Mentee Reflection - Pre Session

Date:

Location:

|  |
| --- |
| **Planned agenda** – The issues/events that you would like to focus on in the meeting |
| **What has happened since the last meeting? –** Has there been any key developments for example, new insights or learning; new issues or decisions that have arisen? |
| **Reflecting on the last sessions agenda, how have you moved forward?** Look at the last sessions agenda. How have you progressed with your previous goals? Any successes? Any barriers encountered? |
| **What issues for action have been identified?** Where are you stuck? Have your goal shifted? How can you move forward? Where do you need your mentors input? |
| Any further reflections and actions that you wish to capture? |