

North West SAS Doctors Newsletter

Issue 1 – January 2019

Welcome to the first issue of the North West SAS Doctors Newsletter.

Courses and Events

Got a story? [Click here](#) to submit your idea!

‘Reach for the Stars’ 6th Annual North West SAS Doctor Conference 2018

Reach for the Stars!

Monday 5th November 2018, Aintree Racecourse



Around 160 doctors from 32 Trusts and 28 specialties joined us on Monday 5th November for our 6th Annual SAS Conference.

Funded by the Health Education England (HEE) SAS Development Fund, this event provided delegates with 5 CPD points, and offered a range of workshops to choose from, as well as high quality plenary speakers.

The programme, materials and photos from the day can be found [HERE](#).

Well done to our poster competition entrants for your submissions:

- 1st Prize** ‘Consent & Patient Education on Anthracycline Therapy’
Dr Retnabai, The Christie NHS Foundation Trust
- 2nd Prize** ‘Recurrent Miscarriage – a Complete One Stop Service’
Dr Bidisa Ghosh, Manchester University NHS Foundation Trust
- 3rd Prize** ‘Trans nasal Endoscopic Ligation of the Sphenopalatine Artery in Posterior Epistaxis’
Dr Dillan K Shetty, Bolton Foundation Trust



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www.hee.nhs.uk

<https://www.nwpgmd.nhs.uk/sas-doctors/introduction>

'SAS Doctors – the Story So Far at Mersey Care'

Dr Janine Griffiths, Dr Kuben Naidoo, Dr Catherine Wills, Loretta Verdorn

'Not all Chest Pains are Cardiac'

Dr Anupam Ghosh, Pennine Acute Hospitals NHS Trust

'Ultrasound Reporting of Thyroid Nodules @ Royal Bolton Hospital & Adherence to BTA Guidelines'

Dr Dillan K Shetty, Bolton Foundation Trust

SAVE THE DATE! The 7th Annual SAS Doctor Conference will take place on Thursday 17 October 2019 at the Radisson Blu Hotel, Manchester Airport

Upcoming Courses for SAS Doctors – available to all SAS Doctors working across the north west (funded by The SAS Development Fund)

As well as supporting individual doctors' development, HEE provides funding to Trusts to run courses and also arranges courses centrally at Regatta Place, Liverpool, and Piccadilly Place, Manchester. Here are some of the courses coming up:

- **Balancing Training Needs and Clinical Care - February**
- **Improving Through Reflective Practice - February**
- **Human Factors - February**
- **Managing Bullying and Harassment and Employment Law: Equality and Diversity - February**
- **CESR Support - February**
- **Educational and Clinical Supervisor - February**
- **Using Audit to Change Practice - March**
- **The Way Ahead for SAS Doctors - March**
- **Leadership Fundamentals for SAS Doctors - March**
- **Navigating Change and Effective Communication - March**
- **Advanced Teach the Teacher 2 Day Course - March**
- **Communication Across Cultures - March**



These are just some of the courses we have funded over the next few months. Please see https://www.nwpgmd.nhs.uk/sas_calendar for all courses. This calendar is updated regularly.

Course details are also distributed via email from SASDoctors.NW@hee.nhs.uk

Your News and Views

SAS Doctors as Educators – Dr Kathryn Ashton

This month we heard from Dr Kathryn Ashton from Wrightington, Wigan and Leigh NHS Foundation Trust, who graduated from the University of Manchester as a Medical Educator in December 2018. Dr Ashton has achieved this whilst still working in her role as a Specialty Doctor in Dermatology. She has since taken on the role of teaching FY1 and CMT doctors and is also a tutor at Manchester University for 4th Year Medical Students. Dr Ashton has received outstanding feedback for the excellent 'Dermatology - How to Describe a Lesion' session and has been asked to teach more sessions. She has been commended for her skill, enthusiasm and dedication to teaching. Well done!

How I Used the SAS Development Fund

Dr Korah Oommen, Associate Specialist in Cardiothoracic Surgery (Manchester University NHS Foundation Trust) used the SAS Development Fund to help him attend the 26th ESTS Meeting in Slovenia in May 2018. Dr Oommen shares some of his reflections from the meeting:

“I was very impressed by the number of delegates from China, Japan and India and the quality of their presentations and the quality and quantity of thoracic surgery being undertaken in these countries, and their use of Minimally invasive techniques including Robotics. They seem to have an almost unbelievable access to new technology. Some of my colleagues in India were doing up to 20 Robot assisted MITS (Minimally Invasive Thoracic Surgery) a month. I am hoping to attend the 65th Annual Conference of the Indian Association of Cardiovascular and Thoracic surgeons in Chennai India between the 21st and 24th of February 2019.

I was able to try my hand at some new technology in the Industry Exhibition. I was particularly taken by Electromagnetic Navigation bronchoscopy, which allows localisation and marking even of small tumours deep within the lung, to facilitate and target surgical resection

I attended several sessions on Oncology for Surgeons – the number of new trials in this area impressed me. The shifting paradigm in the management of not only late stage lung cancer but also early stage disease lung cancer, with the advent of new immunotherapy agents targeting checkpoint inhibitors like PD1 and PDL-1 and Oncogene driver characterisation of tumours and genomic targeted therapeutic agents, in combination with Chemotherapy and Radiotherapy, both in the Neo-adjuvant and adjuvant setting, with impressive results in disease free survival. This has stimulated my interest in this topic and I hope to learn more about this complex topic of Genomics and Immunotherapy, by trying to access relevant textbooks and articles over the next year.

I also attended seminars on Enhanced recovery in thoracic surgery and on the use of ECMO in thoracic surgery. This is relevant as we have implemented Enhanced recovery techniques, at least partially at Wythenshawe and we need to take on board the protocol more completely to facilitate early and morbidity free recovery for our patients. Interestingly we had recently used V-V ECMO to facilitate repair of tracheal injury in two of our patients with excellent results. As Wythenshawe is the regional Respiratory ECMO and Transplant centre, and we often use ECMO during Lung transplantation, we are very comfortable with the technique.

Overall this was an excellent meeting, well organised, with an excellent venue, impressive International faculty with delegates from across the world with many opportunities to learn and network. I was so impressed that I hope to attend the 27th meeting in Dublin on the 9 June 2019.”

The Information You Need in One Place

Have you looked at our [Web Page](#)? This is updated regularly and contains information regarding:

- The SAS Development Fund – How to apply
- SAS Course Calendar
- SAS Doctor News – including all issues of the SAS Doctor Newsletters and other relevant updates
- How to contact your SAS Lead
- HEE SAS Annual Conferences – how to book a place, programmes and materials from previous events
- Frequently Asked Questions
- Other useful links and documents

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CESR Help Page (coming soon)

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A large number of doctors in the health service work as neither consultants nor principals in General practice and, yet, are not in designated training posts. This group – formerly known as NCCGs (Non Consultant Career Grades) is

We want to ensure that you can find everything you need on our [Web Page](#).

Please email SASDoctors.NW@hee.nhs.uk if you have any suggestions for the web page content.

Your news and views wanted

We hope you have enjoyed this edition of the SAS Doctor newsletter.

We would welcome your feedback on how we can make each edition better for all our SAS Doctors across the north west. Please send any news articles, updates, achievements and announcements to SASDoctors.NW@hee.nhs.uk