

# North West SAS Doctors Newsletter

## Issue 2 – Spring 2019



### Improved support for SAS Doctors

Specialty and Associate Specialist (SAS) doctors in England will have access to improved support and better development opportunities thanks to measures outlined in the report [Maximising the potential: essential measures to support SAS doctors.](#)

SAS doctors make up 20% of the medical workforce but many say they lack workplace support, find it hard to move between specialties, have limited access to training and some have reported bullying.

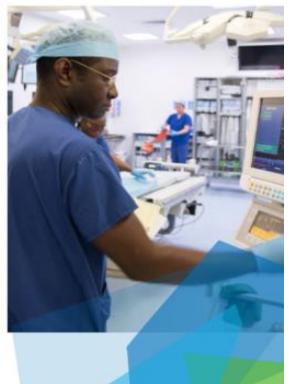
Through implementation of the shared commitments in the report, HEE along with NHS Improvement and other partners will work together to improve opportunities for SAS doctors to advance as clinicians and leaders in healthcare, to improve the knowledge of what they do among other healthcare professionals and to promote SAS as an attractive career option.

Find out more on the HEE website [https://www.hee.nhs.uk/supporting-sas-doctors.](https://www.hee.nhs.uk/supporting-sas-doctors)



**Maximising the Potential:**  
essential measures to support SAS doctors

Published by Health Education England  
and NHS Improvement



### 'Delivering Excellence' 7<sup>th</sup> Annual North West SAS Doctor Conference 2019

Health Education England (working across the north west) is delighted to announce we are once again holding our Annual SAS Doctor Conference. This year's conference will take place on Thursday 17<sup>th</sup> October 2019 at the Radisson Blu Hotel, Manchester Airport.



Places will be allocated on a first come, first served basis. To book your place, submit an abstract or for general information, please [click here.](#)

General enquiries: [SASConference.NW@hee.nhs.uk](mailto:SASConference.NW@hee.nhs.uk)

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[www.hee.nhs.uk](http://www.hee.nhs.uk)

<https://www.nwpgmd.nhs.uk/sas-doctors/introduction>

@NWSASDocs #NWSASDoctors

# Your News and Views



### CESR Support WhatsApp Group

Dr Deborah Lam, Specialty Doctor in Palliative Medicine (Manchester Foundation Trust) has conducted a survey amongst North West SAS Doctors to determine the demand for a CESR Support WhatsApp Group. The results shown that many doctors think this would be helpful. To join the group, please contact [deborah.lam@nhs.net](mailto:deborah.lam@nhs.net)

### How I used the SAS Development Fund

Dr Gordon Bottomley, Associate Specialist in Community Paediatrics (Wrightington, Wigan & Leigh NHS Foundation Trust) used the SAS Development Fund to help him attend the International Children's Continence Society (ICCS) Congress in Rome in September 2018. Dr Bottomley shares some of his reflections from the meeting:

"I am a Paediatrician in Wigan and I have long specialised in treating children's continence problems. This is a very important area of work, as the conditions mentioned affect possibly 5% of young people of all ages to a distressing degree at any one time. I am a longstanding member of the ICCS. This is the foremost organisation promoting research and good practice in my specialist area. The ICCS has been in existence for 25 years and has produced many important standardisation and best practice documents in areas not covered by NICE guidelines.

Each year the ICCS holds a congress, bringing together practitioners from different specialties (e.g. Urology, Paediatrics, Nephrology, Nursing, Physiotherapy, Psychiatry) from around the world to share best practice and new research. Over 4 days, there is a good mix of workshops, courses, keynote lectures and abstracts. It is also an excellent way to network with like-minded colleagues and get new ideas and inspiration. The grant provided by the HEE helped me with some of the costs of attending this year's Congress in Rome. The Congress fully lived up to my expectations, following attendance at previous Congresses over the past 10 years in Boston and London. There was much helpful information and interaction, which consolidated my current practice and provided ideas for treatment of intractable problems. I am very grateful to have attended and thank your organisation for providing the grant. There are very few advanced courses and meetings for doctors in this field in the UK."



### Academy of Medical Royal Colleges



### Support for Doctors' Wellbeing

Working in the NHS is often highly rewarding but can also be very challenging. It is therefore vital that doctors and other NHS professionals support one another and seek assistance when necessary to maintain their wellbeing.

The AoMRC has drawn up a list of organisations and resources that may be useful for doctors when they need support: <http://www.aomrc.org.uk/supportfordoctors/>

# North West SAS Education Committee News

## New SAS Leads Appointed

We have recently welcomed two new SAS Leads to the SAS Education Committee – Dr Subir Datta (Manchester Foundation Trust) and Dr Ahmed Shalaby (Wrightington, Wigan & Leigh NHS Foundation Trust and Bridgewater Community Healthcare Foundation Trust).

## New Royal College of Physicians SAS Committee Representative Appointed

Dr Fahad Yousaf has been recently appointed as the North West SAS Representative for the Royal College of Physicians SAS Committee.

## SAS Leads Induction Day 2019

On 24<sup>th</sup> January 2019, Health Education England (working across the North West) held a training day aimed at those involved in supporting North West SAS Doctors. This was very well attended with 29 North West NHS Trusts represented at this event. Sessions included:

- Responsibilities of the SAS Lead Role.
- Engaging with SAS Doctors
- HEE Structure & the role of the SAS Tutor
- The SAS Development Fund – Application and Approval Process
- Implementing the SAS Charter



[CLICK HERE](#) to contact your trust's SAS Lead.



## Have you discovered e-LFH?

This provides a wide range of e-learning modules including specialty-specific, leadership and educational supervision modules. It can be accessed via OpenAthens, or you can register directly on the website. Details of all the programmes can be found at <https://www.e-lfh.org.uk/programmes/>



## Your news and views wanted

We hope you have enjoyed this edition of the SAS Doctor newsletter.

We would welcome your feedback on how we can make each edition better for all our SAS Doctors across the north west. Please send any news articles, updates, achievements and announcements to [SASDoctors.NW@hee.nhs.uk](mailto:SASDoctors.NW@hee.nhs.uk)