**Health Education North West**

**Higher Specialist Training Programme in Palliative Medicine (Mersey)**

**Introduction to the Training Programme**

The Higher Specialist Training Programme in Palliative Medicine aims to meet the requirements of the Specialty Training Curriculum by providing the opportunities to develop the relevant skills and knowledge. There are a variety of experiences available in hospice, hospital and community settings. The duration of the programme is four years whole time equivalent training. Whilst the programme can be tailored to meet an individual’s needs, each trainee will need to complete the following:

* A minimum of two years must be spent in Specialist Palliative Care, working with a full multi-professional Specialist Palliative Care team as defined in the NICE Guidance on Supportive and Palliative Care (2004)
* At least one year working in a Specialist Palliative care inpatient unit with a minimum of ten beds
* At least six months working with a Hospital Specialist Palliative care team
* A minimum of six months cumulative community experience
* Exposure to related disciplines: Oncology, Interventional pain control and Palliative care for patients with non-malignant conditions
* Experience in research, audit, teaching and also in management and strategic elements of palliative care

A draft placement plan will be disseminated each March following discussion with trainees and their Educational Supervisors. This is subject to change following annual review (ARCP). Each new placement will commence on the first Wednesday of August. An educational Supervisor will be assigned to each trainee at the start of each placement – they should be the first point of contact for queries or support, followed by the Training Programme Director: **Dr Laura Chapman.**

The individual placements available on the programme, as well as additional training opportunities, are described below.

**Placements on the training Programme**

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| **Marie Curie Hospice Liverpool** |
| **Individual training providers within placement:** |
| Marie Curie Hospice Liverpool |
| **Names of accredited Educational Supervisors:** |
| Dr Sarah Fradsham, Consultant in Palliative Medicine  Dr Helen Bonwick, Associate Specialist in Palliative Medicine  Dr Laura Chapman, Consultant in Palliative Medicine |
| **Brief description of service and the responsibilities of the trainee:** |
| A range of both clinical and non-clinical experience relevant to the palliative medicine training curriculum is available which can be tailored to the individual learning needs of the trainee(s).  Clinical experience of inpatient palliative care through the two inpatient wards (30 beds in total) is included on all placements. This varies depending on the stage of training of individual registrar.  Outpatient clinic experience is also provided, supported by senior clinicians within the hospice. For doctors newly commencing the training programme, a gradual introduction to outpatient clinics is typically planned. Additional community focused experience is gained through providing medical support to the hospice day unit. Domiciliary visit experience is also available, working in collaboration with the community specialist palliative care team. There is also an interventional pain service lead by 2 experienced anaesthetists.  On-call commitment involves participation in the non-residential out of hours cover for Marie Curie Hospice Liverpool. This also includes providing telephone support for the palliative care advice line for health professionals in other settings in central and south Liverpool. The rota is currently banded 1A on a 1 in 6 or 7 frequency.  A number of non-clinical learning opportunities are available depending on the needs of the individual trainee and the stage of training. For example teaching experience through close links with the University of Liverpool undergraduate palliative care placements, quality improvement projects through local and regional audit process and opportunity for management experience. |

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| **The Clatterbridge Cancer Centre NHS Foundation Trust** |
| **Individual training providers within placement:** |
| The Clatterbridge Cancer Centre NHS Foundation Trust  Note: this post is linked with Aintree University Hospitals NHS Trust and is a two-day placement per week**.** |
| **Names of accredited Educational Supervisor:** |
| Dr Alison Coackley, Consultant in Palliative Medicine |
| **Brief description of service and responsibilities of trainee:** |
| This post provides a unique opportunity to work in the tertiary cancer centre at the interface between Oncology and Specialist Palliative Care. The post is most suitable for a trainee in their third or fourth year of training.  The trainee will work as part of the established specialist palliative care team providing an advisory service across the Trust. The team consists of: a Consultant in Palliative Medicine; three Clinical Nurse Specialists; a Social Worker a Family Support Worker, an Advance Care Planning facilitator and a Co-ordinator  There are opportunities for work on the inpatient unit, in outpatient clinics (integrated with different site specific teams) and to review patients attending for radiotherapy and chemotherapy.  The specialist palliative care team is part of the larger Rehabilitation and Supportive Care Service and there is opportunity to work closely with a wide range of healthcare professionals including Psychological Medicine, Teenage and Young Adults Service, Lymphoedema, Allied Healthcare Professionals and Clinical Nurse Specialists from the different tumour sites  The trainee will be expected to contribute to service development and quality improvement projects gaining experience in management and leadership.  There is an active internal and external audit programme and the team are also starting to develop a research portfolio  Development and delivery of education and training will be a significant part of the experience gained. Trainees will be expected to contribute to the annual study day and simulation workshops throughout the year  Trainees who have not completed their formal oncology experience will be able to complete an 8 week placement as part of the attachment  There is no on-call work at the Cancer centre. Trainees will contribute to the on call rota at Aintree Hospital.  The post provides ample flexibility to ensure that placements are individualised to meet the learning outcomes of each trainee.  For further information please contact **Dr Alison Coackley**  Alison.coackley@clatterbridgecc.nhs.uk |

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| **West Lancashire, Southport & Formby** |
| **Individual training providers within placement:** |
| Queenscourt Hospice  Southport & Ormskirk Hospitals NHS Trust (Integrated Care Organisation) |
| **Names of accredited Educational Supervisors:** |
| Dr Karen Groves, Consultant in Palliative Medicine  Dr Clare Finnegan, Consultant in Palliative Medicine  Dr Tim Jones |
| **Brief description of service and responsibilities of trainee:** |
| Integrated Specialist Palliative Care Service across all healthcare settings:-   * 10 inpatient beds * Day Services * Outpatient Services * Hospital Advisory Service * Community Advisory Service * ‘at Home’ Crisis Intervention Service * Education Centre   Trainee responsibilities can be tailored to individual training needs  On call to meet trainee needs – usually covering all services and providing medical advice to all health professionals in all healthcare settings (can be tailored to development needs) |

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| **Aintree University Hospitals NHS Foundation Trust (AUH)** |
| **Individual training providers within placement:** |
| Aintree University Hospitals NHS Foundation Trust (AUH)  Woodlands Hospice |
| **Names of accredited Educational Supervisors:** |
| Dr Julie Raj, Consultant in Palliative Medicine  Dr Kate Marley, Consultant in Palliative Medicine |
| **Brief description of service and responsibilities of trainee:** |
| Aintree Integrated Palliative Care Team provides specialist palliative care to patients and their families living in North Liverpool, Sefton and Knowsley. The team includes three consultants and a diverse range of other professionals working across AUH, Woodlands Hospice and the Community.  There are currently three trainee posts based at Aintree and Woodlands. Two trainees work across hospice and hospital settings; and there is also the opportunity for community experience dependent on training needs. A third trainee works in a shared post between Aintree/Woodlands and Clatterbridge Cancer Centre.  FT trainees have a 1 in 4 non-resident on call commitment at Woodlands Hospice, including providing telephone advice to community and hospital teams out of hours (5pm – 9am).  **Training opportunities include:**  **Woodlands Hospice**   * Experience working on a 15 bedded inpatient unit * Attendance at weekly MDT meetings * Experience caring for day patients at Woodlands Wellbeing and Support Centre * Weekly Outpatient Clinic Experience   **Hospital Specialist Palliative Care Team**   * Experience working with the AUH hospital advisory team * Attendance at weekly MDT meetings * Attendance at a range of site-specific MDTs * Joint working with the Acute Oncology Team * Experience of palliative care in Acute Assessment Areas * Weekly Outpatient Clinic Experience   **Community Specialist Palliative Care Team**   * Attendance at weekly integrated MDT meetings, with hospital, community and hospice teams. * Opportunity for domiciliary visits and joint working with the community specialist palliative care team.   **Additional Training Experiences**   * Regional Pain Clinic and Percutaneous Cordotomy Service. * Experience caring for patients at The Walton Centre; the regional neurology and neuroscience centre. * Regional NIV unit * Tertiary Centre for ENT * Opportunity for gaining skills in the management of patients with a tracheostomy or laryngectomy * Experience and involvement with innovative project work and service development including AMBER and ACP * Audit experience, including leading on both regional and local audit projects * Multidisciplinary teaching opportunities, including co-ordinating the medical student education programme * Opportunity for the development of management and leadership skills including;   co-ordination of rotas, chairing the doctors business meeting, and attendance at departmental management meetings e.g. Clinical Governance, Medicines Management, Clinical Effectiveness Group |

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| **Royal Liverpool and Broadgreen University Hospitals NHS Trust** |
| **Individual training providers within placement:** |
| Royal Liverpool and Broadgreen University Hospitals NHS Trust (RLBUHT)  Marie Curie Palliative Care Institute Liverpool (MCPCIL) |
| **Names of accredited Educational Supervisors:** |
| Professor John Ellershaw, Consultant in Palliative Medicine  Dr Catriona Mayland, Consultant in Palliative Medicine  Dr Andrew Khodabukus, Consultant in Palliative Medicine |
| **Brief description of service and responsibilities of trainee:** |
| This placement offers a wide range of experience within one of the busiest acute hospitals in the region. Where possible, the post will be tailored to meet the needs of the trainee.  **Academic Palliative care Unit**  A brand new academic palliative care inpatient unit opened at RLBUHT in January 2016. The unit has 12 beds and aims to provide excellent care for patients and bring together clinical, educational and research expertise.  **Hospital Specialist Palliative care Team**  The trainee would also work as part of the advisory HSPCT which receives over 1400 referrals per year. There is opportunity to gain experience in the management of patients with a range of diagnoses including end stage organ failure, dementia and those dying in a critical care environment. Around 40% of referrals to the team are for patients with non-malignant disease.  **Marie Curie Palliative Care Institute Liverpool**  MCPCIL is a collaboration between the University of Liverpool, Marie Curie and RLBUHT with a focus on research, service innovation and teaching on care in the last days and hours of life. Trainees would have the opportunity to link with MCPCIL to further their development in any of these areas.  **On-call**  On-call commitment involves participation in the non-residential out of hours cover for Marie Curie Hospice Liverpool. This also includes providing telephone support for the palliative care advice line for health professionals in other settings in central and south Liverpool. The rota is currently banded 1A on a 1 in 6 or 7 frequency |

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| **Wirral** |
| **Individual training providers within placement:** |
| Wirral Hospice St John’s |
| **Names of accredited Educational Supervisors:** |
| Fawad Ahmad, Consultant in Palliative Medicine  Richard Latten, Consultant in Palliative Medicine  Catherine Hayle, Consultant in Palliative Medicine |
| **Brief description of service and responsibilities of trainee:** |
| Wirral Hospice has 16 inpatient beds, outpatient, day therapy and domiciliary visiting services supported by MDT (Physio, OT, SW, Counselling, aromatherapist, creative therapist) There is a 24- hour advice line for professionals which is run in conjunction with palliative care team. There is an interventional pain service. There is interface with the community and hospital arms of the integrated specialist palliative care team. The Hospital palliative care team is an advisory service which works closely with acute oncology.  Patient population has a mix of cancer and non-cancer (COPD, Neuro, HF) diagnoses.  Opportunities are available to:   1. Develop experience of managing inpatients. 2. Develop experience of managing outpatients (in outpatient clinic, day therapy and domiciliary setting). 3. Develop experience of working in a hospital advisory service. 4. Develop experience of giving telephone advice. 5. Develop experience of supporting and managing Junior Doctor team. 6. Develop experience of managing on-call and journal club rota. 7. Audit. 8. Deliver education and training to 4th year medical students and the wider MDT. |

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| **St Helens and Knowsley** |
| **Individual training providers within placement:** |
| Willowbrook Hospice  St Helens and Knowsley NHS Trust |
| **Names of accredited Educational Supervisors:** |
| Dr Paula Powell, Consultant in Palliative Medicine  Dr Anthony Thompson, Consultant in Palliative Medicine |
| **Brief description of service and responsibilities of trainee:** |
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**Assessment**

The curriculum for palliative medicine is competency based and engagement with this is recorded on the e-portfolio. You will be supported by your Educational Supervisor through regular appraisal and will undergo annual review at ARCP. The requirements for each year of training can be found on the ARCP Decision Aid: <https://www.jrcptb.org.uk/documents/2010-palliative-medicine-arcp-decision-aid-revised-161014>

Since 2011 there has been a mandatory Specialty Certificate Examination which must be passed prior to obtaining a CCT.  This is held annually in November, with most trainees sitting this in ST5.

**Oncology experience**

The Training Programme includes a two month long dedicated oncology placement, to be undertaken by all trainees once during ST4 – ST6. This placement, based at Clatterbridge Cancer Centre (CCC), is designed to meet the competency requirements of the Specialty Training Curriculum in relation to the management of patients with cancer.

**Attendance management**

Please see the attendance management section on the Lead Employer website for full details: <http://3225.nhs.sitekit.net/Pages/home.htm>

Each training placement will have its own arrangements for reporting an absence from work. The FAQs for Trainees on Attendance Management are to be found in appendix 1, along with other information on the Lead Employer.

**Audit programme**

The Cheshire and Merseyside area has a regional, multi-site palliative and end of life audit programme. Topics audited in the last few years include bisphosphonates, bereavement care and symptom control medication in the dying person. Registrars participate in one audit a year and this helps sign off curriculum competencies and assessments in audit and research. Training and support is provided each year as part of the study leave allowance in topics such as literature searching and auditing practice.

For further details please see <http://www.nwcscnsenate.nhs.uk/strategic-clinical-network/our-networks/palliative-and-end-life-care/audit-group/>

**Regional Teaching Programme**

From February 2017 a Joint HENW Palliative Medicine Teaching Programme will bring together palliative medicine StRs, consultants and SAS doctors from North West and Mersey training programmes.

The teaching programme will run from February – December 2017 and then annually with a four-year ‘rolling’ programme of topics relevant to the Palliative Medicine curriculum, particularly directed at those areas not easily covered in routine clinical placements. The sessions will be bi-monthly full day teaching, organised jointly by trainee, and consultant/senior SAS leads from North West and Mersey training programmes. Attendance is mandatory, with trainees expected to attend 70% of sessions to allow for sickness and annual leave.

The teaching days will be held in ‘The Conference Room’ at St Rocco’s Hospice in Warrington; chosen as a central location for travel from across Liverpool and Manchester.

The teaching programme will include an annual ‘Away Day’ to be held in June 2017. The Away Day is an opportunity to focus on more innovative and topical subjects, and to promote networking and sharing of service innovation between palliative medicine trainees, consultants and SAS doctors across North West and Mersey training programmes.

A ‘Management Afternoon’ will also form part of the teaching programme, and is incorporated into the October teaching session.

The Joint HENW Teaching Programme for 2017 is available on the Palliative Medicine page on the Health Education North West: Postgraduate Medicine and Dentistry website: [www.nwpgmd.nhs.uk/Specialty\_Schools/Medicine/Palliative\_Medicine](http://www.nwpgmd.nhs.uk/Specialty_Schools/Medicine/Palliative_Medicine).

**Study Leave**

Trainees are entitled to 30 days study leave to undertake the following:

* Attend courses and conferences
* Research
* Examinations
* Visiting other departments

However this does include one half-day per week allocated for private study or audit/research projects leaving a reduced amount of study leave days for attendance at courses and conferences.

The bi-monthly Regional Teaching Programme days do not come out of study leave.

The process for requesting study leave and claiming expenses and the required forms can be found by clicking on the following link: <https://www.nwpgmd.nhs.uk/studyleave>. Once signed by your Educational Supervisor and rota co-ordinator, the forms should be forwarded to [edstudyleave@rlbuht.nhs.uk](mailto:edstudyleave@rlbuht.nhs.uk) .

**Less than full time training**

Trainees can apply for less than full time (LTFT) training; however as there can be a potentially significant impact on training the decision must lie with Health Education England (HEE) rather than the Lead Employer.

HEE put all applications received from Trainees through an eligibility process before a decision is made and the outcome communicated to the Trainee. The Lead Employer will support the outcome of that process in terms of issuing a revised contract if required.

**Out of Programme Experience**

There are a number of circumstances when a Trainee may seek to spend some time out of their specialty training programme. These fall under four categories:

* OOP for Clinical Experience (OOPE)
* OOP for Clinical Training (OOPT)
* OOP for Clinical Research (OOPR)
* OOP for Career Break (OOPC)

All requests need to be agreed by the Postgraduate Dean in advance, so Trainees are advised to discuss their proposals with the TPD as early as possible.

**Key contacts**

**Training Programme Director**

Dr Laura Chapman, Consultant in Palliative Medicine, Marie Curie Hospice Liverpool, Speke Road, Woolton, Liverpool. L25 8QA. Email: laura.chapman@mariecurie.org.uk