The HEE (NW) MRCPsych Course
‘Theory to Practice’
MRCPsych course - 2 ½ years old – updates, successes and good practice

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Contents of this presentation

• Updates
• Successes – Feedback from trainees/DME/Consultant
• Good practice – 5 Presentations
Health Education England North West – HEE(NW)

- Psychiatry Core trainees - 180 (+/-8) trainees
- Comprehensive review of the Programme – October 2015-June 2016
- **August/ September 2016:**
  - **LAP** – Local academic day (LEP) same across the region
- **Regional training September 2016**
  - Ct1 from the whole school attend the academic day in NMGH
  - Ct2 – NW in NMGH, Mersey – Liverpool University
- **August/September 2017:** All trainees will attend the same regional training days
- **North of England Psychiatry Congress, November 2016** was a Success. Trainee prize etc This will continue annually
- **Closer links** between CTPD’s, Psychotherapy tutors, MRCPsych Module & trust leads
- **Website, VLE** – Updated regularly, all CS/ES/trainees have access
- **Exam Practice:** on line, CASC Progress test for all
- **Meetings with trainees & Supporting them to pass exams** – tracking of trainees
- **feedback always welcome**
Feedback from Trainees

Positive Aspects of the Programme:

• 1. Giving a breadth of knowledge to the trainees
  • “The effort made into providing the breadth of MRCPsych syllabus was very good. There were gaps, but on the whole, the teaching covered a reasonable chunk of the syllabus”
  • “Gave new CTs a good marker for the depth of knowledge needed”
• 2. Links to the MRCPsych exams
  • ‘Comprehensive coverage for the MRCPsych’
  • ‘Well-focused to MRCPsych syllabus and tailored to help prepare for written exams’
  • ‘More MRCPsych relevant than the previous University course’
  • Progress tests for CASC and written tests - we are really thankful to the MRCPsych course
  • ‘Increasing focus on material relevant for exams’
Positive Aspects of the Programm

• 3. Quality of teaching
• ‘Various teaching styles’
• ‘Generally we received excellent teaching from Consultants/HTs’
• ‘Group work within teaching sessions is usually great’
• ‘Good range of topics; generally speakers for academic days have been very enthusiastic and high quality presentations’
Aspects of the programme that could be improved on:

• Reduce the variability in the quality of the local programme in different sites

• ‘There remains a high degree of variability for the local part of the course, which could be improved. This varies from site to site, but also between individual sessions at the same site depending on the presenters’

• Focus on more ‘high yield’ topics

• More access to MCQs

• More access to written tests (with immediate answers)
Comments from a DME…

• “Trainees say meets educational needs better
• Trainees spend more time in the clinical placement – learning on the job!
• Teaching more organised and planned
• Excellent resources available on the school website
• We learn from each other…”
Comment from a Consultant

“Good CPD, I’d Forgotten most of what I thought I should have known, good to go back, read up and update”
“I'm very pleased to say that I've got my paper A result today and I've passed with 78.6% (pass mark was 59.3%). I'd like to thank you for organising the course which I found really useful, especially the psychopharmacology bits. Also Gareth Thomas for telling us to do the paper A now (I was a bit “obviously” about it) and encouraging us! As far as I know, 4 of us first years did the paper A now and we've all passed.
*Paper B next

Thanks again,
MRCPsych Course – “Theory to Practice”

- Placement/Educational Supervisor / Supervision - weekly an hour
- Local Academic Programme (LAP/LEP) - 30 ½ day sessions a year
- Regional Academic Programme: CT1 = 12 days, CT2 = 12 days
- Psychological modalities 25 Balint Groups + Long case (>20) & Short case (12-20) in 2 different modalities

Attain Core Competencies + MRCPsych Exam (Progress Test – Written & Clinical)
In 2 ½ years…….

- I would like to say that we have achieved most (not all) of what we set out to do …. 
- Closer link between theory and Practice
- Closer link between different aspects of training
- Increase depth of Knowledge & Consistency
- Training in Physical health
- Linking with the MRCPsych examination
- There is still some variability across sites, variability in placement/supervision
Good Practice

• All LAP’s are up and running well
• Every site is very involved in the programme development and delivery
• Feedback instantaneous/unedited
• Website, VLE, Evaluation
• Plans for a June/July 2017 meeting – MEM/Trust and module leads to share experiences across the region
• The following presentations highlight – innovations & development that were brought to my attention
Innovations & Local development

• Encouraging consultants to attend LAP – Dr Sahitya Kamineni, former trust lead, “GMW”
• Medical Education Managers – Giving feedback to trainees: Jonathan Ruffler, CWP, Lynda Hurst, GMW
• “Across the ages” – Dr Matthew Cahill, Trust lead, CWP
• Not the “MRCPsych” sessions:
  -Dr Indira Vinjamuri, DME, Mersey care &
  -Dr Adam Dierckx, Site Tutor, “MMHSC”