

Dental Foundation Training NHS England NW

Educational Supervisor – Practice Profile



Name of Educational Supervisor	Sima Kothiwala
Practice Name	Ashurst Dental Practice
Practice Address	61 Lyndhurst, Skelmersdale Postcode WN8 6UH

Practice Profile:

(e.g. how many surgeries, equipment, location/area, staff members, etc)

We are a fully computerised three surgery, family dental practice with an accessible surgery on the ground floor and further two surgeries upstairs. We have recently renovated one of the surgeries, ready to welcome the new graduating DFT Dentist. We use digital X-Rays throughout and have recently invested in an Intra-Oral scanner. The practise also benefits from a separate decontamination room.

Our patient base consists of children, young adults and adults of all ages including elderly people. This would give you a chance to practice and master your skills in all aspects of general, preventative, reconstructive and aesthetic dentistry.

In addition to the Educational Supervisor, who owns the practice, our staff consists of 2 part time Associates, Practice Manager, 3 qualified Dental Nurses, 2 Trainee Dental Nurses and a Receptionist. Current staffing ensures that we do not need to rely on any Agency staff.

The practice is located very conveniently for our local patients and staff, but is also within easy reach for those colleagues who live further away from Skelmersdale. We have plenty of free secure parking spaces available immediately outside the building and also in the free to use carpark next door.

ES Biography:

I graduated as Dental Surgeon from University in 2004 and since then I have been working within Community Dental Practices in various roles.

I have been Principal Dentist at the Ashurst Dental Practice since 2017. I treat both NHS and private patients on daily basis. I enjoy being a part of our current dental team, which is ready and looking forward to welcoming a new DFT Dentist, to the team.

I am kind, honest, approachable and hard working.
I enjoy all aspects of general and preventive dentistry which is essential for community dental practice, but I especially enjoy Aesthetic Dentistry including smile makeovers using composite build up and whitening. I have recently finished the Paul Tipton course, Post Graduate Master of Sciences in Restorative Dentistry and am looking forward to using my newly gained skills in my work.

I am looking forward to being an Educational Supervisor to direct, encourage and support new dental graduates to finish their DFT. I still remember when I was in the position of DFT Dentist and how the support I received from my Educational Supervisor helped me gain skills and confidence to start my career as a Dental Surgeon. And I feel like it is my duty and now I am ready to pass my knowledge, skills and experience onto the next generation of dentists.

I am always ready to help and assist my dental colleagues whenever they require my support.

Outside view of surgery



Foundation Dentist Surgery

