



Knowsley Council

KNOWSLEY PUBLIC HEALTH DEPARTMENT

PUBLIC HEALTH SPECIALTY TRAINEE TRAINING

PROSPECTUS

JANUARY 2020



Knowsley Metropolitan Borough Council Municipal Building in Huyton

Reasons to Choose Knowsley:

- Specialty Registrars based at Knowsley are given the support and opportunity to get involved in all aspects of public health work, looking at the wider determinants to improve health and wellbeing, influence policy and address inequalities within the borough.
- Specialty Registrars are fully integrated into the Public Health Team, and are well supported during their training to ensure competencies are achieved. Work plans are aligned carefully to learning needs and the Accredited Trainer and Senior Team are experienced at supervising projects and programmes.
- Exposure to projects in all aspects of healthcare public health, health protection, intelligence, commissioning and health improvement and wider determinants can be catered for in Knowsley.
- The Public Health Team has a strong and well-established relationship with the wider Council and other local partners, providing valuable insights into working in a political environment, as well as working closely with colleagues across clinical commissioning groups and voluntary sector organisations.



Knowsley Hall



Knowsley Safari Park



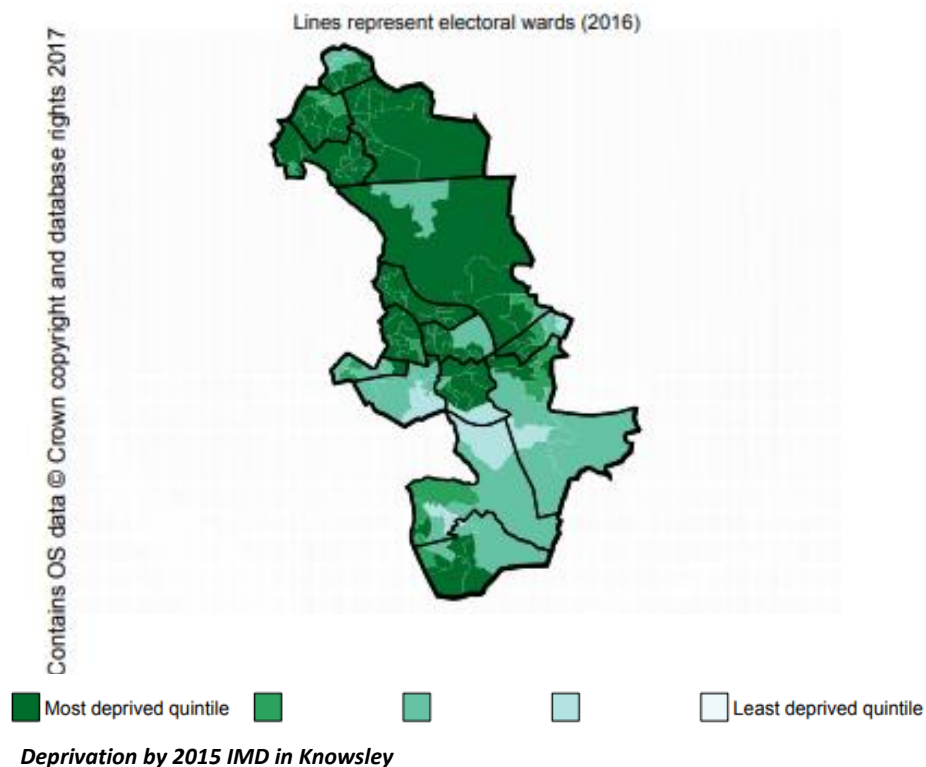
Map of Knowsley

1. INTRODUCTION

Knowsley is a relatively small Local Authority in North West England, covering an area of 33 square miles. It has a resident population of approximately 149,000 and is situated just to the east of Liverpool, and is within easy reach of the rest of Merseyside, Cheshire and Manchester. The population does not have high levels of diversity and black and minority ethnic numbers are low.

Improving the health and wellbeing of Knowsley residents and individuals who work in the borough is vital to future economic growth and improved life chances and outcomes. Knowsley has made improvements to health over the last 10 years or so, but despite this, residents still have generally poor health compared to other areas and are more likely to smoke, drink alcohol excessively, be inactive and be overweight. The Knowsley population experiences higher rates of cancers, respiratory disease, heart disease and strokes than in other areas.

Knowsley faces large population health and social challenges. The 2019 Index of Multiple Deprivation ranks Knowsley as the second most deprived of 326 Local Authorities in England and it has some of the poorest health indicators in the North West. Poor employment, poverty and challenging social circumstances mean that Public Health in the Local Authority is well placed to improve lives.



Health and wellbeing is a corporate priority for the Council and the Public Health Team works well with a range of other departments on improving outcomes. Being a relatively small council creates strong working relationships to facilitate this. Knowsley also has a history of strong public and partnership collaboration. Through enabling community and voluntary networks, public health issues have a very high profile. Being a smaller borough allows us to focus on relationships with our partners, including our NHS partners. We are co-terminus with Knowsley Clinical Commissioning Group.

The placement will provide opportunities for Specialty Registrars to develop a strategic approach to improving health and wellbeing, influence policy around the wider determinants of health and address inequalities, whilst offering a valuable insight into working in a political environment.

There is close working with the wider Liverpool City Region, along with very close relationships with the ChaMPs Network.

Specialty Registrars programmes of work are aligned carefully to learning needs and the Senior Team is experienced at supervising projects and programmes. There is specific exposure to all aspects of population health, strengths around health protection and healthcare public health under the Consultant, with a broad remit on health improvement, commissioning and wider determinants.

2. STRUCTURE OF THE TRAINING LOCATION

Knowsley is approved by the Faculty of Public Health to host one Specialty Registrar. They will be supervised by an Accredited Trainer, who trained on the North West Training Scheme.

The Knowsley Public Health Team comprises of the Director of Public Health, a Public Health Consultant and a Public Health Specialist, as well as Intelligence and Support staff. The team is based at Huyton Municipal Building, and sits within a Health and Social Care Directorate. Specialty Registrars are physically located with the team, which allows for support and opportunities to understand and be involved in the breadth of the work undertaken by the Public Health Team.

Specialty Registrars are offered support throughout their placements with dedicated one-to-one meetings with their Supervisor. They are highly respected members of the team and are encouraged to participate in monthly team meetings, Public Health Strategy Group meetings and relevant Council and Partnership meetings. Senior Specialty Registrars can also attend Leadership meetings with the wider portfolio of the DPH. Specialty Registrars are encouraged to participate fully in the development offered via the School of Public Health.

2.1 Location

The Knowsley Public Health Team base is the Council Office, Municipal Building, Archway Road in Huyton. This is close to Huyton Town Centre. The railway station is a 5 minute walk away and there are good road and public transport links.

All Specialty Registrars are supervised by the Accredited Trainer and supported by key members of the Public Health Leadership Team to complete programmes of work and gain competencies.

2.2 Accredited Trainers / Educational Supervisors

- Dr Sarah McNulty, Director of Public Health, is an Accredited Educational Supervisor and Training Lead in Knowsley. Sarah went through the training scheme in Cheshire and Merseyside 2003 to 2008.

The Public Health Leadership Team membership is as follows:-

- Chris McBrien, Consultant in Public Health, leading on health protection and healthcare public health. Chris went through the training scheme in Cheshire and Merseyside (2014 to 2019) and is a trainee supervisor.
- Richard Holford, Public Health Specialist (Strategy and Inequalities), Public Health and Wellbeing, leading on Strategy and Intelligence, Public Mental Health and Wider Determinants. Richard provides strategic and developmental support to the Knowsley Health & Wellbeing Board.

There is a good level of experience and understanding amongst the whole team of the needs of Specialty Registrars, including learning outcomes and examination requirements.

3. INTERNAL AND EXTERNAL LINKS

The Director of Public Health sits within the directorate for Health and Social Care, with an executive director lead and lead portfolio holder. The Public Health Intelligence Team are co-located with Policy and Partnerships (the Corporate Intelligence Team), and therefore Public Health actively contributes to the development of corporate strategy. There are strong links to Knowsley CCG, with a Public Health Analyst providing a committed resource to them.

Knowsley is proactive in its collaboration across the City Region and the Cheshire and Merseyside Public Health Network. This provides many opportunities for Specialty Registrars to develop working across a larger footprint.

4. ACADEMIC LINKS

There are good links with local Universities, including the University of Liverpool and Liverpool John Moores University.

Knowsley Council is a partner on the North West Coast – National Institute for Health Research Collaboration for Leadership in Applied Health Research and Care programme (CLAHRC). This collaboration includes Lancaster University, University of Central Lancashire, University of Liverpool, Local Authorities and Health organisations to co-produce and conduct high-quality, applied research designed to decrease health inequalities and improve the health of the population of the North West Coast. The applied health research is under a number of themes, including Improving Public Health and Reducing Health Inequalities, of which Richard Holford acts as a Co-chair. There is an opportunity to link into this theme or other themes in the programme.

5. PARTICULAR INTERESTS AND TRAINING OPPORTUNITIES

Within this training location there is a particular interest in the wider determinants of health and in using evidence-based methodologies to prevent ill-health. There are good opportunities to gain an understanding of partnership working, community engagement and involvement, and commissioning for health improvement. Senior Specialty Registrars are able to take on leadership roles in particular areas.

6. ORGANISATION OF TRAINING

The Specialty Registrar agrees a work plan based on the competencies they need to achieve. There are regular structured meetings between the Specialty Registrar and Educational Supervisor, and the Educational Supervisor is also available to the Specialty Registrar at other times if necessary. Regular stock-takes of the training and progress against the public health curriculum are undertaken, along with support to achieve Part A and Part B of the Membership Exams.

7. EXAMPLES OF RECENT TRAINEES' PROJECTS

- Development of an Accident Health Needs Assessment and strategy.
- Service specification development for obesity services, including cost / budget analysis and consultation.
- Implementation of a Pathway of Care for Impaired Glucose Tolerance across Merseyside.
- Review of evidence around rapid reduction of HBA1C in diabetic retinopathy.
- Involvement in Individual Funding Request Panel.
- Audit to identify gaps in provision and priority areas to improve diagnosis and management of hypertension in primary care.

8. WHAT REGISTRARS SAY ABOUT KNOWSLEY

“Knowsley is an innovative and lively training location brimming with opportunities for SpR’s at all stages, given under quality supervision.”

“The public health team in Knowsley are great fun and very welcoming of Registrars. I joined them in my final year of training and am currently completing a review of their specialist obesity service and development of the service specification. It has been the perfect piece of work to sign off my remaining learning outcomes, and the team have been incredibly supportive throughout”.

“Knowsley Council is a friendly and vibrant training location for SpRs. I joined the team on commencement of St4. I was tasked with delivering a wider variety of work, all great for maintaining my technical skills, gaining strategic experiences and achieving ticking off many phase three learning outcomes. This included developing the unintentional injuries strategy/ portfolio and supporting various activities related to healthcare services, such as a review of lung cancer screening. I would recommend Knowsley to peers as an excellent training opportunity. My work at Knowsley has enhanced my training and portfolio, which has led me to closer working at the University of Liverpool and more recently supporting my application as a Research Fellow.”

“During my time at Knowsley I was supported to take the lead on a large project developing the local healthy lifestyle services. This provided me with excellent learning opportunities and met lots of competencies.”

“The public health team in Knowsley has strong local partnerships and takes an asset based approach. As a Registrar I was involved with work related to the wider determinants of health and community engagement activities”.

“As a Registrar based at Knowsley you are made to feel part of the public health team”.

9. FACILITIES

All Registrars are treated as members of the Public Health Team, and will be allocated their own laptop with access to remote working around business needs.

The Public Health Team and the Council take the health and wellbeing of their staff seriously.

Car parking nearby is available although charged at the local rate. The close proximity of the train station means use of public transport is encouraged. Secure cycle stores outside the office building are also available.

10. CLINICAL GOVERNANCE / CPD

The Public Health Team provides opportunities for continuous professional development and learning. There are regular team meetings where time is set aside for clinical governance and learning. Senior Specialty Registrars can be given the opportunity to organise learning events for the team.

11. CONTACTS

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