FOUNDATION TRAINING PROGRAMME
2015/17
Introduction
Tameside NHS Foundation Trust serves the needs of approximately 250,000 people who live both within an industrialised area including the 9 towns which make up the Local Authority of Tameside in Greater Manchester. However, Glossop, with its population of approximately 28,000 is part of Derbyshire High Peak Borough Council, which provides the challenges of a more rural community.

The Trust is based at Tameside General Hospital which is located in Ashton under Lyne.

The hospital has 559 acute beds on the hospital site, excluding Mental illness, which is managed by the neighbouring Pennine Care Mental Health Trust.

Accident & Emergency  Obstetrics
Adult Medicine     Oral Surgery
Anaesthetics      Orthopaedics & Trauma
Dermatology       Paediatric Services
ENT               Pathology
General Surgery    Radiology
Genito-urinary Medicine  Renal Medicine
Gynaecology       Urology

The visiting specialities include Cardiothoracic Surgery; Vascular Surgery; Neurosurgery; Ophthalmology Plastic Surgery and Genetics.

All Foundation doctors will attend a comprehensive shadowing and induction programme and there are compulsory bleep free weekly teaching sessions.

What’s new?
The Health Investment in Tameside (HIT) was completed December 2010 and involved the comprehensive restructuring of the hospital site. Most of the older buildings have been demolished and replaced with new, state of the art facilities. These facilities include new wards, new inpatient and day case theatres, new outpatient clinics, new diagnostic departments (including new x-ray facilities), a new pharmacy and a new integrated children’s unit.

This modern development has improved patient access, capacity and quality of clinical services, and enhanced both healthcare experiences for patients and working environment for staff.

Out and about
For those doctors who like to walk for pleasure or fitness, the Trust is only a 20 minute drive to Saddleworth Moor and its accompanying small towns and villages with plenty of opportunity for short or long walks; canal boat rides; a small museum giving details of the local area, and interesting shopping. Equally, the Peak District is convenient with lots of opportunities for long and short walks amongst some stunning scenery.

Just a 10-minute drive from the Trust there is a new leisure park at Ashton Moss providing restaurants, bowling, cinemas etc. The famous or perhaps infamous “Staly Vegas” is a 5-minute drive from the Trust with canal-side bars and restaurants; local and supermarket shopping. Equally the main supermarkets are all within close proximity of the Trust.

Manchester City Centre and Salford Quays are within a short travelling distance with great opportunities for shopping, dining out and socialising with a vast array of entertainment.
Education and Training

Werneth House Multi-Disciplinary Education and Training Centre is fully operational and is utilised by all members of staff to access training on resuscitation, clinical skills and IT skills to name but a few. The medical education department and team are based in Werneth House.
Meet the Team

Dr Beth Hammersley BA BM FRCOG
Director of Medical Education

I am a consultant in obstetrics and gynaecology and the lead for intrapartum care here at Tameside where I have been a consultant for 9 years having previously been a trainee here. As a medical educator I have daily direct hands on experience with undergraduates and postgraduates with my own educational and clinical supervisees along with overall responsibility for all doctors in training at all levels throughout the Trust.

Why did I choose Tameside and why would I recommend it to you? Mainly because we are a family, you will be joining a group of 24 Foundation 1 trainees, doctors you will be learning and working with for the next 2 years for this exciting part of your career. The size of the foundation group means that teaching and training opportunities can be personalised to enable you to get the most out of the two years. You will be supported by a small, highly experienced medical education team who will get to know you well as an individual and will support you in achieving your goals.

We welcome all informal enquiries and visits from prospective Foundation trainees so please get in touch and see if Tameside feels right for you.

Mr Leszek Wolowczyk FRCS (Ed), MD, FRCS (Gen.Surg), FEBVS
Foundation Programme Director Year 1

I strongly believe in well-structured and supervised training for young doctors. As your FPD, I am here to support you through this early but very important stage of your medical career and life.

You have chosen an exciting but demanding profession. Together with a team of experienced educational supervisors and friendly educators I will help you to become a competent and confident doctor.

Some trainees come to Tameside to “learn the real stuff”. There is certainly an abundance of learning opportunities including hands-on experience in our busy district general hospital serving a deprived community and it is easy to become absorbed with work. The right balance between career ambitions and personal life is essential to achieve satisfaction and fulfilment in your career.

As a consultant vascular surgeon I supervise trainees at all levels of training and help them realise their potential. There is plenty to learn and do for Foundation doctors in surgery irrespective of your preferred speciality.

Thank you for choosing Tameside. I guarantee you good clinical experience and wish you an enjoyable and successful Foundation Year 1.
Dr Nasreen Contractor, Consultant in Emergency Department  
Foundation Programme Director Year 2

I am the FPD for year 2 and my ‘day’ job is as an ED Consultant. I have been interested and involved in teaching and training for many years now. I have an extensive range of teaching experience from medical students to post grad level. To support my own development and skills I have gained a Diploma in Medical Education and teach on Edge Hill University PGC courses.

We are a friendly supportive Foundation team. We pride ourselves on our support for trainees and are happy to facilitate and support trainee development.

Medical Education Manager: Pam Robinson
Tel No: 0161 922 6344
email: pamela.robinson@tgh.nhs.uk

Undergraduate Administrator: Shirley Hulme
Tel No: 0161 922 4472
email: Shirley.hulme@tgh.nhs.uk

Specialty Training Administrator: Sam Austin
Tel No: 0161 922 6346
email: Samantha.Austin@tgh.nhs.uk

Medical Education Secretary: Nicola Nero
Tel No: 0161 922 4229
email: Nicola.Nero@tgh.nhs.uk

Foundation Programme Administrator:  
Vacancy – to be filled March 2015
Tel No: 0161 922 6341
Email:
Foundation Tracks
Please refer to https://www.nwpgmd.nhs.uk/content/f1-f2-training-programmes-2011-2013

What do previous foundation doctors think of Tameside?
“Tameside General Hospital is a busy hospital, that at times may seem overwhelming; however you would be surprised at the clinical experience you achieve even as a junior doctor, that many others do not in larger teaching hospitals”

“Tameside is a busy district general located in the luxuries of the good old Ashton-under-Lyne. In my FY1 I have gained a vast experience both clinically and professionally”

“Overall, a good hospital to work, with good exposure to clinical medicine”

“I am sure I made the right choice by choosing Tameside for my F1 post; as it’s a small hospital everyone is really friendly and you get to know your colleagues well which makes asking for help much easier.”

Educational Activities
The new F1 education programme is in line with the curriculum provided by the Modernising Medical Careers initiative for Foundation Training. The training which will be provided at F1 level will include an ILS (Intermediate Life Support) Course, AIM (Acute Illness Management) Course, NEWS (National Early Warning Score) Course. Chest Drain training, Basic Surgical Skills, NG Tubes, Joint Injection training are also organised.

During the F2 year education activities will be provided on a weekly basis. Training will include an ALS (Advanced Life Support) Course, I.V. (Intravenous Therapy) Course.

Both education programmes will adhere to the curriculum provided for Foundation Training.

Teaching for foundation doctors is mandatory and bleep free.

Weekly Educational programme

<table>
<thead>
<tr>
<th>TIME</th>
<th>TOPIC</th>
</tr>
</thead>
<tbody>
<tr>
<td>MON</td>
<td>Trauma Meeting</td>
</tr>
<tr>
<td></td>
<td>Breast MDT</td>
</tr>
<tr>
<td>8.30-9.00</td>
<td>Adult Medicine (Hot topics/cases)</td>
</tr>
<tr>
<td>12.00-13.30</td>
<td>Vascular/surgical/radiology MDT</td>
</tr>
<tr>
<td>13.00-14.00</td>
<td></td>
</tr>
<tr>
<td>13.00-15.00</td>
<td></td>
</tr>
<tr>
<td>TUES</td>
<td>Trauma meeting</td>
</tr>
<tr>
<td>08.30-09.00</td>
<td>ENT/Head &amp; Neck Surgery Journal Club</td>
</tr>
<tr>
<td>12.30-13.30</td>
<td>Cardiology Teaching for Junior Doctors</td>
</tr>
<tr>
<td>12.30-13.00</td>
<td>Emergency Department teaching</td>
</tr>
<tr>
<td>13.00-15.30</td>
<td>Division of Paediatrics teaching session</td>
</tr>
<tr>
<td>14.00-17.00</td>
<td>F1 Teaching</td>
</tr>
<tr>
<td>WED</td>
<td>Trauma meeting</td>
</tr>
<tr>
<td>08.30-09.00</td>
<td>Upper GI (MDT)</td>
</tr>
<tr>
<td>12.30-13.30</td>
<td>Division of Adult medicine teaching (mandatory for F1)</td>
</tr>
<tr>
<td>12.45-13.45</td>
<td>Gynaecology (MDT)</td>
</tr>
<tr>
<td>15.00-16.00</td>
<td></td>
</tr>
<tr>
<td>THURS</td>
<td>Trauma meeting</td>
</tr>
<tr>
<td>08.30-09.00</td>
<td>Histology Urology (MDT)</td>
</tr>
<tr>
<td>09.00-10.00</td>
<td>X-Ray Urology (MDT)</td>
</tr>
<tr>
<td>10.15-11.15</td>
<td>Colorectal (MDT)</td>
</tr>
<tr>
<td>12.00-13.00</td>
<td>Chest Meeting</td>
</tr>
<tr>
<td>12.30-13.30</td>
<td>Adult Medicine Journal Club</td>
</tr>
<tr>
<td>13.00-14.00</td>
<td>Division of Paediatrics teaching session</td>
</tr>
<tr>
<td>13.00-17.00</td>
<td>F2 Teaching</td>
</tr>
<tr>
<td>17.00-18.00</td>
<td>Lung Cancer (MDT)</td>
</tr>
<tr>
<td>FRI</td>
<td>Trauma meeting</td>
</tr>
<tr>
<td>08.30-09.00</td>
<td>Division of medicine teaching</td>
</tr>
<tr>
<td>12.30-13.30</td>
<td>Obs &amp; Gynae tutorial/case presentation</td>
</tr>
</tbody>
</table>
**Library and E-Resources**
The Knowledge and Library Service offers a range of services to support learning, clinical practice and research. These include an extensive collection of e-resources and books, including clinical text books, e-journals, revision texts and online learning tools.

There is 24 hour access to the library area within Werneth House.

**General Information**

| Information events / Open days for potential applicants | The North West Foundation School hold a yearly Foundation Fair.

Tameside Hospital NHS Foundation Trust also encourages extra shadowing where potential applicants may meet the local education team and current Foundation doctors. |
|---|---|
| Foundation doctor forums | North Western Foundation School encourages foundation doctors to contribute to the regional Foundation Forum, where each year cohort in each programme is represented.

Tameside General Hospital also holds monthly junior doctor forum meetings, chaired by the Director of Medical Education including Executive attendance.

Additionally, there are national forums conducted by the UKFPO. |
| Communication links | Nominees from each Foundation year are asked to represent their peers and attend regular Foundation and Medical Education Committee meetings. Trainees are invited to attend divisional forums as well as Trust Board meetings.

Feedback is sought via a variety of forums and Foundation trainees are invited to participate in various quality improvement projects. All trainees are surveyed regularly and trainees also have access to a dedicated Medical Education email inbox in order to submit any comments or suggestions. |
| Educational and Clinical supervision | A clinical supervisor is allocated to each foundation doctor for the duration of each 4 month clinical placement.

The Clinical Supervisor in the first placement will also be your Educational Supervisor for twelve months (the FPD oversees the foundation doctor's educational supervision also for the duration of each foundation year). |
| **Time Out of Foundation Programme (TOFP)** | Foundation doctors contemplating requesting TOFP should check the relevant guidance in the Key Documents section of the UKFPO website: [http://www.foundationprogramme.nhs.uk/pages/home/keydocs](http://www.foundationprogramme.nhs.uk/pages/home/keydocs)
Applications must be approved and signed by the local Foundation Training Programme Director and the Foundation School Director. |
| **F2 outside the UK** | Foundation School does not support or accredit doctors who wish to undertake their F2 year outside the UK. |
| **Flexible training (Less than full time)** | See Health Education North West Foundation School Website |
| **Inter Foundation School Transfer (IFST)** | Foundation doctors contemplating requesting an IFST should check the relevant “Guidance for Applicants” in the Key Documents section of the UKFPO website: [http://www.foundationprogramme.nhs.uk/pages/home/keydocs](http://www.foundationprogramme.nhs.uk/pages/home/keydocs)
Applications must be approved and signed by the local Foundation Training Programme Director and the Foundation School Director. |
| **Employment Information** | **Terms and Conditions of employment**
The post is subject to the Terms and Conditions of Service of Hospital Medical and Dental Staff as modified from time to time. Current copies of these Terms and conditions may be seen on NHS Employers website on [www.nhs.employers.org](http://www.nhs.employers.org). All staff appointments are made subject to the receipt of satisfactory references and all initial appointments to the national health service are made subject to satisfactory medical and police clearance being produced. A medical examination may be necessary on initial appointment and periodically thereafter. |
| **Rotation information** | Full information about the rotation, location and content of placements is given in an accompanying document. |
| **Induction/shadowing** | We offer all medical school graduates a shadowing period in the last two weeks of July prior to commencing the actual F1 rotation.
All graduates are strongly urged to attend.
All F1 doctors are required to undertake a mandatory induction for the first four days in post, usually the four days prior to commencing the F1 rotation on the first Wednesday in August. |
| **Start date** | Usually first Wednesday in August |
| **Salary** | The salary scale is in accordance with the current national rate and placement within the scale will be in accordance with previous reckonable service. |
### Annual leave

F1 doctors are entitled to 27 days annual leave in the year. The 27 days entitlement does not include the 8 statutory holidays. If a foundation doctor works a bank holiday they are entitled to an additional day leave in lieu. The individual directorates will inform the Foundation doctor of any specific restrictions on when they can take leave. Leave must be booked at least 6 weeks in advance in accordance with general terms and conditions of the Trust.

### Visa/Work permits/Leave to remain

The Trust will consider British /EEA nationals for appointment in the first instance. If the applicant is a non-resident of the United Kingdom or European Economic Union, they are required to have a valid work visa and leave to remain in the UK, which is renewed as required. The Trust is unable to employ or continue to employ the applicant/post holder if they require but do not have a valid work visa and/or leave to remain in the UK.

### Accommodation

From August 2008 F1 doctors have been required to pay for Hospital accommodation. Shared, single accommodation is available at Tameside Hospital NHS Foundation Trust, though not guaranteed for successful applicants. We have a waiting list and should you be interested please contact the Accommodation Manager on 0161 922 6319.