

Our ref: JM/eb/trainee – selfisolation - 1903  
Your ref:

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Sent via email



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Dear colleague in training

Following on from the Chief Medical Officer's revised guidance on self-isolation and to enable clarity, a process has been developed for reporting if you are required to self-isolate.

- Inform the Trust where you work in the normal way and email the Lead Employer at [leademployer.casemanagement@sthk.nhs.uk](mailto:leademployer.casemanagement@sthk.nhs.uk) detailing the reasons for self-isolation together with the dates you expect to be off .
- If you are on sick leave or become sick during self-isolation inform the local Trust and the Lead Employer in the usual way.
- If you are self-isolating but are able to work from home, seek advice from your specialty school and local Trust through your Educational Supervisor (ES), Training Programme Director (TPD), Trust Specialty Lead (College Tutor) or Director of Medical Education (DME) in relation to what work you can do from home.

The guidance is likely to change at short notice as the COVID phase develops and we would continue to provide regular updates through the specialty schools and website.

Whilst it is appreciated that you want to help deliver safe care during the COVID situation, patient and staff safety is paramount and you should continue to follow national guidance. We will continue to minimize the impact this may have on your training and progression assessments. Your continued commitment, support and flexibility is greatly appreciated.

Yours sincerely

**Professor Jane Mamelok**  
**Postgraduate Dean and Responsible Officer**  
**GMC No 3127863**