

ST4 Psychiatry

LETB/Deanery: Health Education North West: Mersey

Programme Information

Child & Adolescent Psychiatry

This scheme offers excellent higher training in child and adolescent psychiatry at ST4-6 level. There are 10 posts in the scheme ranging from general community, CAMHS, to specialist posts in Eating Disorders, ASD assessment learning disabilities and Tier 4 (in-patient) services. Special interest sessions are available and trainees are encouraged to gain advanced training in psychological therapies. There is a strong emphasis on research and teaching with two professors actively involved in the scheme. There are regular group research supervision meetings and a weekly academic programme.

General Adult Psychiatry

There are 29 trainees on the scheme and opportunities for a wide range of clinical experience, together with access to resources to develop teaching, research, audit, management and leadership.

The scheme offers trainees a three year programme with clinical posts to cover the clinical aspects of the curriculum. These placements are in a variety of settings, in teaching centres and district general hospitals, covering both urban and rural populations in three Trusts across the Mersey Region.

The GA training scheme is part of the School of Psychiatry of Mersey Deanery. The head of School is Dr Manoj Agarwal and the Training Programme Director is Dr Kauser Tabani. Training placements are allocated by the training programme director according to training needs, and posts rotate each year in August and in some cases, in February.

Trainees' preference is given consideration as part of the post allocation process.

The clinical experience is complemented by opportunities in other aspects of training provided locally within training placements and centrally by the School of Psychiatry and the Deanery.

The trainee will be expected to work in different clinical placements to achieve experience with in-patients and patients within community and in out-patient clinics.

In addition to generic in patient and community services, trainees have opportunities to gain an endorsement in rehabilitation, liaison or substance misuse, with several posts available in these sub specialties.

There is on call work for all posts sufficient for trainees to attain the recommendation the RCPsych guidance for minimum number of on call duties.

In addition to the clinical experience in their main placement, each trainee can undertake Special Interest sessions for one or two half days per week in order to gain a wider variety of experience or pursue particular individual interests. There is a wide range of choice of such placements, including services such as ADHD clinics, neuropsychiatry and psychotherapy.

Trainees are able to apply for appropriate local and national courses and conferences which can be funded from the annual study leave budget with approval from Supervising Consultant and the trust Director of Medical Education.

General Adult and Old Age Psychiatry

Please visit the following link for further information:

<http://www.merseydeanery.nhs.uk/dual-training-in-general-and-old-age-psychiatry>

Old Age Psychiatry

There are 11 higher training posts in old age psychiatry in the Mersey Deanery, spread across 3 trusts. Trainees will gain experience in all aspects of old age psychiatry, and good links with local acute trusts mean that various special interest sessions are also available e.g. neuroradiology, acute medicine and palliative care. The scheme supports trainees to

	<p>undertake research and higher degrees and there are many teaching opportunities also available. There is also the opportunity to spend one year of the rotation in an Old Age Mental Health Liaison Team in an acute hospital.</p> <p><u>Psychiatry of Learning Disability</u> This scheme offers excellent higher training in the psychiatry of learning disabilities at ST4-6 level. There are currently 3 posts in the scheme; these enable the trainee to gain experience in general community and inpatient LD psychiatry and also specialised Forensic LD community and inpatient psychiatry (within a specialised LD low secure setting). In addition, with agreement from the TPDs for other relevant psychiatric specialties, it is possible to arrange for the trainee to spend 6 months gaining experience in Child and Adolescent Psychiatry, Forensic Psychiatry or General Adult Psychiatry. Special interest sessions are available to help meet the trainee's wider training needs and there is a strong emphasis on research and teaching. There is a weekly LD academic programme, which all doctors should attend and contribute towards. Link to further information, if available: http://www.merseydeanery.nhs.uk/2012-11-27-09-35-38</p>
Employment Information	
Travel and Relocation Expenses Policy	Refer to paragraphs 277 – 308 in the Junior Doctors' Terms and Conditions of Service
Other policies and guidance	Please visit the Mersey Lead Employer Website for information: http://www.sthk.nhs.uk/pages/LeadEmployer.aspx
Contact Details	Contact email for applicant queries: lead.employer@sthk.nhs.uk or call 0151 478 7672
Link to relevant page on your LETB/Deanery website	http://www.merseydeanery.nhs.uk/

LETB/Deanery: Health Education North West: North West	
Programme Information	<p>Health Education England formally transferred the responsibility for national recruitment to Psychiatry at CT1 and ST4 levels from the Royal College of Psychiatrists to the North Western Deanery, Health Education North West with effect 1st October 2013. This means that all CT1 and ST4 Psychiatry posts in England, Scotland and Wales starting from August 2014 onwards will be recruited to using the process coordinated by the North Western Deanery, Health Education North West.</p> <p>Information on each training programme can be found at the following links:</p> <ul style="list-style-type: none"> → General Adult Psychiatry (Dual options with Old Age and Medical Psychotherapy available) → Old Age Psychiatry (Dual option with General Adult available) → Forensic Psychiatry → Child & Adolescent Psychiatry → Psychiatry of Learning Disabilities → Medical Psychotherapy (Dual option with General Adult Psychiatry)
Training Locations	<p><u>Child & Adolescent Psychiatry</u></p> <ul style="list-style-type: none"> → Bolton NHS Foundation Trust → Central Manchester University Hospitals NHS Foundation Trust, including Manchester Royal Infirmary (Winnicott Centre); Royal Manchester Children's Hospital (CAMHS at Bridge, Newton Heath, Galaxy House and Pendleton Gateway, Salford CAMHS) and Wythenshawe (Kendrick Unit), Greater Manchester West Mental Health NHS Foundation Trust, including Prestwich → Lancashire Care NHS Foundation Trust including Burnley and Chorley, Pennine Care

	<p>NHS Foundation Trust including Rochdale and Tameside</p> <p><u>Forensic Psychiatry</u></p> <ul style="list-style-type: none"> → Greater Manchester West NHS Foundation Trust, including Prestwich → Lancashire Care NHS Foundation Trust including Preston (Guild Lodge) → Mersey Care NHS Trust including Ashworth House <p><u>General Adult Psychiatry</u></p> <ul style="list-style-type: none"> → Cheshire & Wirral Partnership NHS Foundation Trust including Macclesfield → Cumbria Partnership including Carlisle and Dane Garth → Greater Manchester West Mental Health NHS Foundation Trust, including Prestwich, Bolton, Hope (Salford) and Trafford → Lancashire Care NHS Foundation Trust including Blackpool, Burnley, Chorley, Lancaster and Preston (Guild Lodge) → Manchester Mental Health and Social Care NHS Trust including Manchester Royal Infirmary, North Manchester General Hospital and Wythenshawe → Pennine Care NHS Foundation Trust including Oldham, Rochdale, Stepping Hill and Tameside <p><u>Psychiatry of Learning Disability</u></p> <ul style="list-style-type: none"> → Calderstones Partnership NHS Foundation Trust → Greater Manchester West Mental Health NHS Foundation Trust, including Bolton and Hope (Salford) → Lancashire Care NHS Foundation Trust including Blackburn → Pennine Care NHS Foundation Trust including Rochdale <p><u>Old Age Psychiatry</u></p> <ul style="list-style-type: none"> → Cumbria Partnership including Carlisle → Greater Manchester West Mental Health NHS Foundation Trust, including Bolton and Trafford. → Lancashire Care NHS Foundation Trust including Blackburn, Lancaster and Preston (Guild Lodge and Avondale Unit) → Manchester Mental Health and Social Care NHS Trust including Manchester Royal Infirmary, North Manchester General Hospital and Wythenshawe. → Pennine Care NHS Foundation Trust including Rochdale (Birch Hill) and Stepping Hill. <p><u>Medical Psychotherapy</u></p> <ul style="list-style-type: none"> → Greater Manchester West Mental Health NHS Foundation Trust, including Red House, Swinton → Lancashire Care NHS Foundation Trust including Preston → Manchester Mental Health and Social Care NHS Trust including Manchester Royal Infirmary <p><u>General Adult Psychiatry and Medical Psychotherapy</u></p> <p><u>General Adult and Old Age Psychiatry</u></p>
Expected Rotation	<p>Usually 3 x 12 month posts.</p> <p>4 x 12 month posts for Dual General Adult Psychiatry / Old Age Psychiatry</p> <p>5 years for Dual General Adult Psychiatry / Medical Psychotherapy programmes.</p>

Employment Information	
Employer(s) (if known)	Lead Employer – Greater Manchester West Mental Health NHS Foundation Trust
Travel and Relocation Expenses Policy	Refer to paragraphs 277 – 308 in the Junior Doctors’ Terms & Conditions of service.
Other policies and guidance	Click here for Deanery policies Click here for Lead Employer policies
Contact Details	psychiatryrecruitment.nw@hee.nhs.uk
Link to relevant page on your LETB/Deanery website e.g. School of Psychiatry or recruitment pages	http://www.nwpgmd.nhs.uk/specialties/school-of-psychiatry http://www.nwpgmd.nhs.uk/content/specialties-glance-0