

## **ST4 Psychiatry**

<b>LETB/Deanery: Health Education Wessex</b>	
<b>Programme Details</b>	<p><u>Forensic:</u> This 3 year training programme will allow applicants to gain CCT in Forensic Psychiatry subject to satisfactory progression. The trainee in Forensic Psychiatry will spend at least two years in Ravenswood House/Southfield and the remainder of their time in Bluebird House (adolescent forensic) and Broadmoor Hospital. Trainees will also be expected to attend the following prisons during their training scheme: Winchester Prison Isle of Wight prisons (including Parkhurst, Albany, Camp Hill) and Send prison (Woking). The trainee will also be expected to visit NHS hospitals in the catchment area of the Wessex Forensic Service, which includes Dorset, Hampshire and the Isle of Wight to undertake assessments.</p> <p><u>General Adult:</u> This 3 year Higher Specialty Training programme in General Adult Psychiatry will allow the successful applicant to achieve the award of a Certificate of Completion of Training (CCT) in General Adult Psychiatry, subject to satisfactory progression. Higher professional training in General Adult Psychiatry is of 3 years duration, normally made up of posts of one year duration. Occasionally posts may be split into 6 month blocks to allow 6 months inpatient work alongside 6 months in a different area such as Assertive Outreach, Early Intervention Psychosis etc to increase experience. There is a wide diverse range of subspecialty posts including perinatal psychiatry, Ministry of defence inpatient work, substance misuse, liaison psychiatry alongside community and inpatient posts. Trainees will normally spend the first 2 years in one part of the scheme and in the third move to a different area. The purpose of this is to ensure that trainees get exposed not only to different clinical experiences but also to different organisations.</p> <p><u>Old Age Psychiatry:</u> The rotational training scheme in Old Age Psychiatry provides higher professional training in a wide range of posts. Normally most trainees seeking a CCT in Old Age Psychiatry will undertake three posts in Old Age Psychiatry. However it is possible for one of these years to be undertaken in General Adult Psychiatry or exceptionally one of the other sub-specialities, e.g. Learning Disabilities or Forensic psychiatry. There are agreed educational objectives for each post. There is a wide range of opportunity available within the region for Special Interest sessions in Geriatric Medicine, Neurology, End of Life Care, Psychotherapy, Forensic Psychiatry and Liaison Psychiatry. Academic Old Age Psychiatry is based at the Memory Assessment and Research Centre (MARC) in Southampton, and Academic Clinical Fellowships in Old Age Psychiatry can be applied for.</p>

Learning Disability:

The Wessex Psychiatry of Learning Disability rotational training scheme covers Hampshire and Southampton with all the benefits of the sea, beautiful countryside and historic cities.

As the Scheme only consists of 3 full-time ST4-6 Trainees, within the same Trust, it is friendly and allows flexibility to meet individual trainee's needs. The Scheme supports Less Than Full Time (LTFT) training, dual accreditation and placements from trainees in other psychiatric specialities.

The Scheme provides higher professional training, by spiral learning, in a range of posts, to obtain a CCT in Psychiatry of Learning Disability as 3 years full-time of pro-rata equivalent. Trainees will usually undertake at least 2 posts, each lasting up to a year, in the community. The rest of training will comprise 3-6 months with the Forensic inpatient and community service in the latter half of training; community experience focused on management and leadership roles as a consultant; and inpatient/IST experience either as a block or part of community experience. Community placements are currently:

- Basingstoke (North Hants)
- Southampton City
- A combination of Havant & East Hants and Fareham & = Gosport
- Eastleigh and Test Valley

However, the rotation arrangements for this programme are constantly reviewed to reflect national and local changes in service delivery for people with a Learning Disability and therefore could change in terms of length in each placement, the number of placements and actual placements. Educational objectives will be agreed for each post. Trainees should be able to travel effectively and efficiently to all Trust and associated sites for work purposes.

Child & Adolescent Psychiatry:

Child and Adolescent Psychiatry training in Wessex provides numerous unique opportunities to senior trainees; with placements in experienced multi-disciplinary and multi-agency teams who are all supportive of training and education; under the supervision of a committed body of Educational Supervisors. The rotation is also well known for involving trainees in its highly regarded medical student teaching, especially innovative Special Study Units (e.g. Learning Psychiatry through Films). FY1 trainees are also placed in the CAMHS rotation posts, giving the senior trainees ample opportunities to provide supervision and modelling for the junior trainees.

Senior Trainees attend a fortnightly 'rolling academic programme' (day release every fortnight during term time) over the 3 years (WTE) of training.

Research is strongly supported, with close links to Southampton University School of Psychology as well as the University Mental Health Group. Research into developmental disorders (especially ADHD, ASD) is a particular strength and providing numerous opportunities to trainees for research. Trainees are supported in undertaking relevant Masters Courses (Education, Medico legal Practice, Developmental Disorders etc.).

The typical rotation for any ST4-6 trainee will involve:

→ Tier III Specialist CAMHS including Developmental disorders

	<p>→ Tier IV Inpatient CAMHS</p> <p>→ Tier IV Paediatric Liaison CAMHS</p> <p>→ Specialist Adolescent Community CAMHS, Intensive and Assertive Outreach</p> <p><u>Dual General Adult &amp; Old Age Psychiatry:</u></p> <p>Wessex Deanery are delighted to announce the opportunity for higher trainees to embark on a dual training experience offering opportunities in both General Adult Psychiatry and Psychiatry for the Older Person.</p> <p>Wessex Deanery covers 5 different trusts so enabling a wide range of experience with opportunities in GAP for specialist experience in perinatal psychiatry, liaison psychiatry, substance misuse, crisis work, inpatients linked with the Ministry of Defence, Early Intervention psychosis, academic posts, forensic services and of course a number of different inpatient and community General Adult posts.</p> <p>Dual accreditation in General Adult and Old Age Psychiatry takes 4 years, 2 in each speciality. There are agreed educational objectives for each post, each programme will be individualised to meet the trainees requirements</p> <p><a href="http://www.wessexdeanery.nhs.uk/specialty_schools/school_of_psychiatry.aspx">http://www.wessexdeanery.nhs.uk/specialty_schools/school_of_psychiatry.aspx</a>  <a href="http://www.wessexdeanery.nhs.uk/recruitment/recruitment_2015/recruitment_2015.aspx">http://www.wessexdeanery.nhs.uk/recruitment/recruitment_2015/recruitment_2015.aspx</a></p>
<b>Expected Rotation Information</b>	e.g. 3 x 12 month posts. If a dual speciality, please indicate how time between the specialties will be split, e.g. 3 years in General Adult followed by 1 year in Old Age or part week in General Adult and part week in Medical Psychotherapy
<b>Employment Information</b>	
<b>Employers</b>	Avon & Wiltshire Partnership NHS Trust (Salisbury base) Southern Health NHS Foundation Trust Dorset Healthcare University Foundation Trust Isle of Wight NHS Trust Solent NHS Trust Sussex NHS Partnership Trust
<b>Travel and relocation expenses policy</b>	<a href="#">Junior Doctors' Terms &amp; Conditions of Service</a>  <a href="http://www.wessexdeanery.nhs.uk/guidance_recourses/guidelines_procedures.aspx">http://www.wessexdeanery.nhs.uk/guidance_recourses/guidelines_procedures.aspx</a>
<b>Contact Details</b>	<a href="mailto:Wessex.recruitment@wessex.hee.nhs.uk">Wessex.recruitment@wessex.hee.nhs.uk</a> <a href="mailto:Amy.day@wessex.hee.nhs.uk">Amy.day@wessex.hee.nhs.uk</a>
<b>Link to relevant page on your LETB/Deanery website:</b>	<a href="http://www.wessexdeanery.nhs.uk/recruitment/core_specialty_recruitment.aspx">http://www.wessexdeanery.nhs.uk/recruitment/core_specialty_recruitment.aspx</a> <a href="http://www.wessexdeanery.nhs.uk/specialty_schools/wessex_school_of_psychiatry.aspx">http://www.wessexdeanery.nhs.uk/specialty_schools/wessex_school_of_psychiatry.aspx</a>