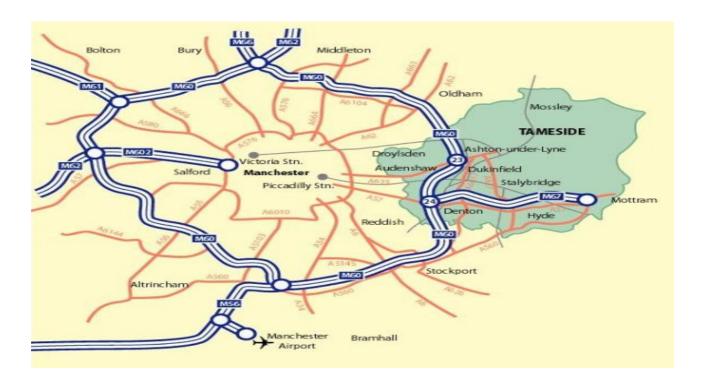


NHS Foundation Trust

FOUNDATION TRAINING PROGRAMME 2014/16





Out and about

For those doctors who like to walk for pleasure or fitness, the Trust is only a 20 minute drive to Saddleworth Moor and its accompanying small towns and villages with plenty of opportunity for short or long walks; canal boat rides; a small museum giving details of the local area, and interesting shopping. Equally, the Peak District is convenient with lots of opportunities for long and short walks amongst some stunning scenery.

Just a 10-minute drive from the Trust there is a new leisure park at Ashton Moss providing restaurants, bowling, cinemas etc. The famous or perhaps infamous "Staly Vegas" is a 5-minute drive from the Trust with canal-side bars and restaurants; local and supermarket shopping. Equally the main supermarkets are all within close proximity of the Trust.

Introduction

Tameside NHS Foundation Trust serves the needs of approximately 250,000 people who live both within an industrialised area including the 9 towns which make up the Local Authority of Tameside in Greater Manchester. However, Glossop, with its population of approximately 28,000 is part of Derbyshire High Peak Borough Council, which provides the challenges of a more rural community.

The Trust is based at Tameside General Hospital which is located in Ashton under Lyne.

The hospital has 559 acute beds on the hospital site, excluding Mental illness, which is managed by the neighbouring Pennine Care Mental Health Trust.

Accident & Emergency Obstetrics
Adult Medicine Oral Surgery

Anaesthetics Orthopaedics & Trauma
Dermatology Paediatric Services

ENT Pathology
General Surgery Radiology
Genito-urinary Medicine Renal Medicine

Gynaecology Urology

The visiting specialities include Cardiothoracic Surgery; Neurosurgery; Ophthalmology Plastic Surgery and Genetics.

All Foundation doctors will attend a comprehensive shadowing and induction programme and there are compulsory bleep free weekly teaching sessions.

What's new?

The Health Investment in Tameside (HIT) was completed December 2010 and involved the comprehensive restructuring of the hospital site. Most of the older buildings have been demolished and replaced with new, state of the art facilities. These facilities include new wards, new inpatient and day case theatres, new outpatient clinics, new diagnostic departments (including new x-ray facilities), a new pharmacy and a new integrated children's unit.

This modern development has improved patient access, capacity and quality of clinical services, and enhanced both healthcare experience for patients and working environment for staff.









Education and Training

Werneth House Multi-Disciplinary Education and Training Centre is fully operational and is utilised by all members of staff to access training on resuscitation, IT skills to name but a few. The medical education department and team are based in Werneth House.





Mr Leszek Wolowczyk FRCS (Ed), MD, FRCS (Gen.Surg), FEBVS Foundation Programme Director Year 1



I was privileged to take over Programme Directorship for FY1 from Dr A Kulkarni, the pioneer of Foundation Programme at Tameside, this academic year. Like him, I strongly believe in principles of well-structured and supervised training programme for new doctors.

As your FDP I am here to support you through this early but very important stage of your medical career and life. You have chosen an

exciting but demanding profession. Together with a team of experienced clinical supervisors and friendly educators I will help you to become a competent and respected doctor. There is abundance of training opportunities in our busy district general hospital and it is easy to become absorbed with work. The right balance between career ambitions and personal life is essential to achieve satisfaction and fulfilment in your career.

As a consultant general and vascular surgeon I am also a clinical supervisor for FY1 trainees. You will find plenty to learn and do in general surgery irrespective of your future career plans.

Thank you for choosing Tameside. I guarantee you good clinical experience and wish you an enjoyable and successful Foundation Year 1.

Mr Yakubu Karagama MBBS, DLO, MSc, FRCS (ORL-HN) Foundation Programme Director Year 2



I am the Foundation Programme Director for year 2 and a trainer, clinical supervisor and education supervisor for a whole range of trainees including Foundation year 1, Core Trainees and Specialty Trainees. As you can see, I have a strong interest in training. Here at Tameside your success is important to us as it is to you. We also provide you with the opportunity to have taster sessions in other specialties that may not be in your track. Previous trainees have found this very useful as it helped them make an informed decision about the specialty they choose in the end. Our

Educational team will always be there for you in times of difficulties and will provide you with all the support you need to complete your foundation programme successfully. I have an open door policy for trainees and would be happy to discuss any matters arising. I also have regular meetings with the foundation year 2 trainees at the end of each four months placement to hear your experiences, views and to listen to any concerns that you may have. I hope you choose Tameside and I wish you every success in your future chosen career.

Meet the Team



Medical Education Manager: Zoë Kershaw

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Foundation Programme Administrator: Shirley Hulme

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Specialty Training Administrator: Sam Austin

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Medical Education Secretary: Nicola Nero

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Foundation Tracks

Please refer to https://www.nwpgmd.nhs.uk/content/f1-f2-training-programmes-2011-2013

What do previous foundation doctors think of Tameside?

"Tameside General Hospital is a busy hospital, that at times may seem overwhelming; however you would be surprised at the clinical experience you achieve even as a junior doctor, that many others do not in larger teaching hospitals"

"Tameside is a busy district general located in the luxuries of the good old Ashton -under -Lyne. In my FY1 I have gained a vast experience both clinically and professionally"

"Overall, a good hospital to work, with good exposure to clinical medicine"

"I am sure I made the right choice by choosing Tameside for my F1 post; as it's a small hospital everyone is really friendly and you get to know your colleagues well which makes asking for help much easier."

Educational Activities

The new F1 education programme is in line with the curriculum provided by the Modernising Medical Careers initiative for Foundation Training. The mandatory training which will be provided at F1 level will include an ILS (Intermediate Life Support) Course, AIM (Acute Illness Management) Course, PARS (Patient at Risk Score) Course. Chest Drain training, Basic Surgical Skills, NG Tubes, Joint Injection training are also organised.

During the F2 year education activities will be provided on a weekly basis. Mandatory training will include an ALS (Advanced Life Support) Course, I.V. (Intravenous Therapy) Course.

Both education programmes will adhere to the curriculum provided for Foundation Training.

Weekly Educational programme

	TIME	TOPIC
MON	08.30-09.00	Trauma meeting
	13.00-14.00	Adult Medicine (Hot topics/cases)
TUES	08.30-09.00	Trauma meeting
	12.30-13.30	ENT/Head & Neck Surgery Journal Club
	12.30-13.30	Cardiology Teaching for Junior Doctors
	12.30-13.30	Division of Surgery teaching session
	13.00-14.00	Division of Paediatrics teaching session
	14.00-17.00	F1 Teaching
WED	08.30-09.00	Trauma meeting
	08.30-09.30	Vascular/Surgical/Radiology (MDT)
	12.30-13.30	Upper GI (MDT)
	13.00-14.00	Grand Round meeting
	13.00-14.00	Obs & Gynae Tutorial/Case presentation
	15.00-16.00	Gynaecology (MDT)
THURS	08.30-09.00	Trauma meeting
	09.00-10.00	Histology Urology (MDT)
	10.15-11.15	X-Ray Urology (MDT)
	12.00-13.00	Colorectal (MDT)
	12.30-13.30	Chest Meeting
	13.00-14.00	Breast Team (MDT)
	13.00-14.00	Adult Medicine Journal Club
	13.00-14.00	Division of Paediatrics teaching session
	13.00-15.00	F2 Teaching
	14.30-15.30	Dermatology (MDT)
	17.00-18.00	Lung Cancer (MDT)
FRI	08.30-09.00	Trauma meeting
	12.30-13.30	Cardiology (MDT) bi-weekly

<u>Library and E-Resources</u>
The Knowledge and Library Service offers a range of services to support learning, clinical practice and research. These include an extensive collection of e-resources and books, including clinical text books, e-journals, revision texts and online learning tools.

There is 24 hour access to the library area within Werneth House.





General Information

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Information events / Open days for potential applicants	The North West Foundation School hold a yearly Foundation Fair. Tameside Hospital NHS Foundation Trust also encourages extra shadowing where potential applicants may meet the local education team and current Foundation doctors.
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Foundation doctor forums	North Western Foundation School encourages foundation doctors to contribute to the regional Foundation Forum, where each year cohort in each programme is represented.
	Tameside General Hospital also holds monthly junior doctor forum meetings, chaired by the Director of Medical Education including Executive attendance.
	Additionally, there are national forums conducted by the UKFPO.
Communication links	Nominees from each Foundation year are asked to represent their peers and attend regular Foundation and Medical Education Committee meetings. Trainees are invited to attend divisional forums as well as Trust Board meetings.
	Feedback is sought via a variety of forums and Foundation trainees are invited to participate in various quality improvement projects. All trainees are surveyed regularly and trainees also have access to a dedicated Medical Education email inbox in order to submit any comments or suggestions.
Educational and Clinical supervision	A clinical supervisor is allocated to each foundation doctor for the duration of each 4 month clinical placement.
	The Clinical Supervisor in the first placement will also be your Educational Supervisor for twelve months (the FPD oversees the foundation doctor's educational supervision also for the duration of each foundation year).

Time Out of Foundation Programme (TOFP)	Foundation doctors contemplating requesting TOFP should check the relevant guidance in the Key Documents section of the UKFPO website: http://www.foundationprogramme.nhs.uk/pages/home/keydocs
	Applications must be approved and signed by the local Foundation Training Programme Director and the Foundation School Director.
F2 outside the UK	Foundation School does not support or accredit doctors who wish to undertake their F2 year outside the UK.
Flexible training (Less than full time)	See North West Deanery Website
Inter Foundation School Transfer (IFST)	Foundation doctors contemplating requesting an IFST should check the relevant "Guidance for Applicants" in the Key Documents section of the UKFPO website:
	http://www.foundationprogramme.nhs.uk/pages/home/keydocs
	Applications must be approved and signed by the local Foundation Training Programme Director and the Foundation School Director.
	Employment Information
Terms and Conditions of employment	The post is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff as modified from time to time. Current copies of these Terms and conditions may be seen on NHS Employers website on www.nhs.employers.org . All staff appointments are made subject to the receipt of satisfactory references and all initial appointments to the national health service are made subject to satisfactory medical and police clearance being produced. A medical examination may be necessary on initial appointment and periodically thereafter.
Rotation information	Full information about the rotation, location and content of placements is given in an accompanying document.
Induction/shadowing	We offer all medical school graduates a shadowing fortnight in the last two weeks of July prior to commencing the actual F1 rotation.
	All graduates are strongly urged to attend.
	All F1 doctors are required to undertake a mandatory induction for the first four days in post, usually the four days prior to commencing the F1 rotation on the first Wednesday in August.
Start date	Usually first Wednesday in August
Salary	The salary scale is in accordance with the current national rate and placement within the scale will be in accordance with previous reckonable service.

Annual leave	F1 doctors are entitled to 27 days annual leave in the year. The 27 days entitlement does not include the 8 statutory holidays. If a foundation doctor works a bank holiday they are entitled to an additional days leave in lieu. The individual directorates will inform the Foundation doctor of any specific restrictions on when they can take leave. Leave must be booked at least 6 weeks in advance in accordance with general terms and conditions of the Trust.
Visa/Work permits/Leave to remain	The Trust will consider British /EEA nationals for appointment in the first instance. If the applicant is a non-resident of the United Kingdom or European Economic Union, they are required to have a valid work visa and leave to remain in the UK, which is renewed as required. The Trust is unable to employ or continue to employ the applicant/post holder if they require but do not have a valid work visa and/or leave to remain in the UK.
Accommodation	From August 2008 F1 doctors have been required to pay for Hospital accommodation. Shared, single accommodation is available at Tameside Hospital NHS Foundation Trust, though not guaranteed for successful applicants. We have a waiting list and should you be interested please contact the Accommodation Manager on 0161 922 6319.