

## **ST4 Psychiatry**

<b>LETB/Deanery: Health Education East of England</b>	
<b>Programme Details</b>	<p>The East of England Postgraduate School of Psychiatry organises and delivers specialist psychiatric training in six Mental Health Trusts.</p> <p>It has 258 GMC approved training posts, equally divided into core and higher specialist training. Core training schemes are comprehensively delivered by individual Trusts, with trainees rotating within the Trust they were allocated to upon appointment.</p> <p>The School provides various, fully funded, educational innovative opportunities, including:</p> <ul style="list-style-type: none"><li>→ A Leadership Programme for Trainee Doctors (LeaP), which is aimed at higher trainees</li><li>→ Developing reflective practice group skills, which includes developing skills in leading groups (eg Balint) and is aimed at CT2/3 trainees</li><li>→ A suite of acted 'live' therapy sessions in the three main psychotherapy modalities, to support psychotherapy training for core trainees</li><li>→ Clinical skills and CASC preparation courses</li><li>→ Fully funded training in Autism Diagnostic Assessment for advanced trainees in the Psychiatry of Intellectual Disability.</li></ul> <p>There is a wide range of opportunities to develop special interests or engage in research, supported by the regional Institutes of Higher Education, such as Cambridge University, the UEA, Ruskin University etc.</p> <p>The School is run by an Operational Board, with representatives of all participating Trusts, the programme directors of the six subspecialties, the University of Cambridge and core and advanced trainees. It meets at least once every two months.</p> <p>Link to further information: <a href="https://www.eoedeanery.nhs.uk/medical/page.php?area_id=25">https://www.eoedeanery.nhs.uk/medical/page.php?area_id=25</a></p>
<b>Employment Information</b>	
<b>Travel and Relocation Expenses Policy</b>	Refer to paragraphs 277 – 308 in the <a href="#">Junior Doctors' Terms and Conditions of Service</a> For relocation expenses, also see employer policies below.
<b>Other Policies and Guidance</b>	Click here for employment policies: <a href="https://www.eoedeanery.nhs.uk/medical/page.php?area_id=51">https://www.eoedeanery.nhs.uk/medical/page.php?area_id=51</a> Click here for LETB/Deanery policies: <a href="https://www.eoedeanery.nhs.uk/medical/page.php?area_id=51">https://www.eoedeanery.nhs.uk/medical/page.php?area_id=51</a>
<b>Contact email for applicant queries</b>	<a href="mailto:Heee.recruitmenthelpdesk@nhs.net">Heee.recruitmenthelpdesk@nhs.net</a>
<b>Link to relevant page on your LETB/Deanery website</b>	<a href="https://www.eoedeanery.nhs.uk/">https://www.eoedeanery.nhs.uk/</a>