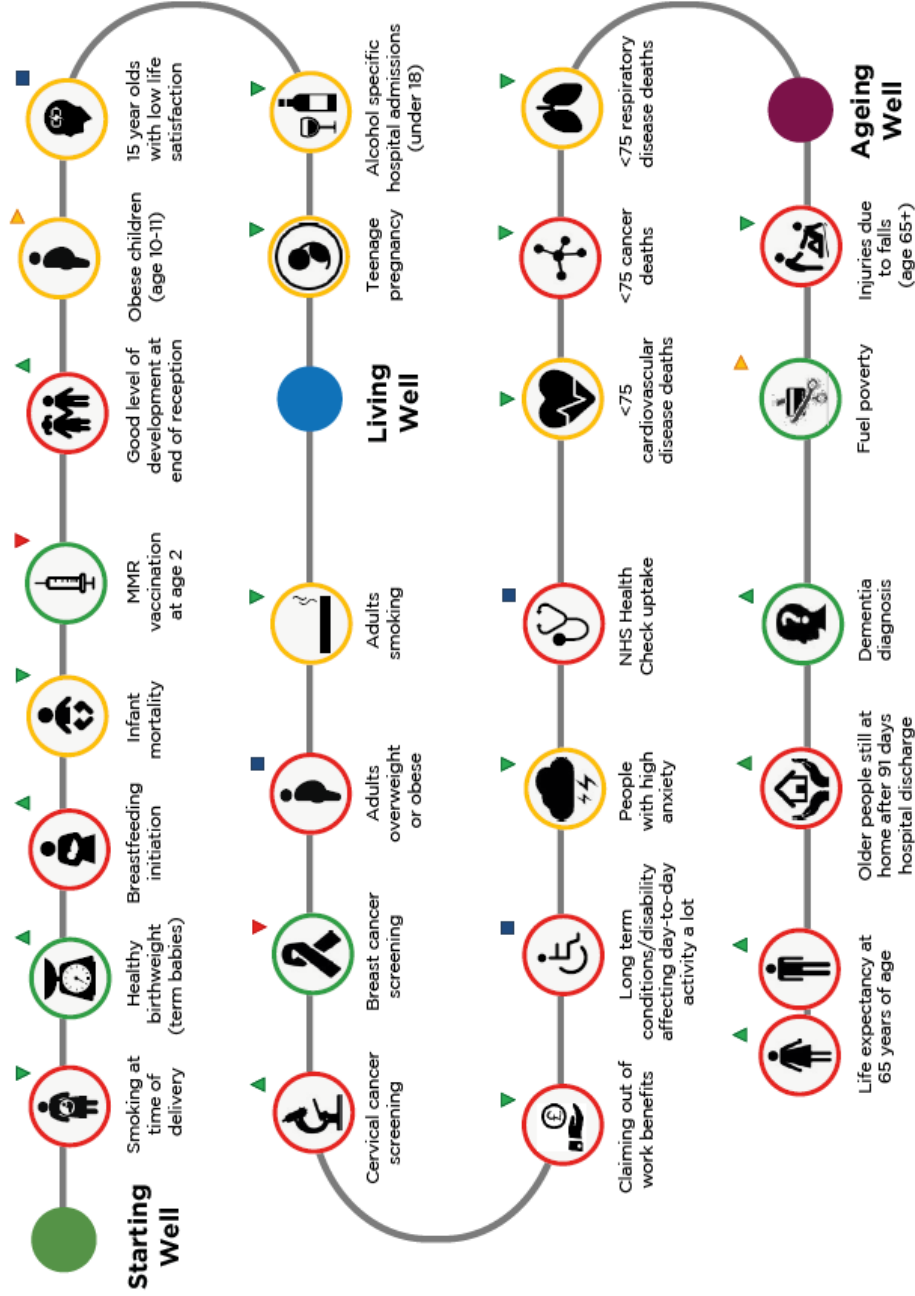
3.1. Location

The Public Health team is based in Runcorn Town Hall, which is situated in a park and close to Runcorn old town. Car parking is available in the grounds of Runcorn Town Hall and is free of charge. Runcorn town hall is close to Runcorn Town Centre. The railway station is 10 minutes' walk away, and there are good road and bus links.



Halton's Life Course Statistics 2015-16

A comparison to the North West



HALTON FACTS

Population
 About **126,350** people live in Halton. By 2030, this is projected to change:
 age 0 - 18 ↓ 3.7%
 age 19 - 64 ↓ 7.6%
 age 65+ ↑ 46.4%

Deprivation
 48% of Halton's population live in the top 20% most deprived areas in England.

Child Poverty
 24.5% of children aged 0 - 15 live in poverty in Halton

KEY

- Direction of travel**
- ▲ Improved since last period
 - ▶ Similar to last period
 - ▼ Worse than last period
 - No Comparator
- Statistical significance to North West**
- Better
 - No different
 - Worse

For more information & data sources
 Please contact Halton Borough Council's public Health Intelligence Team:
health.intelligence@halton.gcsx.gov.uk

Icons made by Flaticon and available here: www.flaticon.com
 Concept developed from **Gatenhead PHAR 2013/14** and **Leicestershire PHAR 2015**

3.2. Trainers

All registrars will be assigned a trainer based on their interests and training requirements. There are regular structured meetings with the trainer. The registrar will work closely with and have access to all the consultants and the director of public health on a day to day basis.

The educational supervisors in Halton consist of:

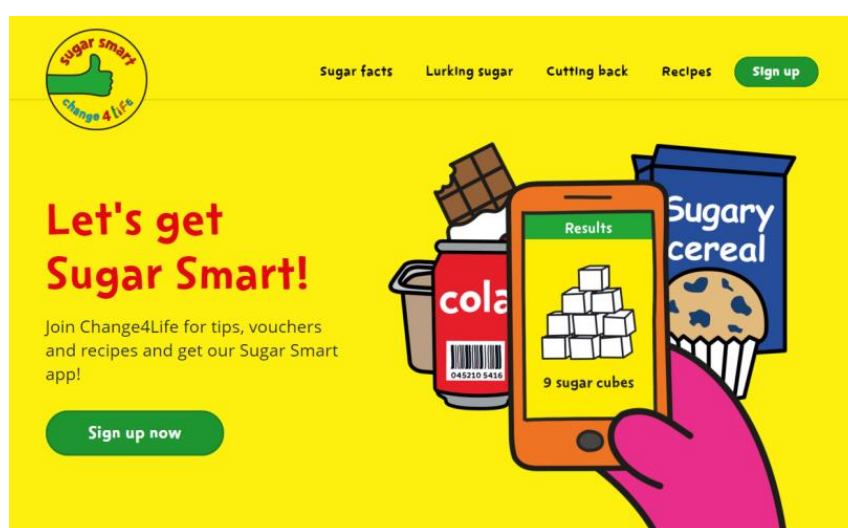
Eileen O'Meara

Director of Public Health and Public Protection for Halton



Eileen O'Meara is responsible for strategic direction, health protection, health care, health improvement, environmental health, trading standards and the commissioning of services. A key part of Eileen's role is acting as a trainer for Mersey Deanery senior registrars. She has had the privilege of working with some of the brightest and most innovative minds in Merseyside.

Eileen is the North West Directors of Public Health representative to the Association of the Directors of Public Health, Chair of the Cheshire and Merseyside Public Health Network (CHAMPS), the Cheshire and Merseyside prevention lead for the Five Year Forward View, the Liverpool City Region DPH Lead for the Child Poverty Commission, the CHAMPS DPH lead for Health Protection and the Cheshire and Mersey Maternal and Child Health Vanguard. Eileen has over 20 years national and international experience in public health working at a senior level for the NHS, WHO, UNICEF and as an independent consultant. She is a Fellow of the Faculty of Public Health of the Royal College of Physicians.



Julia Rosser
Consultant in Public Health



Julia is the training lead in Halton and leads on maternal and child health. Julia has been the lead trainer in Halton since February 2013.

‘In Halton we take training very seriously and value the contribution that registrars bring to the team. We aim to fully integrate registrars into the team and provide a full induction and ongoing support. I, like the other consultants, trained in Halton. I completed my final two years here and had an acting consultant post, with the lead for maternal

and child health in my final months on the scheme. I was very grateful for the high level of responsibility and opportunities offered to me here during my training.

I have always found Halton to be a great place to work. The Public Health team are supportive and friendly, and the area is small enough that you get to know people easily. The health profile of Halton means there are plenty of challenges and opportunities to work across the spectrum of public health, and develop your areas of interest. The local organisations strive to work collaboratively and in an integrated way, indeed the quality of the partnership working in Halton has been commended in inspections.’



**Please stop
drinking mummy!**

Everything you drink, your unborn baby drinks too. Even small amounts of alcohol can harm your baby. So if you're pregnant, or if it's a possibility, don't risk it, don't drink alcohol.

For more information, talk to your GP, midwife or visit www.nhs.uk

Sarah Johnson Griffiths
Consultant in Public Health



Sarah is the lead consultant on Health Protection, Environmental Health and Public Protection, including sexual health, cancer and mental health.

'I completed public health training in the Mersey Deanery Programme in 2010. I was the first non-medical trainee to complete the Specialist Health protection training and this is one area my interest still lies (amongst many other things). I moved to Halton in February 2013. Halton is a vibrant and dynamic location. We benefit hugely from great integrated arrangements with the CCG and we have gained high level support for public health across all directorates within the council which facilitates some exceptional opportunities to embed public health approaches across all areas.

I manage a wide portfolio of work from environmental health and trading standards to suicide and sex and there are great opportunities within this portfolio to undertake some truly exciting and innovative public health opportunities. We have recently been awarded Healthy New Town status in an NHSE cross Government collaboration to support innovations to improve urban design, system redesign and place based approaches; this is a truly exciting opportunity to explore wider determinants, health care delivery and partnership working in its very widest sense. Halton is well known for its forward thinking and innovative approaches to tackling our public health issues. Halton is a truly interesting and dynamic place to work and train'.

time to change
time to talk
day 2016
let's end mental health discrimination

1 in 4 people experience a mental health problem in any year.
We'll be supporting Time to Change this Time to Talk Day to help get the nation talking
www.time-to-change.org.uk/timetotalkday

Time to Talk day is on 4th Feb

Time to Change is run by Mind and Rethink Mental Illness, and funded by the Department of Health, Comic Relief and the Big Lottery Fund.

3.3. Other Consultants

Dr Ifeoma Onyia Consultant in Public Health



Ifeoma is the lead consultant on evidence and intelligence and healthcare quality including pharmacy's and health checks.

'I trained in the North West on the Mersey deanery training scheme and interestingly started my very first public health placement in Halton. It's a very lively place to work with good intelligence support from the team that I lead and very close working links with the CCG that we share a building with, it makes it easy to start conversations, exchange ideas and influences planning. There are opportunities to work directly with primary care, support CCG work, conducts needs assessments and other related work'.

Elsbeth Anwar Consultant in Public Health



Elsbeth is the lead consultant on promoting healthy lifestyles (tobacco control, substance misuse, healthy eating and physical activity). Elspeth works 2 days a week in Halton.

"I completed my public health training in Halton. During this time I was treated as a member of the senior management team. I was given opportunity to lead on portfolio areas, work in partnership to develop strategies, commission services and deputise for the Director of Public Health at strategic meetings. All great experiences for both signing off competencies and demonstrating my ability to act at the level of a Public Health consultant".



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3.4. Internal and External links

The Director of Public Health is part of the corporate management team in the council and the Public Health team contribute to the development of corporate strategy. The Director of public health also supports the chair of the Health and Wellbeing Board and leads the development of the health and wellbeing strategy.

Halton is proactive in its collaboration across the City Region and Cheshire and Merseyside Public Health Network. This provides many opportunities for registrars to work across a larger footprint.

Halton are currently developing 'One Halton' which will bring a system wide approach to health, wellbeing and care. Bringing together strategic leaders from all partner agencies within Halton, and will provide significant opportunities to experience and demonstrate system wide leadership.

3.5. Particular interests and training opportunities

Within this training location there is a particular interest in the wider determinants of health and in using evidence-based methodologies to prevent ill-health. There are good opportunities to gain an understanding of partnership working, community engagement and involvement, and commissioning for health improvement. More senior registrars are able to take on leadership roles in particular areas.

Halton Public Health team are uniquely placed to provide the very broadest range of public health experiences, being the only public health team within the North West (possibly nationally) to be fully integrated with the Environmental Health team and Public Protection services. Halton CCG are also fully integrated, both physically and organisationally within the social care system structure of Halton Borough Council.

The close nature of partner agencies and development of novel system wide approaches provides invaluable opportunities to gain experience of high level system leadership approaches in action and develop experience of working within a culture of innovation from the highest level.

4. WORKING AS A REGISTRAR IN HALTON

4.1. Facilities

All registrars have their own computer and phone, and are treated as a member of the Public Health team, with admin support. Registrars also have the facility to work from home (with prior agreement). The public health team, environmental health, trading standards and health improvement are all based together, which helps registrars to get to know the team.

There are changing facilities and showers on site, and bike storage. There is also a canteen in the town hall.

4.2. Academic Links

There are good links with local Universities, including Liverpool University, Liverpool John Moores University, Chester and Salford University, and opportunities to collaborate on pieces of work.

4.3. Clinical Governance/CPD

The public health team provide opportunities for continuous professional development and learning. There are regular team meetings where time is set aside for clinical governance and learning. Senior registrars are given the opportunity to organise learning events for the team and are encouraged to support and engage in the journal club.

4.4. Foundation Doctors teaching and supervision

Registrars in Halton are able to contribute to the delivery of Public Health teachings for F1 doctors, one-to-one learning sessions for F2 doctors as well as acting in a supervisory role.

Halton Public Health host Foundation 2 doctors on their 4-month rotation. This provides opportunities for Public Health registrars to deliver one-to-one learning sessions in various aspects of public health. The F2 doctors undertake a wide variety of projects and there is an opportunity for senior registrars to supervise some of the projects.

For example, one of our more recent F2 doctors produced a Needs Assessment on Unaccompanied Syrian Children (UASC) under the supervision of a senior registrar. This work has won the FPH Sam Ramaiah Award which rewards projects seeking to improve the health of black and minority ethnic communities or reduce health inequalities in the United Kingdom.

4.5. Examples of Registrars work

- Support the production of the GP practice health profiles
- Evidence review of arts and health
- Evaluation of long term conditions pilot
- Support the production of the public health annual report
- Project managed the setting up of a breastfeeding incentive programme
- Evaluation of Healthy Start Vitamins Pilot
- Researched and compiled the Suicide Audit
- Survey into public perceptions and public engagement on air quality
- Lead for reducing alcohol harm
- Lead for child and maternal public health
- Lead on the delivery of the community conversation around alcohol (Alcohol inquiry)
- Fuel poverty Needs Assessment
- Development of Affordable Warmth strategy
- Lead for Affordable Warmth strategy
- Review of sexual health service
- Review of non-clinical HIV support service
- Commissioning substance misuse services
- Working with trading standards to support people who are victims of scams.
- Work with the CCG to pilot having a paediatrician working within the community
- Health Needs assessment into young offenders health
- Cross health and care economy system wide strategic development

4.6. Quotes from Registrars

"The Public Health team in Halton is small enough to know and support you, and also big enough to give you space to develop yourself!"

I came to Halton as an ST4 registrar and I can recommend Halton Public Health to both junior and senior registrars. There is a wealth of experience within the team and everyone is always willing to support your work in any way required.

I have been involved in a wide variety of interesting and challenging work including a needs assessment and a service review. I am currently leading on the review of our Healthy Homes strategy. This has been a good experience of working with a wide range of partners including managers within the council, heads of voluntary organisations and clinicians. It's been an opportunity to: express and evaluate my leadership skills; work in partnership and to learn how things work within the local authority.

Olukemi Adeyemi, ST3 placemen, 2016/17

“I would really recommend Halton Borough Council as a training location for StRs approaching the end of training. It has been good for my development to have received Educational Supervision from the Director of Public Health. I have undertaken an extensive programme of work including Migrant Health, Women’s Health, Unintentional Injuries, Self-Care and Appropriate Healthcare Utilisation. I have deputised on behalf of the Director of Public Health in Chief Officer Team meetings with the Chief Executive and chaired meetings with other stakeholders (NHS England, Public Health England and Clinical Commissioning Groups).

I have been welcomed to actively contribute to the Senior Management Team; For example critically reviewing the Sustainability and Transformation Plan proposals, undertaking departmental spending reviews or developing a ‘Healthy New Town’ logic model. I have worked with local councillors related to Tobacco, Housing, and Health Protection concerns and Migrant Health. Recently, I have presented politically sensitive papers to the Health and Wellbeing Board and responded to challenging questions by local councillors. I am a Clinical Educator for Foundation Doctors, developing learning outcomes and induction, supervising their work programme and undertaking appraisal.

A year ago, I felt that I was not ready to apply for Consultant posts however my experience at Halton has enabled me to develop a strong Consultant experiences to discuss in job interviews”.

Hayley Teshome Tesfaye, ST5 placement, 2016/17

‘I really enjoyed my time at Halton. I was placed there during the first two years of training, therefore much of my work focused on successful completion of the MPH and Part A exam. The team are very welcoming and supportive of Registrars, and I was able to get involved in a wide variety of projects that were well matched to my Phase 1 learning needs. Specific pieces of work included:

- Evidence reviews and policy development for the Individual Funding Request Panel
- Qualitative research on the barriers to accessing the bowel cancer screening programme (which I used to support my MPH dissertation)
- Providing a significant level of support to the Liverpool Measles outbreak, including contact tracing, case management and involvement in a case control study

Halton was an excellent placement during my first two years of training and I would recommend it to anyone. It would be an excellent placement choice for anyone with an interest in environmental health and/or emergency planning, given the number of COMAH sites and history of land contamination in the borough.”

Rebecca Mason, ST1 and ST2 placement, 2010/11

“Halton public health team are located in Runcorn Town Hall - a short walk from Runcorn station, so easily accessible by rail from Liverpool or from Crewe further south. Runcorn Town Hall is set in beautiful parkland, ideal for stretching your legs at lunchtime - or even for a 'walking meeting' with your educational supervisor!

I enjoyed an excellent relationship with my educational supervisor, and I really valued her advice and support in relation to all aspects of my training: from MPH studies to service work. There is a lot for registrars to juggle at the start of training, and I was able to achieve a good balance between my academic work and service learning in placement.

I was given the opportunity to play a key role in the design, implementation and evaluation of the Universal Healthy Start vitamins programme in Halton - this was a great experience for me in terms of evaluating the existing evidence, drawing up strategy options, working with a multi-disciplinary team around implementation, and assessing the reach and impact of the programme as delivered through front line midwifery and child health services.

I enjoyed working alongside public health intelligence staff and the public health development lead to carry out a Health Needs Assessment - this was really good experience for my stage of training and has contributed towards my learning in terms of the knowledge needed for the Part A examination”.

Beth Milton, ST1 placement, 2012/13

5. USEFUL LINKS

To find out more about:

- a. Halton’s Joint Strategic Needs Assessment for information about the current and future health and well-being needs of Halton people: <http://www4.halton.gov.uk/Pages/health/JSNA.aspx>
- b. The work of the health improvement team: www.haltonhealthimprovement.co.uk/
- c. Halton Borough Council: www.halton.gov.uk

6. CONTACTS

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March 2017