

## Health Education England

CT1 Psychiatry: Deanery		
Programme Details	Core Training in psychiatry is the first step for doctors who are enthusiastic to become the Consultant Psychiatrists of the future and who can demonstrate the essential competencies to enter this level of training.	
	The programme consists of three years (or equivalent) core training which will equip trainees to apply for advanced training leading to a CCT in one of the psychiatric specialties.	
	The programmes are designed to enable trainees to experience approaches to the delivery of modern mental health services in a representative range of settings. The three different Trusts involved in the programme provide complimentary and contrasting features that enhance the training experience.	
Training Locations	The programme is based in mental health trusts in the East Midlands Local Education and Training Board (North Centre) and placements are at two of the three Trusts listed below:  Derbyshire Mental Health Services NHS Trust Lincolnshire Partnership NHS Foundation Trust Nottinghamshire Healthcare NHS Trust	
Expected Rotation Information	The programme will develop candidate's core competencies in psychiatry and the opportunity to experience an appropriate range of specialties.	
	During core training all trainees will work in Nottinghamshire Healthcare NHS Trust and either Derbyshire Mental Health Services NHS Trust or Lincolnshire Partnership NHS Trust. Trainees will usually spend a continuous year (2 x six months posts) within one trust and at the end of that year, following satisfactory demonstration of progress, will rotate to the next year of training within the programme.	
	The allocation of posts in each year is designed to optimise the educational and service delivery components of training within a coherent geographical location. Trainees will usually spend;	
	<ul> <li>12 months in General Adult Psychiatry</li> <li>6 months in Old Age Psychiatry</li> <li>6 months in Developmental Psychiatry, either Child &amp; Adolescent or Learning Disability</li> <li>12 months in sub-specialty training*</li> </ul>	
	*Which allows trainees to explore specific areas of clinical practice which may influence their final career intentions in the specialty.	
Anticipated Duration	3 years subject to satisfactory progression	
Anticipated Outcome	Completion of core psychiatry training	



Employment Information	
Employer	Candidates will be employed by the relevant Trust throughout the duration of training.
Employer email contact address	medicalrecruitment.em@hee.nhs.uk
National Terms & Conditions	Click here for NHS Employer's website
Travel and Relocation expenses policy	Please use the search engine located on East Midland's website (click here).
Other Policies & Guidance	Please use the search engine located on East Midland's website (click here).

If you require any additional information, please contact the deanery directly on:  $\underline{\text{medicalrecruitment.em@hee.nhs.uk}}$