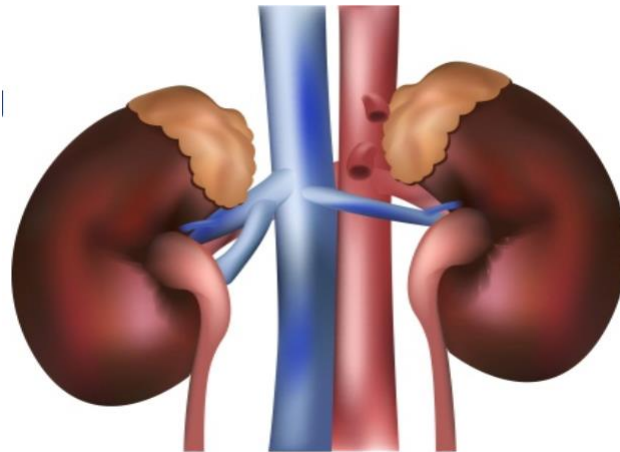




RENAL SPECIALTY TRAINEE INDUCTION



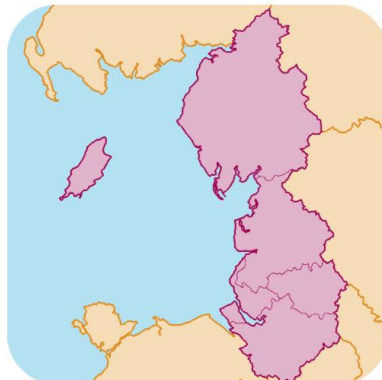
WELCOME

Congratulations on achieving a renal training post with Health Education England North West!

This induction handbook aims to provide you with some general information about the training programme as well as a list of educational resources that will hopefully support your clinical and academic training in nephrology.

Health Education North West (HENW)

The postgraduate team at HENW is responsible for delivering patient care in Greater Manchester, Lancashire and south Cumbria.



Postgraduate Medical Dean

Professor Jane Mamelok (emma.berry@nw.hee.nhs.uk)

Head of School for Medicine

Dr John Anderton (john.anderton@lthtr.nhs.uk)

Renal training committee

The committee meets a few times every year to discuss issues relevant to the renal specialty programme. It aims to support renal trainees and find ways to improve their training experience.

Training Programme Director

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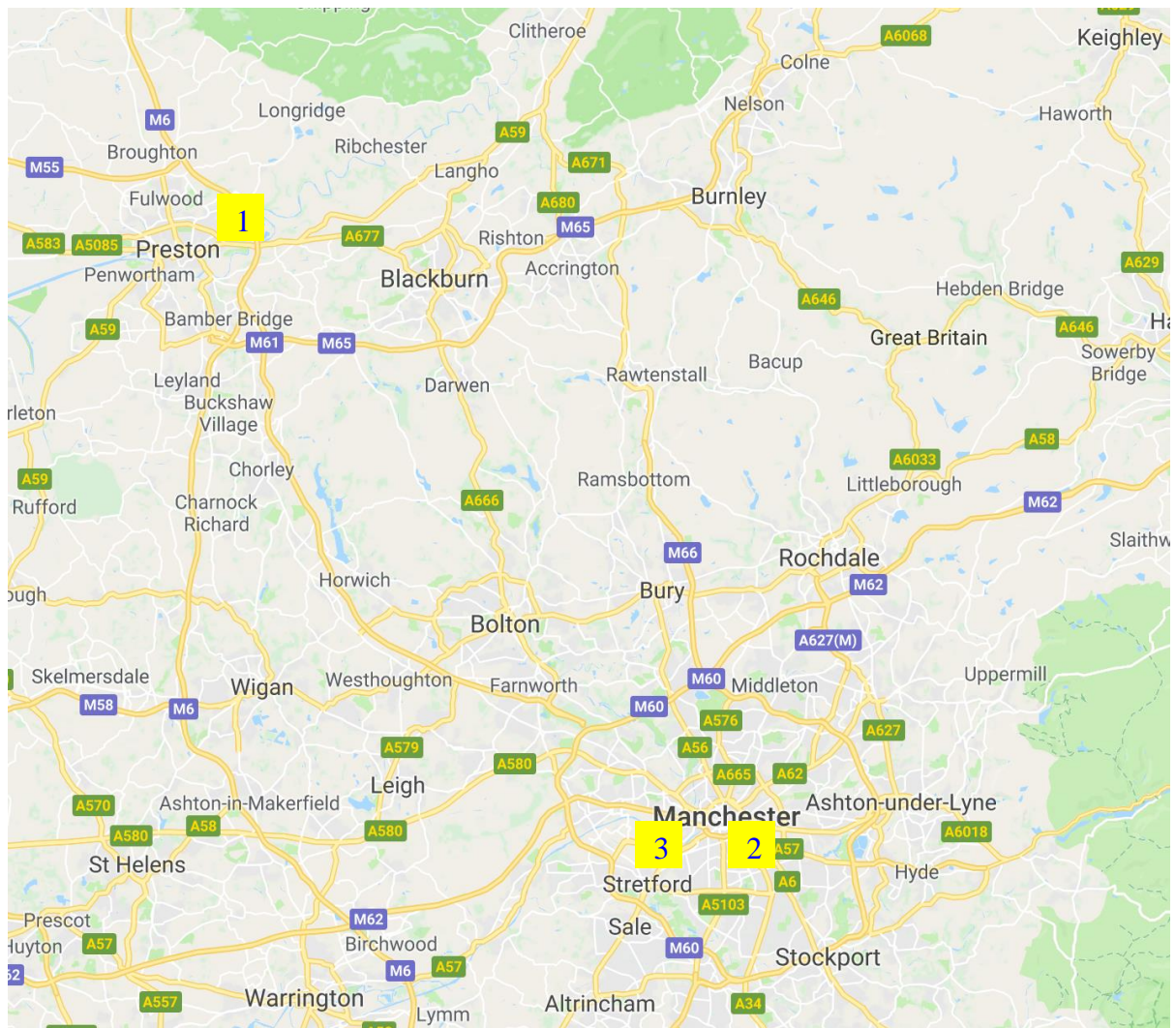
Dr Ibrahim Ali,
(zeal1990@gmail.com)

HOSPITAL TRAINING POSTS

The training programme is 5 years and will give you dual accreditation in both nephrology and general medicine.

Training is delivered across three trusts:

- ❖ **Lancashire Teaching Hospitals NHS Trust¹**
- ❖ **Manchester University Hospitals NHS Foundation Trust²**
- ❖ **Salford Royal Hospital NHS Foundation Trust³**



You will rotate between the three trusts during your training.

At **Lancashire Teaching Hospitals**, renal and/or G(I)M training time will be at Royal Preston Hospital. It also offers a post in intensive care, which counts towards your G(I)M training. There are 7 posts in total.

At **Manchester University Hospitals**, renal and/or G(I)M training will be based at Manchester Royal Infirmary. This is also where you will receive acute renal transplant training. There are 8 posts in total. A further post is based at Wythenshawe hospital, organised through Manchester Royal Infirmary.

At **Salford Royal Hospital**, you will be able to acquire training time in renal and/or G(I)M. It also offers a post in intensive care, which counts towards your G(I)M training. One post is at Royal Oldham Hospital. There are 7 posts in total.

Due to the busy nature of the training scheme it is not always possible to choose which site you train at each year. However if you have specific training needs (eg. gaining clinical exposure to acute transplantation), then these will be considered. Please do discuss your specific needs with your educational supervisor and Dr Shetty (training programme director) as soon as possible. Dr Shetty also arranges induction meetings with all new trainees and this will be a good opportunity to discuss your individual training needs.

You will also find useful updated information on ARCPs, OOP, study leaves, HEENW administration team at <https://www.nwpgmd.nhs.uk/>

All three trusts work a renal hub-and-spoke model. As well as covering satellite haemodialysis units, each trust also provides renal in-reach support for their local hospitals. Your training will be based at the hub hospital but you may be expected to undertake outpatient

Hospital Trust	Geographic renal care cover
<p>Lancashire Teaching Hospital (Renal training based at Preston Hospital)</p>	<p>Kendal, Barrow, Blackpool, Blackburn, Rosendale, Burnley, Lancaster, Chorley</p>
<p>Manchester University Hospitals (Renal training based at Manchester Royal Infirmary)</p>	<p>Tameside, Trafford, North Manchester, Withington, Macclesfield, Stepping Hill</p>
<p>Salford Royal hospital</p>	<p>Bury, Rochdale, Oldham, Bolton, Wigan</p>

clinics at these other sites.

Each trust will have different policies and procedures for delivering patient care and these will be outlined during local induction.

RENAL AND G(I)M TRAINING

Clinical exposure

Each trust offers broad exposure to general nephrology, acute kidney injury, acute and chronic dialysis and management of patients with renal transplants. This will be delivered through clinical experience on the wards, in clinics and when on-call. Experience of acute transplantation is only available at Manchester Royal Infirmary and all trainees will have at least four months of their training time on the transplant ward.

All the trusts offer G(I)M training posts, either as standalone posts, typically on an acute medical unit or a general medical ward, or as part of a hybrid model whereby a percentage of the working week is dedicated to caring for renal patients but where on-call duties are undertaken on the general medical rota.

The training programme director for G(I)M is Dr Vinod Devakumar (vinod.devakumar@pat.nhs.uk).

Curriculum and ARCP

Please ensure you keep your e-portfolio updated with evidence to demonstrate you have achieved clinical competencies for the various topics within the renal and G(I)M curriculum. Assessments should be linked to both curricula at the same time where appropriate.

Please be aware the current renal curriculum only requires trainees to learn how to place temporary dialysis lines. No matter how many lines you have placed before, it is now vital that you arrange this competency to be signed off as soon as possible when you are at a new Trust. Even when competent, it is expected that you should arrange regular DOPS assessments to demonstrate that you are maintaining this skill.

Training in renal biopsy and tunneled line placement is not required in the current curriculum. Opportunities to acquire these skills are

dependent on local trust policies. If you have a specific training need or interest, this should be discussed with your educational supervisor.

Please plan ahead to ensure that the necessary targets for your level of training will be successfully reached.

<https://specialtytraining.hee.nhs.uk/ARCP>

<https://www.jrcptb.org.uk/sites/default/files/Renal%20Medicine%20ARCP%20Decision%20Aid%20%28August%202017%29.pdf>

EDUCATION

Renal teaching

The regional renal teaching programme is organised by Dr Harish Shetty but delivered by trainers at the three sites. The programme is structured over three years and covers all the major curriculum topics over this time. The timetable is circulated at the beginning of each year.

The teaching sessions are usually held at:

**The Centre
Birchwood Park
Warrington
WA3 6YN**

Phone: 01925 282 940

Web: thecentreatbirchwoodpark.co.uk





On some occasions, the teaching is delivered at one of the three trust sites. Your host trust should facilitate arrangements for you to attend the regional teaching days.

Each trust also provides a local educational programme, which includes biopsy meetings, registrar teaching, lectures by national and international experts.

As part of your ongoing clinical training, the following sites offer renal-specific guidelines, which are recommended for you to review:

- **NICE**
www.nice.org.uk
- **Renal Association**
www.renal.org
- **KDIGO** (Kidney Disease Improving Global Outcomes)
www.kdigo.org
- **BTS** (British Transplantation Society)
www.bts.org.uk
- **European Renal Best Practice**
www.european-renal-best-practice.org

G(I)M teaching

Whilst doing a G(I)M rotation, it is expected you will attend regional G(I)M teaching day. A total of 5-6 of these days are held during each calendar year across the region.

Each trust also provides local G(I)M teaching as part of the training post, which includes medical grand rounds and departmental teaching sessions.

Certificates of attendance to regional teaching days, be it G(I)M or renal, should be uploaded onto your e-portfolio and will be reviewed as part of your ARCP.

Membership to renal societies

There are several renal societies, all with annual meetings.

It is encouraged you join the following:

- ❖ The Renal Association
- ❖ American Society of Nephrology (ASN)
- ❖ International Society of Nephrology (ISN)
- ❖ The European Renal Association - European Dialysis and Transplant association (ERA-EDTA)



Membership benefits to these societies include access to a breadth of online educational material including up-to-date reviews, tutorials, lectures, training opportunities, self-assessment questions and access to various nephrology journals such as JASN (Journal of the American Society of Nephrology), CJASN (Clinical Journal of the American

Society of Nephrology) and NDT (Nephrology, Dialysis, Transplantation).

Membership to ASN and ISN is **free** if you provide a supporting letter from the deanery acknowledging you are a trainee. Simply e-mail Jenny Black, Programme Support Officer for the School of Medicine, at Jenny.Black@hee.nhs.uk and copy in Dr Harish Shetty (harish.shetty@lthtr.nhs.uk) for a letter request.

Renal courses

A list of suggested courses that run annually is outlined below:

- Applied Physiology Course
- Renal Pathology for the Nephrologist
- Renal Association Advanced Nephrology Course
- The Preston Renal Biopsy Course
- Royal Free Dialysis Course

There is a study budget of approximately £805 per trainee per year to support attendance at courses to complement experiential learning.

Whilst trainees can apply to attend any course they wish, they must be able to demonstrate how this will aid them in completing all the curriculum competencies. Unfortunately the study budget does not extend to support attendance at international conferences, unless exceptional circumstances. Please see guidance on study leave on HEENW website for further details.

Renal SpR Club

The renal SpR club is supported by the Renal Association and organises twice-yearly educational meetings with presentations from national and international speakers from around the speciality. The meetings, which are held across the country, are also a great opportunity to network with other renal trainees.



Other courses

HENW also provides fully funded part-time postgraduate modules in **Medical Leadership** and **PG-cert in workplace-based medical education**, both delivered at Edge Hill University. You will receive information regarding these at the time application opens.

Preparing for renal specialty certificate examination (SCE)

Most trainees undertake the renal SCE between ST4 and ST6.

Information on the exam is available on the MRCP website and can be accessed at this link:

<https://www.mrcpuk.org/mrcpuk-examinations/specialty-certificate-examinations/specialties/nephrology>

A list of useful resources, including textbooks and websites is available on the MRCP website. Undertaking the Renal Association Advanced Nephrology Course prior to the exam has also proven of benefit for trainees. Self-assessment questions can be found on the MRCP website and questions on the ASN website also offer useful preparation.

OUT-OF-



PROGRAMME (OOP)

The training programme will always try to support trainees wishing to take time out of programme, be it to pursue research or a different clinical experience.

Early planning is vital! If you are considering taking time out, please speak to your educational supervisor and the training programme director as soon as possible. Applications, with details of funding, research timetable, should be **submitted at least six months in advance.**

The OOP application form and guidance can be found on the HEENW website.

ANNUAL LEAVE

As an ST3 you are entitled to approximately 30 days annual leave but the exact number of days would depend on the number of years you have worked for the NHS prior to your current post. It is your responsibility to make the most of this!



Each trust has a policy for arranging leave, but as an absolute minimum, **6 weeks** notice must be given for leave to be arranged. This allows changes to be made to clinics and appropriate staffing to be arranged.

Most trusts ask that you spread your leave throughout the year. If you need to arrange a long period of leave or wish to arrange leave before you rotate to your new trust, contact the local training lead in your trust.

STUDY LEAVE

All study leave must be applied for at least six weeks in advance with the host trust. The deanery form can be filled in, at the latest, a day before the course begins and the expenses claims must be received by three months after the first day of the course.



The deanery requires that a study leave application form be completed. The form and detailed guidance can be downloaded from HEEENW website.