

CT1 Psychiatry: East of England Deanery	
Programme Details	<p>During core training, universal and necessary skills are developed in, for example, assessment of psychiatric conditions, mental state examinations and management of various clinical situations. Basic psychotherapy skills are developed with supervised therapy cases and progress in all aspects is monitored via workplace based assessments (WBPA) on an online portfolio.</p> <p>Trainees have an identified a supervisor in each post, who is responsible for supervising clinical activity and providing an hour of weekly one-to-one educational supervision. They also have an educational supervisor providing longer term guidance throughout core training.</p>
Training Locations	<p>Core training in the East of England School of Psychiatry is undertaken in six Mental Health Trusts and cover broad and multicultural area of the country:</p> <ul style="list-style-type: none"> • Bedfordshire • Cambridgeshire • Hertfordshire • Norfolk and Suffolk • North Essex • South Essex
Expected Rotation Information	<p>The first years of training in psychiatry are spent in a wide variety of posts to ensure a robust and strong foundation from which to build your chosen specialist skills. Each post during this core training lasts for four or six months and trainees must obtain at least 12 months of experience in general psychiatry in addition to 6 months of older age psychiatry and a placement in either learning disability or child and adolescent mental health.</p> <p>They can also undertake posts in any of the other specialties of psychiatry of their choice within available resources in particular trust.</p> <p>Assuming satisfactory progress through formal exams and workplace-based assessments, this period of training lasts for three years. Once a trainee has passed the two written exams (Paper A and B) and one clinical exam (CASC) which make up the Membership exams of the Royal College of Psychiatrists, they can become a full Member of the College and have earned the right to add MRCPsych after their name. They are then able to progress to higher training in one of the six specialties: General Psychiatry, Child and Adolescent Psychiatry, Medical Psychotherapy, Learning Disability, Old Age Psychiatry or Forensic Psychiatry or dual training.</p>
Anticipated Duration	3 years subject to satisfactory progression
Anticipated Outcome	Completion of core psychiatry training

Employment Information	
Employer	Candidates will be employed by the relevant Trust throughout the duration of training.
Employer email contact address	heee.recruitmenthelpdesk@nhs.net
National Terms & Conditions	Click here for NHS Employer's website
Travel and Relocation expenses policy	Please refer to Deanery's website
Other Policies & Guidance	Please refer to Deanery's website

If you require any additional information, please contact the deanery directly on:
heee.recruitmenthelpdesk@nhs.net