

CT1 Psychiatry: The North Western Deanery			
Programme Details	<p>Trainees will rotate through different sub-specialties and Trusts to gain experience in a wide range of clinical situations. The combined posts will allow trainees to meet the requirements of the approved core curriculum for psychiatry and will contribute to the successful completion of the MRCPsych exams.</p> <p>The three year core training involves rotating between 6 months posts in the following sub-specialities:</p> <ul style="list-style-type: none"> • General and Community Psychiatry including Assertive Outreach, Crisis Home Treatment, Outreach for Homeless People, Early Intervention for Psychosis, Rehabilitation and Liaison Psychiatry • Old Age Psychiatry including Memory Clinics, Community Teams, Domiciliary Clinics, Young Onset Dementia, Day Hospital and Liaison Psychiatry • Child and Adolescent Psychiatry including Specialist Adolescent and Academic Psychiatry Substance Misuse • Learning Disability Psychiatry including Specialist Asperger Services • Forensic Psychiatry including all levels of security <p>In the first 18 months of training trainees will generally spend 12 months in General Psychiatry and 6 months in Old Age Psychiatry with placements in other sub-specialities later in Core Training</p>		
Training Locations	<p>1) East Programme (Greater Manchester)</p> <ul style="list-style-type: none"> • Central Manchester NHS FT • Greater Manchester West Mental Health • Manchester Mental Health Social Care Trust • Pennine Care NHS FT • Lancashire Care Trust (1 x 6 month rotation) 	<p>2) West Programme (Merseyside & Cheshire)</p> <ul style="list-style-type: none"> • North West Boroughs NHS FT • Alder Hey Children's Hospital • Cheshire and Wirral Partnership • Mersey Care NHS Trust • Blackpool & Osmkirk 	<p>3) Cumbria</p> <ul style="list-style-type: none"> • Cumbria Partnership NHS FT • Lancashire Care Trust (possible 1 x 6 month rotation) <hr/> <p>4) Lancashire</p> <ul style="list-style-type: none"> • Lancashire Care Trust • Cumbria Partnership NHS FT (possible 1 x 6 month rotation)
Expected Rotation Information	<p>West Programme</p> <p>Trainees will be expected to rotate through most of the Trusts during a minimum of six 6-month posts but with a maximum of 1 six month post in Lancashire Care Trust. Training placements are available in the full range of psychiatric sub-specialities including the unique opportunity to have 6 months forensic psychiatry training at Ashworth Special Hospital. All training placements are easily commutable from the centre of Liverpool. In addition to excellent clinical opportunities there will be numerous opportunities provided for experience in research, Clinical Audit and Leadership and Management.</p>		

	<p>East Programme On the Greater Manchester Scheme, trainees will be expected to rotate through most of the Trusts during a minimum of six 6- month posts. All core trainees will spend a minimum of 6 months in Lancashire (East), usually in 2nd or 3rd year.</p> <p>Cumbria Scheme The smallest of the training schemes. However, apart from awe inspiring scenery; Cumbria Partnership NHS Foundation Trust offers excellent opportunities for those that train in the region. The Trust puts genuine value on medical education; they are an organised department that consistently performs well.</p> <p>There are a number of excellent opportunities for clinical learning, but also numerous other developmental areas you would be welcome to join including;</p> <ul style="list-style-type: none"> • Medical Education Research and Development Projects • Clinical and Medical Education Audit • Leadership and Management <p>Accommodation: Cumbria is the Trust furthest north in the scheme and it is inevitable that trainees have to move during their time to which it is recognised that this is difficult and has a cost attached to it. You should be aware that this cost does not have to be met by yourself as a trainee.</p> <p>As a trainee in Cumbria you will be employed by Pennine Acute Hospitals NHS Trust, as are all trainees in the North West. As such you are covered by their “Removal and Associated Expenses Policy”. Please refer to “Section 12: Travel Expenses in Lieu of relocation or whilst on rotation”. Whilst you should read this whole section and decide how this policy will best work for you please draw your attention to section 12.8.2 which states rather than commuting on a daily basis from home to Cumbria “The StR will then have the option of staying in accommodation at/in the vicinity of their place of work subject to a maximum allowance of £800 per month”. If you have any questions or need some support in this matter, in the first instance please contact our department for further assistance; Email: MedicalEducation@cumbria.nhs.uk Telephone: Angela Emmerson (01228 608859) Telephone: Angela Hunt (01228 603877)</p> <p>Lancashire Scheme Lancashire is a small but reputable region that offers trainees a wide breadth of experience during their 3 years of Core Training.</p> <p>If Lancashire is your preferred region and allocated to this area, you will spend the entirety of your Core Training rotating through this region with the exception of a 6 month placement in Cumbria Partnership NHS Foundation Trust.□</p>
Anticipated Duration	3 years subject to satisfactory progression
Anticipated Outcome	Completion of core psychiatry training

Employment Information	
Employer	Candidates will be employed by the relevant Trust throughout the duration of training.
Employer email contact address	psychiatry@hee.nhs.uk
National Terms & Conditions	Click here for NHS Employer's website
Travel and Relocation expenses policy	Click here for Deanery website
Other Policies & Guidance	Click here for Deanery website

If you require any additional information, please contact the deanery directly.