**Master the art of a Holistic Career**

**13.00-15.30, Thursday 8th of May 2025**

**Meeting Room, Rothay**

**4th Floor, 3 Piccadilly Place, Manchester, M1 3BN**

**Agenda**

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| **13.00** | **Start** |
| 13.00-13.05  | * Introduction
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| 13.05-14.15 | * Postcard to me
* Importance of career management
* Mid-life Career review
 |
| 14.15-14.30 | * Break
 |
| 14.30-15.20 | * Maslow’s Hierarchy of needs
* Holistic career counselling tool
 |
| **15.20-15.30** | **Q&A** |