	F1	F1	F1	F2	F2	F2	
	2025-2026			2026-2027			
Track 1	General (internal) Medicine	General Psychiatry	General Surgery	Academic - Research	Emergency Medicine	General Practice	
Additional Post Description	With Respiratory Medicine	Based at The Orchard *no on call responsibility*	Colorectal Surgery	*no on call responsibility*		*no on call responsibility*	
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Lancashire and South Cumbria NHS Foundation Trust (RW501)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	TBC	
Track 2	General (Internal) Medicine	Urology	Acute Internal Medicine	General Surgery	Emergency Medicine	General Practice	
Additional Post Description	With Endocrine - Clinic:Thyroid or Diabetic Foot clinic (ANP Led) Tuesday Morning or Tuesday Afternoon			Colorectal Surgery. Trust confirmed base location as Royal Lancaster Infirmary (RTX02) with some potential time at WGH.	Acute & Emergency Medicine with MaxFax day release	*no on call responsibility*	
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	TBC	
Track 3	General (Internal) Medicine	Cardiology	General Surgery	General Psychiatry	General Surgery	Obstetrics and gynaecology	
Additional Post Description	With Acute Stroke	Clinic - Cardiology (Consultant Led) Tuesday Afternoon.		Based at The Orchard	Colorectal Surgery. Trust confirmed base location as Royal Lancaster Infirmary (RTX02) with some potential time at WGH.		
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Lancashire and South Cumbria NHS Foundation Trust (RW501)	Royal Lancaster Infirmary (RTX02)	TBC	
Track 4	Urology	Geriatric Medicine	General Surgery	General (Internal) Medicine	Trauma and Orthopaedic Surgery	General Practice	
Additional Post Description		With Acute Frailty	Colorectal Surgery.	With Acute Stroke	Trust confirmed base location as Royal Lancaster Infirmary (RTX02) with some potential time at WGH.	*no on call responsibility*	
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	TBC	
Track 5	Acute Internal Medicine	General Surgery	General (Internal) Medicine	Emergency Medicine	Trauma & Orthopaedic Surgery	General Practice	
Additional Post Description			With Gastroenterology		Trust confirmed base location as Royal Lancaster Infirmary (RTX02) with some potential time at WGH.	*no on call responsibility*	
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	TBC	

	F1	F1	F1	F2	F2	F2	
	2025-2026			2026-2027			
Track 6	Geriatric Medicine	General Surgery	General Surgery	Obstetrics and Gynaecology	Intensive Care Medicine	General Practice	
Additional Post Description		Rheumatology Clinic	Colorectal Surgery.		*no on call responsibility*	*no on call responsibility*	
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	TBC	
Track 7	Urology	Geriatric Medicine	General Surgery	Oncology	Obstetrics & Gynaecology	General Practice	
Additional Post Description		With Rehab Stroke	Colorectal Surgery with Rheumatology Clinic.	Oncology, Haematology inc Palliative Care. *no on call responsibility*		*no on call responsibility*	
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	TBC	
Track 8	General Psychiatry	Trauma and Orthopaedic Surgery	Respiratory Medicine	General (Internal) Medicine	Emergency Medicine	General Practice	
Additional Post Description	Based at Dane Garth/FGH *no on call responsibility*			Community placement Oncology		*no on call responsibility*	
Contract Post Location	Lancashire and South Cumbria NHS Foundation Trust (RW501)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	TBC	
Track 9	General Surgery	Geriatric Medicine	Cardiology	General Psychiatry	Obstetrics and Gynaecology	General Practice	
Additional Post Description			Community placement Croslands Hospital on Tues AM	Based at Dane Garth/FGH		*no on call responsibility*	
Contract Post Location	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Lancashire and South Cumbria NHS Foundation Trust (RW501)	Furness General Hospital (RTXBU)	TBC	

	F1	F1	F1	F2	F2	F2	
	2025-2026			2026-2027			
Track 10	Respiratory Medicine	Urology	Gastroenterology	Old Age Psychiatry	Intensive Care Medicine	General Practice	
Additional Post Description			Community placement Mon AM Respiratory Clinic Ulv. OR Tues PM Gastro Clinic Ulverston	Based at Dane Garth/FGH		*no on call responsibility*	
Contract Post Location	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Lancashire and South Cumbria NHS Foundation Trust (RW501)	Furness General Hospital (RTXBU)	TBC	
Track 11	Geriatric Medicine	General Surgery	Endocrinology and Diabetes Mellitus	Respiratory Medicine	Otolaryngology	General Practice	
Additional Post Description			Community placement Clinic Wed AM at Ulverston OR Dalton			*no on call responsibility*	
Contract Post Location	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	TBC	
Track 12	Trauma and Orthopaedic Surgery	Rheumatology	General Surgery	Emergency Medicine	Cardiology	General Practice	
Additional Post Description						*no on call responsibility*	
Contract Post Location	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	TBC	
Track 13	Old Age Psychiatry	Gastroenterology	General Surgery	Obstetrics and Gynaecology	Paediatrics	General Practice	
Additional Post Description	Based at Dane Garth/FGH *no on call responsibility*				Community Paediatrics based Alfred Barrow Health Centre *no on call responsibility*	*no on call responsibility*	
Contract Post Location	Lancashire and South Cumbria NHS Foundation Trust (RW501)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	TBC	
Track 14 (Enhance Explore Programme)	Respiratory Medicine	General Surgery	General Internal Medicine	Trauma and Orthopaedic Surgery	Paediatrics	GP	
Additional Post Description	1 Day a week in community Resp Clinic	Day a week with acute and chronic pain management Teams	Diabetes & Endo. Approved change from Geriatric Medicine to GIM with Endo. 1 Day a week with occupational health/diabetes clinics.	Day a week with Senior Management Team. Trust confirmed base location as Royal Lancaster Infirmary (RTX02) with some potential time at WGH.	1 Day a week working with Community Paediatrics	1 day a week with the Population Health Lead *no on call responsibility*	
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	

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	F1	F1	F1	F2	F2	F2	
	2025-2026			2026-2027			
Track 15 (Enhance Explore Programme)	General Surgery	Gastroenterology	General Surgery	Emergency Medicine	Paediatrics	Public Health	
Additional Post Description	Urology - 1 Day a Week on the One Stop Clinic	1 Day a week working with the Drug and Alcohol Team	1 day a week in Cancer, Stoma or IBD Clinics & Presenting Complex Multimorbidities	1 day a week working in SDEC and QI Projects	1 day a week working with the Diabetes Team *no on call responsibility*	1 day a week with the Population Health Lead *no on call responsibility*	
Contract Post Location	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Cumberland Council - Cumbria House (H6X4G)	
Track 16 (Enhance Explore Programme)	Acute Internal Medicine	Geriatric Medicine	General Surgery	Trauma & Orthopaedic Surgery	Endocrinology & Diabetes	General Practice	
Additional Post Description	1 Day Acute Frailty team and Frailty Clinic.	1 Day per week TIA and Stroke Clinics	1 day a week in Cancer, Stoma or IBD Clinics & Presenting Complex Multimorbidities	1 Day Per Week - New Patient Fracture Clinic, Elective lower and upper limb clinic	1 day per week Thyroid Clinic	1 Day per week enviromental sustainability module *no on call responsibility*	
Contract Post Location	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	Furness General Hospital (RTXBU)	ТВС	
Track 17 (Enhance Explore Programme)	Acute Internal Medicine	ENT	General Internal Medicine	Obstetrics and gynaecology	Paediatrics	General Surgery	
Additional Post Description	With Stroke Medicine 1 day a week with Physios/ OT/ discharge team or Medicine clinics	1 day with speech therapy/ ENT clinic	With Gastroenterolgy 1 day a week with local drug and alcohol service	1 Day per week – •Domestic abuse team. •Drug and alcohol •Mental health midwife •Safeguarding midwife •Bereavement midwife •Teen midwife •Sexual health clinic	Community / CAMHS	#NOF Rehab project	
Contract Post Location	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	Royal Lancaster Infirmary (RTX02)	